



Freshman Year						
Fall		Winter				
Course	<u>Credits</u>	<u>Co</u>	<u>ourse</u>	<u>Credits</u>		
BSHN 1200: Nutrition for Health Professions	3	BSHN 1300: Careers in Nutrition		3		
BSHN Open Major Elective	3	BSHN 1400: Nutrition Seminar		3		
MATH 1040: Algebra for College Students	3	MATH 2020: Applied Statistics		3		
COMP 1500: College Writing	3	COMP 2000: Advanced College Writing		3		
UNIV 1000: First Year Seminar	3	BIOL 1500: Biology I/with lab		4		
Total Credits	15	Total Credits		16		
*This plan is based on student starting at least at the level of MATH 1200 Preacalculus		Total Credits	31			
		CALABITA				

The plan will need to be adjusted for students who begin at a lower level of MATH.

Sophomore Year					
Fall		Winter			
<u>Course</u>	Credits	<u>Course</u>	<u>Credits</u>		
BSHN 2000: Principles of Wellness	3	BSHN 2400: Community Nutrition	3		
BSHN 2100: Food and Culture	3	BSHN 2500: Inroduction to Food Service	3		
BSHN 2300: Nutrition Education and Counseling	3	CHEM 1300: Chemistry I/lab	4		
SOCL 1020: Introduction to Sociology	3	PSYC 1020: Introduction to Psychology			
A & H Open Arts and Humanities	3	A & H Open Arts and Humanities			
Total Credits	15	Total Credits	16		
		Total Credits	62		

Junior Year					
Fall		Winter			
Course	<u>Credits</u>	Course	Credits		
BSHN 3000: Lifespan Nutrition	3	BSHN 3200: Nutrition at the Cellular Level	3		
BSHN 3100: Nutrition Advocacy & Public Policy	3	BSHN Open Major Elective	3		
BSHN Open Major Elective	3	BSHN Open Major Elective	3		
Open Elective	3	Open Elective	3		
Open Elective	3	Open Elective	3		
Total Credits	15	Total Credits	15		
		Total Credits	92		

Senior Year					
Fall		Winter			
<u>Course</u>	Credits	<u>Course</u>	Credits		
BSHN 4100: Principles of Medical Nutrition Therapy	3	BSHN 4000: Exploring Nutrition Research	3		
BSHN 4200: Human Function and Nutrition	3	Open Elective	3		
BSHN Open Major Elective	3	Open Elective	3		
Open Elective	3	Open Elective	3		
Open Elective	3	Open Elective	3		
Total Credits	15	Total Credits	15		
		Total Credits	122		

TOTAL CREDITS: 122