

| Freshman Year | | | | | |
|---|-----------|-------------------------------------|-----------|----------------------|---------|
| Fall | | Winter | | Summer | |
| Course | Credits | Course | Credits | Course | Credits |
| BSHN 1200: Nutrition for Health Professions | 3 | BSHN 1300: Careers in Nutrition | 3 | | |
| BSHN Open Major Elective | 3 | BSHN 1400 Nutrition Seminar | 3 | | |
| MATH 1040: Algebra for College Students | 3 | MATH 2020: Applied Statistics | 3 | | |
| COMP 1500: College Writing | 3 | COMP 2000: Advanced College Writing | 3 | | |
| UNIV 1000: First Year Seminar | 3 | BIOL 1500 -Biology I/with lab | 4 | | |
| Total Credits | 15 | Total Credits | 16 | Total Credits | |
| | | Total Credits | 31 | | |

*This plan is based on student starting at least at the level of MATH 1200 Precalculus

The plan will need to be adjusted for students who begin at a lower level of MATH.

| Sophomore Year | | | | | |
|---|-----------|---|-----------|----------------------|----------|
| Fall | | Winter | | Summer | |
| Course | Credits | Course | Credits | Course | Credits |
| BSHN 2000: Principles of Wellness | 3 | BSHN 2400: Community Nutrition | 3 | | |
| BSHN 2100: Food and Culture | 3 | BSHN 2500: Introduction to Food Service | 3 | | |
| BSHN 2300: Nutrition Education and Counseling | 3 | CHEM 1300- Chemistry I/lab | 4 | | |
| SOCL 1020: Introduction to Sociology | 3 | PSYC 1020: Introduction to Psychology | 3 | | |
| A & H Open Arts and Humanities | 3 | A & H Open Arts and Humanities | 3 | | |
| Total Credits | 15 | Total Credits | 16 | Total Credits | 0 |
| | | Total Credits | 62 | | |

| Junior Year | | | | | |
|---|-----------|--|-----------|----------------------|---------|
| Fall | | Winter | | Summer | |
| Course | Credits | Course | Credits | Course | Credits |
| BSHN 3000: Lifespan Nutrition | 3 | BSHN 3200: Nutrition at the Cellular Level | 3 | | |
| BSHN 3100: Nutrition Advocacy & Public Policy | 3 | BSHN Open Major Elective | 3 | | |
| BSHN Open Major Elective | 3 | BSHN Open Major Elective | 3 | | |
| Open Elective | 3 | Open Elective | 3 | | |
| Open Elective | 3 | Open Elective | 3 | | |
| Total Credits | 15 | Total Credits | 15 | Total Credits | |
| | | Total Credits | 92 | | |

| Senior Year | | | | | |
|---|-----------|---|------------|----------------------|----------|
| Fall | | Winter | | Summer | |
| Course | Credits | Course | Credits | Course | Credits |
| BSHN 4100 Principles of Medical Nutrition Therapy | 3 | BSHN 4000: Exploring Nutrition Research | 3 | | 0 |
| BSHN 4200 Human Function and Nutrition | 3 | Open Elective | 3 | | |
| BSHN Open Major Elective | 3 | Open Elective | 3 | | |
| Open Elective | 3 | Open Elective | 3 | | |
| Open Elective | 3 | Open Elective | 3 | | |
| Total Credits | 15 | Total Credits | 15 | Total Credits | 0 |
| | | Total Credits | 120 | | |

TOTAL CREDITS: 120