Five of Us Called Her Mom

My mom never stopped me from doing much of anything, including riding my bicycle a hundred miles to her mom’s house at age 11. In our house, my mom’s word was law, so when my dad tried to intervene during my 1:00 a.m. bicycle departure, he could only say, “good luck smart guy, that’s a four hour car ride.”

Apparently he forgot he’d regularly walked 20 miles courting her. Obviously his oversized deaf-to-reason-gene got transmitted because I pedaled it in 12 hours. My mom advised us how things were apt to turn out on my numerous adventures, especially when trouble would not translate into knowledge. By the age of 12, I started asking her advice. To my astonishment, she was a living soothsayer. I stopped making decisions without first going to her and asking, “Whad’ya think?” Everything magically succeeded better than what me and the boys had in mind. I had enough trials that I had complete confidence in her crystal ball.

Besides, I was looking like a genius compared to my non-advised delinquent friends.

Sixty years later, I still hear my mom saying, “Don’t compete with others, only with your previous best - that way even the opposition can be friends.”

Continued on page 10
In last month’s newsletter, this space recapitulated the MAC membership meeting in great detail. At that meeting, I updated the membership on the MAC’s extensive activities to date. Several initiatives, such as the newsletter, the E-Valuations, and the New Member Packet have matured and reached fruition, while others, such as space, parking, fundraising, and marketing continue to evolve. What is clear is that our LLI community is vibrant, thriving, and growing. In addition to the many new faces that are making cogent contributions to the class discussions, more members are also choosing to get involved beyond the academic offerings.

This is evidenced by the number of members habituating the lunch area at noon, the number of contributors to the newsletter, the growing participation in the E-Valuations, the attendees on the field trips, and the number of members giving their time to assure the success of our other projects, such as the Spring Brunch and the Campus Bus Tour. Whether a member’s pleasure is to attend a select number of classes from the wide variety of offerings, or to participate more fully, it is clear that the LLI has something for everyone.

I would be remiss not to recognize several members for their significant contributions. The newsletter would not be what it is without the contributions of Maxine Jordan, Adah Gaines, Rick LaValley, Valerie Pellegrini, Dennis Simunek, Linda Maurice, and Heike Dosé. A special thanks to Rudy Ameerally, whose tireless efforts coordinating the newsletter and collating the E-Val data are what has made them happen.

Also, thanks to Jill Cohen, who single-handedly created the Spring Brunch, Dan Smith and Moe Weiner for their efforts in making the Campus Bus Tour a reality, and Smith’s contribution to the New Member Packet. Additional thanks go to Lee Sacks and Joy Gallimore for their continuing contributions to the MAC.

The LLI is defined by its product—the course offerings and NSU opportunities, and by its membership. I’d therefore like to thank the entire membership for making the LLI the jewel that we all know it to be.

The MAC will again meet with the membership after our next meeting with the NSU president, which is scheduled for early in May. I look forward to updating you then.

Coordinating editor’s note: This newsletter is a joint venture of the LLI Director’s Office and the Members Advisory Committee (MAC) The MAC, created in July 2010, is a group of seven eligible members elected by LLI members to serve a two-year term on the MAC. In October each year, half of the MAC members end their terms of office and nominations and elections are conducted by the director’s office for replacements. Briefly, the MAC’s purpose, as stated in its bylaws, is to represent the interests of members to the director and to the university via the dean of the College of Osteopathic Medicine, and to recommend initiatives to enhance the LLI experience for the membership.
It’s hard to believe that the next time I will write a column, it will be for a summer edition. This year has just flown by and has been filled with such excitement, lots of new members, new lecturers and just all around great times.

To our snowbird friends who are reading this up north, we already miss you and look forward to seeing you next season.

To our LLI friends who live here year round but take off for summer - hurry back.

And to everyone else that sticks with us through the hot summer (and hopefully a mild one, according to the National Oceanic and Atmo-spheric Administration), we promise to have fun and interesting speakers. In fact, we already have much of June’s programming booked.

Speakers will include Eric Ackerman, Ph.D., dean of the NSU Graduate School of Computer and Information Sciences, who will be discussing the future of the Internet, Cyril Blavo, D.O., M.P.H and T.M., director of the Master of Public Health Program, who will present a talk on his African Health Initiative and what it was like to grow up in an African village and now live in the United States, and our own Dennis Simunek, who will discuss clay modeling. In addition, Stan Cohen, Ed.D., Health Professions Division executive vice dean for educational support, will return to discuss additional details about his personal relationship with Albert Einstein, while a representative from the university’s Museum of Art Fort Lauderdale will provide a session on its Art Observation Project.

Keep on spreading the word…Learning is Lifelong at the Lifelong Learning Institute!
1) **The Economic Evolution and John Maynard Keynes**

March 27, 2012 – Pedro Pellet, Ph.D. presented the Keynes Economic Theory of the discipline of the reality of scarcity with limited resources. This very insightful analysis was explained by the work of John Maynard Keynes in Keynesian Economics, which purports there must be equilibrium between savings and investment to achieve an optimum level of production in a capitalistic system of allocating economic resources. Concerns by the speaker were expressed about allowing the market to function “laissez-faire” without some regulation. “The one way unemployment can be reduced is to have an activist stabilization policy that includes balancing savings and investment in the public sector to create equilibrium between production and consumer demand for goods and services, he explained.” This interesting outlook will be further explored in future presentations in coming weeks.

2) **From Art Nouveau to Art Deco: The Art of Style from 1890s to 1920s**

March 26, 2012 – Andre Milman needs to be appreciated for his flawless showing of pictorial content illustrating the Art Deco period. He explained the origins of this art style, whose purpose is to bring decorative and ornamental elegance to a period from the 1890s to the 1920s. In order to conceptualize ideas understood by the public, it involved an Art Noveau series of painters and craftsmen. They wanted to capture the simplicity of ornamentation and beauty during a time when others were experimenting with impressionism and cubism, further abstracting the images of expression into areas of color geometry. The masters of this style were Hans Makart and Gustav Klimt, who were influenced by early Christian iconic art, Japanese figures with patterns, and costumes and background that had highly decorative motifs. Truly, Milman has given us the basis of appreciation for a movement revived in the 1960’s Art Deco period as evidenced in Miami, Florida. Next time, he will help us appreciate what leads up to “Pop and Op.”

3) **A Psychological Perspective on Dealing with Guilt After a Loss**

March 28, 2012 – Aimee Zadak, Ed.D., LMHC, promoted the value of how family members can prepare for the death of a loved one. One of her main points was to resolve issues and to increase communication with one’s final wishes showing respect and empathy. Some questions to consider are as follows: Does the loved one want hospice care? How long should life support by artificial means be maintained? Is there a living will?

Unexpected issues which arose in the discussion during the forum were as follows: What was the person’s belief in the afterlife? Is guilt caused by not reconciling family differences or lack of communication during the family member’s lifetime? How does one die and depart with dignity? What is the quality of life expectancy?

A booklet recommended by Dr. Zadak was *Five Wishes*. The audience was so enthralled with the openness and empathy of this mother of two children, who is a cancer survivor, that it was expressed that she return to the LLI.

4) **Treasures, Pirates and Wrecks in South Florida**

March 27, 2012 – Juan Riera is a great storyteller. His presentation on pirating history revealed the stories behind some of the shipwrecks of the 16th and 18th century, including adventures of looting and plundering. In those days, Spanish merchant ships took gold, silver, and precious emeralds and diamonds from the Americas in the New Western world. Some famous plundering was done by Piet Hein, Black Caesar, John Hawkins, and Black Beard. Interesting facts revealed were that “privateers” were actually ship captains licensed to attack these Spanish ships and take the treasures before they could be transported back to their kings’ and queens’ coffers. The word “buccaneer” derives from the Caribbean Arawak word *buccan*, a wooden frame for smoking meat. From this came the French word *boucane*, and hence the name *boucanier*, for French hunters who used such frames to smoke meat. Boucanier then became buccaneer.
“This storefront center on Harrison Street in Hollywood has outgrown its current home and soon will move to an as-yet undisclosed location,” she said. “Most of the upper floor is used as a large classroom for adults and children and a meeting room, the walls lined with artwork. Along the floors lie plastic bags of pennies, part of a bar mitzvah project started by David Brodie, whose first goal was to collect three-million pennies; one for each child lost in the holocaust. This number was reached so quickly, he expanded it to six million. There is an area with easy chairs covered in soft yellow fabric, which is used to interview survivors and to film their stories. In another room, volunteers edit and transcribe these accounts, using people who speak several languages. This process came to the attention of Steven Spielberg, who used it in preparing his movie Schindler’s List.

“Downstairs, an entire wall is devoted to storing these video memoirs,” she added. “The center has an extensive library of materials that teachers may borrow to use in seminars. These volumes are also available to the public, but only for onsite reading. Perhaps the most poignant and impressive part of the tour was the railcar, stored in a nearby warehouse. The German obsession with documentation has made it possible to authenticate the numbers on this fully restored car. The next step in the process will be to document the names of the people who rode to the camps in this same car.

“To lay a hand on the floor of this railcar is to play back in one’s head the many faces, recorded by the media, of the people carried to their death in this manner.” Gaines concluded, “They must never be forgotten.”
2) New World Symphony, America’s Orchestral Academy, Miami Beach - Report by Rudy Ameerally

The performance was “A Nordic Odyssey” with “Minea,” the composition by Kalevi Aho, conducted by Osmo Vänskä (both Finnish) that 28 LLI members witnessed on Friday, March 30. The 85 youthful academy Fellows were practicing for their formal presentations. “Each day, we train these talented graduates of distinguished music schools for leadership roles in orchestras and ensembles around the world,” said Howard Herring, president and CEO.

LLI members were very impressed and awed by the magical acoustics of this relatively small and intimate concert hall. Its unique design incorporates many sail-shaped walls by world-renowned architect Frank Gehry to entertain a maximum audience of 756 persons. Each guest is quite near the orchestra section, which is positioned in the center of the deep hall for optimum inclusion and musical immersion. Its rich distinct tones were magical to the ears and very moving.

In the words of composer Aho, “Minea” is “a single, huge accelerando and crescendo, starting in a sparse tranquillo setting, colored by the eerie sound of the brass players blowing into their instruments without producing notes. The musical language develops a global character in its sinuous, Eastern-influenced melodies and large battery of drums from around the world. The restless percussion lines propel the piece’s latter portion to a thunderous presto conclusion, matched in intensity by the full orchestra playing at a fortissimo dynamic.”

Prior to witnessing the practice session, our guide, Jaya, welcomed us, and Antony Parce answered a few questions to satisfy our curiosity about the performance before he took his position on stage in the viola section. After the performance, we were taken on a tour of this architectural masterpiece, constructed over five years at a cost of $156 million, on time and on budget for its opening performance in January 2011.

May 2012 Attractions

Wednesday, May 2, 9, and 16
12:30-2:00 p.m. – Laura Finley, Ph.D. “Issues in Women’s Human Rights”

Tuesday, May 15
10-11:30 a.m. Pembroke Pines City Commissioner Angelo Castillo - “The Three Most Important Things We Must Do to Improve American Democracy”
12:30 – 2:00 p.m. – Sage Lehman (Palm Beach Pops) – “History of Musical Theater”

Tuesday, May 22 - 12:30-2:00 p.m. Diego Castano, Ph.D. – “Physics: The Convenionality of Motion”

Wednesday, May 23 – 12:30-2:00 p.m.
- Oline H. Cogdill – “The History of Florida Mysteries”

Tuesday, May 29
10-11:30 a.m.
–Eric Ackerman, Ph.D., dean of the Graduate School of Computer and Information Science – “The History of the Internet”
12:30-2:00 p.m.
Katariina Rosenblatt – “Human Trafficking Is Closer to Home Than You Might Think”

Thursday, May 31 – 10:00-11:30 a.m. – Kurt Stone – “Douglas Fairbanks: The World’s First Superstar”

Don’t forget to try new speakers. New Today...Favorites Tomorrow!
Dentist, anesthesiologist, pilot: These careers cover only part of Jack’s curiosity-filled life. His home is in Boston, Massachusetts, but in December he heads for Davie, Florida, staying until April.

Jennings came to the LLI during Winter Welcome Week 2012 after attending a program at the LLI satellite at Covenant Village of Florida. He describes his experience here as both stimulating and instructive. His favorite lectures include those offered by Rabbi Eli Kavon, Vincent Toscano, Ph.D., Stephen Levitt, LL.B., LL.M., and Kingsley Guy. Jennings not only finds the classes at the LLI interesting and enjoyable, but his fellow students as well.

Jennings was born in Washington, D.C. His father was a dentist and his mother a homemaker. When he was 9, his 11-year-old sister died of pneumonia. Losing his only sibling had a profound effect on such a young boy.

Joining the Navy in 1954, he studied dentistry and anesthesiology at the University of Maryland at Baltimore. During this time, he did his residency in anesthesiology at George Washington University. He also taught this science at that same school and at Sloan Kettering Hospital in New York. After earning his D.D.S. degree, Jennings resigned from the Navy and opened his dental office in Boston. In 1971, he sold his practice to an ambitious young dentist who worked for him. While he was still practicing in Boston, Jennings also worked as dentist on the island of Aruba. While there, he met a former U-boat captain who had surrendered his boat to the allies and was considered a traitor and wanted by the Germans. At the same time, he was technically considered a war criminal by the victorious allies. Consequently, the man lived under another name and made his living as a pilot. It was he who taught Jennings to fly single-engine planes, enriching his life to such a degree that he subsequently became a member of two flying clubs. While in Aruba, he also became involved in the oil business—an interest he still retains. Having a strong interest in economics, Jennings started one investment business which failed, and another which was successful. He was a member of the NY Exchange from 1967 to 1969.

Jennings, who is divorced, is the father of four sons. His youngest son, John, became his sole responsibility at age 11 months. This was a steep learning curve for him; diapers, baby food, babysitters, etc. Fortunately, both he and his son thrived, and John now has a son and daughter of his own who make Jennings a happy grandfather.

He was in Munich, Germany, in September of 1972, where he enrolled in a branch of the University of Maryland to complete his B.S. degree. As a student, Jack sometimes attended Olympic events that had not sold out, using free student tickets. While he was not present at the event when Palestinian terrorists kidnapped Israeli athletes, he felt keenly the suspense and horror at the tragic outcome.

Back in the US, Jennings decided to pursue a career in law at the University of Miami, but was later inspired by historian Frank Stewart, Ph.D., to change his major. Jennings enjoyed being a member of the faculty club and has found some of the LLI activities to be reminiscent of those days. He graduated from UM with an M.A. degree in Modern European History.

When Jennings returned to Boston, he attended Harvard University, graduating with an M.A. in Liberal Arts and Government. While there, he taught a two-day class in the history of anesthesiology at the medical school. Jennings reserves special admiration for his Harvard professors including Derek Bok, JD, Michael Shinagel, Ph.D., John Kenneth Galbraith, Ph.D. and Howard Zinn, Ph.D. who wrote *A People’s History of the United States.*

Jennings’ major heroes are historians including the chancellor of Brandeis University, Abraham Sacher, Ph.D. who created the PBS series *The Course of Our Times*—an historic documentary about the 20th century.

For leisure and fun, Jennings enjoys reading, watching an occasional historical movie, and working on his collection of antique cars. He has a 1929 Mercedes convertible, which he keeps here in Florida, as well as a Rolls Royce, a Bentley, and two MGs in Boston.

Staff and members of the LLI will be happy to welcome Jennings when he returns in December.
A beach side restaurant in Lauderdale-By-The-Sea features visits by pigeons and other birds who brazenly perch on a nearby ledge and calmly study diner’s food.

Dropped morsels are retrieved from the floor with just a soft flutter of wings and quick dart of head to edge out a rival’s thrusting beak.

Later as if by silent signal birds appear at an adjacent pavilion to scarf up desserts of bread and chip crumbs tossed by tourists.

Occasionally pigeon courtship begins with beak to beak swaps of food followed by a quick romantic encounter with only a few ruffled feathers to mark the event!

FOR THE BIRDS - Poem by Ruth Lazarus

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Socrates Café - Report by Valerie Pelegrini, Ph.D., LMHC

Coordinating editor’s note: Members participating in Socrates Café suggest up to six or seven questions, and a vote is taken. The two most popular questions are then voted on again, with one vote per participant. The selected question is then debated; one speaker at a time limited to no more than four minutes each, with no cross talk, to be more effective. Dr. Pellegrini reports as follows:

Our Socrates Café met on April 12, with a buzz of energy, as our 42 participants were already conceiving their next philosophical questions. Of the six questions that were raised, the one chosen centered on the importance today of obtaining a college degree as an essential focus for our young.

Not surprisingly, many of our café members could identify with the chosen question as they reviewed their own educational experiences and that of their children and grandchildren. Many felt that too much emphasis has been put on the status of a degree, while failing to appreciate vocational choices. Some cited the need for vocational education and felt too much importance and status has been framed by the hierarchy of college degrees, while others passionately supported the irrevocable and vital importance of philosophy, psychology, history, biology, physics, art, etc., as necessities for human growth and awareness, as well as the quest for the nourishment of creative thought.

One participant, with experience from Germany, shared that degrees are awarded for skills in carpentry, plumbing, electricity, and other trades, thereby elevating the importance, prestige, and earning capacity of these professions. Participants applauded this approach. Still, others expressed with a note of anger and despair the high cost of education today and the general likelihood that many with advanced college degrees are not able to support themselves or their families.

However, having expressed their passionate views on the chosen question, each of us left with a smile and some deeper revelations on the insights of our Socrates compatriots.
YMCA ENHANCE FITNESS AT LLI

Report by Barbara Norgren, Principal Instructor (John Hamway also instructs.)

At 2:15 p.m. every Monday, Tuesday, and Thursday, chairs get rearranged and music starts to play at the LLI. People change into workout clothes and start to warm up.

Sound familiar?

An Enhance Fitness class is a low-cost, well-rounded fitness program that incorporates four types of exercise into your life:

- **Endurance exercise** increases stamina that may help delay or prevent diabetes, heart disease, colon cancer, and stroke.
- **Strength exercises** help control weight and regulate blood sugar by increasing metabolism and may help prevent or slow down osteoporosis.
- **Flexibility exercises and stretching** may prevent injuries and aid in injury recovery.
- **Balance exercises**, such as standing on one foot, may help prevent falls.

Exercise in general can reduce anxiety and stress, improve sleep, increase energy, reduce body fat by increasing the body’s calorie-burning efficiency, and possibly help maintain healthy sexual function.

In addition, Enhance Fitness classes are taught by certified fitness professionals who have been specifically trained to understand the needs of older adults. And as an added bonus, your instructors are pretty entertaining.

So...what are you waiting for? The next time the music starts at 2:15 at the LLI, throw on a T-shirt and a pair of sneakers and join in the fun.

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**Great Books Report** by Rick LaValley

- *Argument and Persuasion* by Donald Hall

On March 29, our Great Books group comprising 21 members successfully ferreted out the hidden meanings and complicated moral questions in Donald Hall’s short story *Argument and Persuasion*. We argued and tried to persuade each other of our views of this 1988 award-winning story.

By the end of the 90-minutes session, none of our attendees agreed with the vote taken in the story as to who was morally responsible for the murder. In fact, we mostly had the opposite view, although we were afforded the advantages of age, time, position, and group discussion over the young women who were imposed upon in the story. The attendees agreed afterward that we dissected the author’s intent and Nietzsche’s world without the aid of the Internet. With nearly the entire class participating, we had a collective feeling of growth and satisfaction.

We invite you to attend May’s story, *Lost in the Funhouse* by John Barth.
"I Called Her Ma" By Barry Katz

I called her Ma, as did my two sisters. Having been born to Eastern European parents, in my house, Ma was the norm. It was a loving, caring household. My problems arose when I began school. Whenever Ma had to meet my teachers and classmates, or any strangers, I became petrified and embarrassed. Her English was poor and she was much older than the other mothers. Throughout my early teens, I had to cope with remarks such as “Why did you bring your grandma to school?” or “Are you Barry’s grandmother?” I wallowed in self-pity in my self-centered child’s world, not realizing that the embarrassment was hers also. As children so often do, I created a defense mechanism and began telling jokes, became the clown, anything to change the subject. Only maturity on my part and love, determination, and tolerance by my mother brought about changes in my psyche. As an adult, I realize these circumstances helped mold my personality.

Even though you knew I loved you, I didn’t say it often enough. “I love you, Ma.”

"I Called Her Mom" by June McCulloch

The desk nurse asked her falsely-cheerful question: “Who is that with you, Glenn?” The answer: “It’s my baby.” Swallowing hard to hold back the tears, June thought, “She may not know my name, but she still knows who I am. It’s funny how close we’ve become in these last years.”

June was Glenn’s only child, and she was an indulgent mother, when she was around. Glenn was a real flapper, hard drinking and dancing the night away, so Arrie, who as they say in Texas, raised June. Grandmother Arrie, Mother Glenn, and Child June somehow survived the Great Depression with Glenn’s job at the Waco Times Herald and Arrie’s garden, cow, and chickens. June had to give them credit for there were extras like dance lessons, and plenty to eat.

Glenn had always had the ambition known only by those who had grown up poor. She had put herself through business school, married the second of her five husbands, but he drank his money away, and June was too shy to become the second Shirley Temple, so she tried moving the three of them to Fort Worth, Texas.

Working at the Fort Worth Star Telegram, Glenn found her remarkable talent. Like so many women during World War II, she was allowed to take over the men’s job of selling display advertising. When the men came back, she took her knack for selling and opened her own real estate office.

In a fit of patriotism, Glenn left June and Arrie at home and took off for Sweetwater, Texas, to join The Women’s Ferry Command. She had done a little flying, but the biggest failure of her life was when she washed out the program.

Returning to her real estate office, The Star Agency, she was so successful that she decided to expand into construction. There were no women building contractors at that time, and the other builders and her own subcontractors hated her. She was known as “Old Lady Bowels,” but the developers liked her because she could sell what she built.

In thinking about Glenn, how she never felt any societal restraints and how she and her mother were both domineering types who argued constantly, June wondered how she felt now. As a youngster, she had longed for the “Dick and Jane” type of home life, and as a teenager, she resented the lack of respectability she sometimes encountered. When June reared her own children, she tried not to be like Glenn. Now she admires her spirit and style and is glad for the later years they had together. June feels that Glenn’s gift to her will be when she can reply to opposition with, “Frankly, my dear, I don’t give a damn.”
They were sisters, but you wouldn’t guess it to look at them. My mother was the tall, beautiful one, with chiseled features and magnificent violet blue eyes. Her sister Edna, “Auntie,” we called her, was a foot shorter, on the plump side, and not particularly attractive. Auntie lived with us, and in those days, she was considered a spinster. My mother never worked, and until my father lost his job in the Great Depression, she always had the best of everything.

Auntie went to work every day, and I remembered looking out the window around dinnertime until I saw her walking up the block from the subway.

“Auntie Enna, Auntie Enna,” I would call as I ran outside to meet her. She would scoop me up in her arms, and that was the best part of my day.

Auntie went to work every day, and I remembered looking out the window around dinnertime until I saw her walking up the block from the subway.

One of my favorite memories was when we took the subway downtown to the Brooklyn Museum, and I saw a mummy for the first time. I also saw a beautiful white marble statue without arms, which Auntie explained was very, very old. She told me it had been found that way, and was called the Venus de Milo.

At Christmastime, we would go to A & S to see Santa Claus. I always came home with a coloring book or a game from Santa, and I would run in to Mommy to show her. My mother ‘ooh’ed and ‘ah’ed, but she never wanted to take me to see Santa herself.

One day, when I was older, and many years after my father died, my aunt told me she was making a will. She said she resented leaving my mother her money, because she had worked so hard for it and my mother never had to work a day in her life. My mother also had been married and had a child, and Auntie felt her sister had everything that she herself had longed for all her life. But she knew my mother would be destitute if she didn’t leave everything to her.

It turned out that my mother died first. I was married at the time, and I was able to take care of my aunt in her old age.

I sometimes think back and wonder who was my real mother. I loved them both, but somehow, I think more fondly of Auntie. Then I realize that I had made her lonely life a little brighter, and she certainly had done the same for me.
Coordinating editor’s note: In the summer of 2010, Dr. Ownby, professor and chair of the College of Osteopathic Medicine’s Department of Psychiatry and Behavioral Medicine, gave a series of lectures at the LLI on the plasticity of the brain. During a presentation, he enquired if members would like to participate in a research training program. Given the excellent reception of his lectures, almost everyone present agreed to volunteer. The study was designed by Dr. Ownby and approved by NSU. Funding was obtained for the program, which began in August 2011. His status report follows below.

Dr. Ownby’s computer-based cognitive training study is continuing, with all activities in Suite 3542 of the University Park Plaza (across the parking lot from the LLI). The purpose of the study is to find out if a special kind of mental abilities’ training that focuses on working memory is better than general mental stimulation in helping people remember things, reason about problems, and do things quickly. Participants in the study are asked to complete 40 hours of training and are randomly assigned to one of two groups. In one group, participants spend time doing training activities that ask them to keep several things in their mind and then use them to solve a problem, like matching a color or sound. Participants in the other group spend the same amount of time watching educational videos and writing brief summaries about what they saw.

Over the course of the study, participants are compensated as much as $100 in gift cards. To date, a number of LLI members have completed the study. If members are interested in participating in the study, contact Lilly Valiente at (954) 262-1209.

The LLI received the following donations:

**General Fund:**
- Ileana Barreta-Pettit
- Evelyne S. Leone
- Dennis Liefer
- Debbie Meline

**Scholarship Fund:**
- Barbara Piromalli

**Scholarship Fund to Honor LLI Staff:**
- Ralph DiSanto

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