

SATISFY YOUR HUNGER TO ADVANCE

Dr. Kiran C. Patel College of
Osteopathic Medicine
NOVA SOUTHEASTERN UNIVERSITY

NSU
Florida

Nurture Your Future

Completing an undergraduate degree in human nutrition can open doors to exciting career opportunities and further graduate studies. Students are well prepared for positions in public health, business and industry, education and research, health promotion, food and nutrition management and clinical dietetics.

Feast on Your Career Options

- public health nutrition
- nutrition communication
- health education
- wellness promotion
- nutritional product development
- nutrition research
- community programs
- food systems management
- clinical practice support
- product sales and marketing

Students with this degree often enhance their academic education by seeking a Master's of Science in Nutrition and pursuing professional practice training. This B.S. in Human Nutrition serves as strong foundational preparation for advanced practice careers such as:

- registered dietitian nutritionist
- nutrition therapist
- sports dietitian nutritionist
- doctoral-level researcher
- physician
- physical therapist
- athletic trainer
- allied health professional
- physician assistant

Learn More

osteopathic.nova.edu/bs-nutrition

B.S. in Human Nutrition

Prepare for a career in nutrition, one of today's fastest growing occupations. You'll gain a solid foundation in applied nutrition, nutrition education, public policy, advocacy, nutrition therapy, leadership and management, and food production. A B.S. in Human Nutrition will create a pathway to pursue a number of graduate programs at Nova Southeastern University (NSU), including, but not limited to a Doctor of Osteopathic Medicine, medical doctor, Master of Science in Nutrition, Master of Public Health, Doctor of Physical Therapy, physician assistant, athletic training, and exercise and sports science.

Main Ingredients

This program will expose you to the essential principles of dietetics, nutrition, and biomedical sciences. Our curriculum includes a strong foundation in anatomy, chemistry, biochemistry, and microbiology. It builds on an applied focus, which includes human nutrition and health, dietetics practice, community nutrition programming, and food service management.

Opportunities to Dig In

You have the opportunity for immersion in experiential learning, clinical research, global and domestic outreach initiatives, and community based collaborations. Gain hands-on experience and engage with fellow students and faculty members of the Dr. Kiran C. Patel College of Osteopathic Medicine while advancing your skills.

Fast Track Option

NSU's Dual Admission Program is the first in the nation to offer an accelerated, seven-year academic path from the B.S. in Human Nutrition to the Doctor of Osteopathic Medicine degree (D.O.). Acceptance into the Dual Admission Program reserves your seat on a priority status in NSU's D.O. degree program, while you're successfully working toward your bachelor's degree in human nutrition.



B.S. in Human Nutrition

Curriculum 2019–2020

Students are required to complete 30 credit hours as part of the General Education Program and 30 additional credit hours with open electives. Freshman are required to successfully complete First-Year Seminar (UNIV 1000) in their first semester at NSU.

Human Nutrition Major Requirements (120 credits)

Core Courses (42 credits) Credits

Life Span Nutrition*	3
Nutrition Education, Counseling, and Communication*	3
Nutrition for the Health Professions*	3
Principles of Wellness*	3
Careers in Nutrition	3
Community Nutrition	3
Food and Culture	3
Exploring Nutrition Research	3
Human Function and Nutrition	3
Introduction to Food Service	3
Nutrition Advocacy and Public Policy	3
Nutrition at the Cellular Level	3
Nutrition Seminar	3
Principles of Medical Nutrition Therapy	3

* These courses, plus two open B.S.H.N. electives are required to receive an 18-credit hour minor in human nutrition.

Major Electives (15 credits) Credits

Plant-Based Nutrition	3
Interprofessional Models of Nutrition Care	3
Global Nutrition	3
Nutritional Implications for Special Populations	3
Directed Individual Study	3
Domestic Outreach and Applied Learning	3
Global Outreach and Applied Learning	3
Nutritional Science and Academic Writing	3
Principles of Health Behavior	3

For more information, please contact

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