

According to the U.S. Bureau of Labor Statistics (2018), employment in the nutrition field is expected to increase 15 percent during the next 7 years—much faster than national averages. Job growth is primarily expected in the areas of wellness, prevention of disease with diet and foods, and a greater integration of nutrition practice into primary care. Our curriculum offers an innovative and flexible approach to mastering your knowledge and skills in nutrition. Timely, progressive coursework and faculty involvement lead you through a generalist program with the opportunity to specialize and distinguish yourself.

COMMUNITY

- · Psychology of Eating
- Foundations of Community Nutrition
- · Models of Health Behavior
- World Culture, Food, and Nutrition
- Nutrition Across the Lifespan

SPORTS NUTRITION

- Advanced Sports Nutrition
- Wellness and Weight Management
- Nutrition and Exercise Performance
- Strength and Conditioning for Nutrition Professionals
- Dietary and Sports Supplements

FUNCTIONAL NUTRITION AND HERBAL THERAPY

- Introduction to Functional Nutrition and Herbal Therapy
- Gastrointestinal System
- · Endocrine, Immune, and Nervous Systems
- Cardiovascular, Musculoskeletal Systems, and Special Populations
- · Clinical Applications

FOR MORE INFORMATION

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Nutrition Program

*Applicants may receive up to six credits for certain professional qualifications and work experience.

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