

Bachelor of Science in Health and Wellness Coaching (HAWC) FOUR YEAR CURRICULUM | 2022-2023 CATALOG



UNIVERSITY						
		Freshman Year				
Fall		Winter			Summer	
<u>Course</u>	<u>Credits</u>	Course		<u>Credits</u>	Course	Credits
HAWC 1000: Introduction to Coaching	3	HAWC 1001: Human Systems and Family R	delationships	3		
HAWC 2003: Ethics of Coaching	3	HAWC 1002: Overview of Lifespan Wellnes	s	3		
MATH 1040: Algebra for College Students	3	MATH 2020: Applied Statistics		3		
COMP 1500: College Writing	3	COMP 2000: Advanced College Writing		3		
UNIV 1000: First Year Seminar	3	Open General Education Sciences		3		
Total Credits	15	Total Credits		15	Total Credits	0
			Total Credits	30		
		Sophomore Year				
Fall		Winter			Summer	
<u>Course</u>	<u>Credits</u>	<u>Course</u>		Credits	<u>Course</u>	Credits
HAWC 2030: Couple and Family Coaching	3	HAWC 2050: Coaching Diverse Populations	•	3		
HAWC Open Major Elective	3	HAWC 3007: Solution Focused Coaching		3		
Social and Behavioral Science: PSYCH 1020	3	Social and Behavioral Science: SOCL 1020		3		
Open Arts and Humanities	3	Open Arts and Humanities		3		
Open General Education Sciences	3	Open Elective		3		
Total Credits	15	Total Credits		15	Total Credits	0
			Total Credits	60		
		Junior Year				
Fall		Winter			Summer	
Course	<u>Credits</u>	Course		Credits	Course	Credits
HAWC 3008: Coaching Practicum I	3	HAWC 3011: Coaching Practicum II		3		
HAWC 3031: Narrative Coaching	3	HAWC 3010: Private Practice of Coaching		3		
HAWC 3030: Recovery Coaching	3	HAWC 4014: Research Methods and Evalua	tion in Coaching	3		
Open Elective	3	HAWC Open Major Elective		3		
Open Elective	3	Open Elective		3		
Total Credits	15	Total Credits		15	Total Credits	0
			Total Credits	90		
		Senior Year				
Fall		Winter			Summer	
<u>Course</u>	<u>Credits</u>	Course		Credits	<u>Course</u>	Credits
HAWC Open Major Elective	3	HAWC Open Major Elective		3		
HAWC Open Major Elective	3	HAWC Open Major Elective		3		
Open Elective	3	Open Elective		3		
Open Elective	3	Open Elective		3		
Open Elective	3	Open Elective		3	m . 10 . 11	_
Total Credits	15	Total Credits		15	Total Credits	0
			Total Credits	120		
		TOTAL CREDITS: 120				