

DR. KIRAN C. PATEL COLLEGE OF OSTEOPATHIC MEDICINE DEGREE CURRICULUM SHEET | 2023-2024 CATALOG

Bachelor of Science - Health and Wellness Coaching



Cred Frequency

FW

varies

F

FWS

W

FW

WS

W

F FWS

3

3

3

3

3

3

3

3

3

3

3

3

3

18

57

3

3

3

3

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3

18 57

Program Code BS_PH

Major Code D100 Attributes: BSPH = Pre-Med, BSP3 = Pre-Med 3+4, BSP4 = Pre-Med 4

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FIRST YEAR SEMINAR			MAJOR
Course	Credits	Frequency	Course
			HAWC 1000 Introduction to Coaching
UNIV 1000: First Year Seminar	3		HAWC 1001 Human Systems and Family Relationships
Total First Year Seminar Credits	3		HAWC 1002 Overview of Lifespan Wellness
GENERAL EDUCATION REQUIREME	NTS		HAWC 2003 Ethics of Coaching
Area/Course	Credits	Frequency	HAWC 2030 Couple and Family Coaching
Written Composition			HAWC 2050 Coaching Diverse Populations
6 credits at or above COMP 1500			HAWC 3007 Solution Focused Coaching
COMP 1500 College Writing	3		HAWC 3008 Coaching Practicum I
COMP 2000 Advanced College Writing	3		HAWC 3010 Private Practice of Coaching
<u>Mathematics</u>			HAWC 3011 Coaching Practicum II
6 Credits at or above MATH 1040			HAWC 3033 Grief Coaching
Math 1040 Algebra for College Students	3		HAWC 3035 Neuroscience and Coaching
Math 2020 Applied Statistics	3		HAWC 4014 Research Methods and Evaluation in Coaching
			HAWC Electives (choose from electives below)*
Arts & Humanities	•		Total Credits
6 credits in HIST, ARTS, PHIL, HUMN, LITR, THEA, FILM,			
MUSC, DANC, WRIT, foreign language, SPCH			
Open Arts & Humanities	3		
Open Arts & Humanities	3		MAJOR ELECTIVES
Social & Behavioral Sciences			Select from the following major electives*
6 Credits in PSYC, SOCL, ANTH, ECN, COMM, GEOG,			HAWC 2005 Coaching in Healthcare Systems
GEST, INST, POLS			HAWC 2006 Mindfulness and Meditations for Health
SOCL 1020 Introduction to Sociology	3		HAWC 2031 Coaching across the Lifespan
PSYC 1020 Introduction to Psychology	3		HAWC 2060 Coaching in Educational Setting
<u>Science</u>	•	â	HAWC 3019 Integrative Wellness Approaches
6 credits in BIOL, MBIO, CHEM, SCIE, ENVS, PHYS, NEUR			HAWC 3030 Recovery Coaching
Open Science	3		HAWC 3032 Trauma
Open Science	3		HAWC 4012 Advanced Solution Focused Coaching I
			HAWC 4025 Advanced Solution Focused Coaching II
L			HAWC 4034 Chronic Health Conditions and Coaching
Total First Year Seminar Credits	30		HAWC 4990 Independent Study
Total Open Electives Credits	30		
			Total Elective Credits

^{*}Students are permitted to take 9 of the 18 major electives from the following course Prefixes: BPH, BSHN, and BSHI.

Frequency Key: F-Every Fall; W-Every Winter; S - Every Summer; FO - Odd Year Fall; FE - Even Year Fall; WO - Odd Year Winter; WE - Even Year Winter

Total Major Credits

Total Credits

^{*}See 4 year plan of study for HAWC/DO students.