

## Bachelor of Science in Health and Wellness Coaching (HAWC) FOUR YEAR CURRICULUM | 2023-2024 CATALOG



## Attributes: BSPH = Pre-Med, BSP3 = Pre-Med 3+4, BSP4 = Pre-Med 4+4

Freshman Year						
Fall		Winter			Summer	
Course	Credits	Course		Credits	Course	Credits
HAWC 1000: Introduction to Coaching	3	HAWC 1001: Human Systems and Family R	elationships	3		
HAWC 2003: Ethics of Coaching	3	HAWC 1002: Overview of Lifespan Wellnes	3			
MATH 1040: Algebra for College Students	3	MATH 2020: Applied Statistics		3		
COMP 1500: College Writing	3	COMP 2000: Advanced College Writing		3		
UNIV 1000: First Year Seminar	3	Open General Education Sciences		3		
Total Credits	15	Total Credits		15	Total Credits	0
			<b>Total Credits</b>	30		

Sophomore Year							
Fall		Winter		Summer			
Course	Credits	Course	Credits	Course	Credits		
HAWC 2030: Couple and Family Coaching	3	HAWC 2050: Coaching Diverse Populations	3				
HAWC Open Major Elective	3	HAWC 3007: Solution Focused Coaching	3				
Social and Behavioral Science: PSYCH 1020	3	Social and Behavioral Science: SOCL 1020	3				
Open Arts and Humanities	3	Open Arts and Humanities	3				
Open General Education Sciences	3	Open Elective	3				
Total Credits	15	Total Credits	15	<b>Total Credits</b>	0		

**Total Credits** 

Total Cradite 90

60

Junior Year							
Fall		Winter		Summer			
Course	Credits	Course	Credits	Course	Credits		
HAWC 3008: Coaching Practicum I	3	HAWC 3011: Coaching Practicum II	3				
HAWC 3033: Grief Coaching	3	HAWC 3010: Private Practice of Coaching	3				
HAWC 3035: Neuroscience and Coaching	3	HAWC 4014: Research Methods and Evaluation in Coaching	3				
Open Elective	3	HAWC Open Major Elective	3				
Open Elective	3	Open Elective	3				
Total Credits	15	Total Credits	15	<b>Total Credits</b>	0		

			Total Credits	90		
Senior Year						
Fall	Winter				Summer	
Course	Credits	Course		Credits	Course	<b>Credits</b>
HAWC Open Major Elective	3	HAWC Open Major Elective		3		
HAWC Open Major Elective	3	HAWC Open Major Elective		3		
Open Elective	3	Open Elective		3		
Open Elective	3	Open Elective		3		
Open Elective	3	Open Elective		3		
Total Credits	15	Total Credits		15	<b>Total Credits</b>	0
			<b>Total Credits</b>	120		
		TOTAL CREDITS: 120				