

Lifelong Learning Institute NEWSLETTER

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MAC Chairman's REPORT



By **Stuart P. Farber, M.D.**
Chairman of the MAC
October 2013

A buzz in the air tells us summer is winding to a close and fall is coming. Clues include the parking lot filled with NSU students returning for the fall semester and the exciting new fall LLI schedule of classes and events.

The MAC has been busy preparing for Fall Welcome Week and the introduction of a large contingent of visitors. Lee, Jill, and Moe have been happily inundated with member volunteers who offer their services for both the Welcome Committee and the new Hospitality Committee. Their eagerness exhibits the pleasure and satisfaction we derive from our experience—a widespread and deep-seated enjoyment shared by many who want to give back.

We really do have a unique experience here, and it is not only due to the wonderful academic program that our director schedules, but because of the personalities and intellects of the membership, and their interaction with our professors and each other.

So, I hope everyone has had a great summer and is looking forward, as I am, to a wonderful new academic year. As usual, my thanks to the tireless efforts of the members of the Members Advisory Committee, Jill, Joy, Lee, Moe, Rudy, Dan, and Marlene, who have worked all summer. Thanks to Linda for crafting a stimulating academic schedule and Ciro for being the editor of our newsletter.

Have a good year,
Stuart

LLI Coming Attractions

Uncovering Andrew Jackson: The Sides of America's Wildest President You Didn't Know
October 1 • 12:30 - 2:00 p.m.
Presenter: Robert Watson, Ph.D.

Good Negotiators – Are They Born or Made?
Thursday, October 17 • 10:00 – 11:30 a.m.
Presenter: Joseph Harbaugh, LL.M.

A Personal Retrospective: A Look Back at the Life of President John F. Kennedy
Thursday, October 31 • 10:00 – 11:30 a.m.
Presenter: Carmelo "Mel" Cottone

Let Your Food Be Your Medicine
Monday, November 11 • 10:00 – 11:30 a.m.
Lynn Lafferty, Pharm.D., N.D., M.B.A.

Manatee Lagoon: Environmental Challenges and Changes in Mexico
November 25 • 12:30 – 2:00 p.m.
Presenter: Eileen Smith-Cavros, M.F.A., Ph.D.

Performance for Film and TV
December 9 • 10:00-11:30 a.m.
Presenter: Cary Leiter, Ph.D.

Comparative Religion – The Baha'i
December 9 • 12:30 – 2:00 p.m.
Presenter: Karen Pritchard



From the Desk of the DIRECTOR

By Linda E. Maurice

With the 2013-14 academic year upon us, I welcome all of you to the Lifelong Learning Institute.

Whether you are a returning or new member, I hope you will take full advantage of all that the LLI has to offer. Beyond the wonderful lectures we offer in our own classroom, I challenge you to try one of the many classes offered around the university. Yes, that's right, audit a class and sit side by side an undergraduate or graduate student. You will not only learn from the professor, but also from your fellow students, and they will learn from you. It is intergenerational learning at its best.

Just to get you a little more interested, here are a few of the classes LLI members have audited in the last few semesters:

- American Government and Politics
(FCAS—Farquhar College of Arts and Sciences)
- Harlem Renaissance (FCAS)
- International Negotiation
(SHSS - Graduate School of Humanities and Social Sciences)
- Introduction to Sociology (FCAS)
- Metropolitan Conflict (SHSS)
- Myth and Art (FCAS)
- Persuasion (FCAS)

None of what we do would ever happen without the continued support of George Hanbury, Ph.D., NSU president, Anthony J. Silvagni, D.O., Pharm.D., M.Sc., FACOFP *dist.*, dean of the College of Osteopathic Medicine, Cecilia Rokusek, Ed.D., RD, NSU-COM assistant dean of education, planning, and research, and the MAC (LLI Members Advisory Committee). Thank you for believing in the LLI mission. You set examples for all of us.

Here's to another great year at the LLI.

All the best,

Linda

NOTE: Don't forget to "like" us on Facebook, follow us on Twitter, and watch snippets of our lectures on YouTube. If you need help finding these sites online, we are here to help.

LLI WELCOMES NEW MEMBERS FROM THE 2013 SUMMER SESSION

- Rachel and Rafael Ben-Joseph
- Luzia Chajua
- Corinne Lindenberg
- Harlow (Skip) Turchen

LLI TRIBUTE FUND DONATIONS

Scholarship Fund

Linda Maurice

(in memory of Murray Schwartz)

Speakers' Fund

Roberta and Michael Angel

General Fund

Louis Shelley

Deborah Meline

(ongoing NSU staff contribution)

Ralph DiSanto

(in honor of Roberta Yaffe's 80th birthday)

BIRTHDAYS

As we begin the new academic year, we invite all members to share their birthday month (no date or year required) with Heike Dose in the LLI office. This way we can begin to honor birthdays again this year. We have enjoyed observing our members' birthdays over the past year and we would love to honor yours.

LLI member and editor of our newsletter, Ciro Mazzola, has been away for the summer and will be returning soon. Meanwhile, he welcomes other interested contributing writers. If you would like to be involved, please email him at ciromazzola@me.com.

The LLI Library Corner

By Marlene Effren, LLI Librarian



After the renovation of the LLI classroom in early 2013, the Members Advisory Committee (MAC) recommended we use funds from the general contribution section of the LLI Tribute Fund to help buy bookcases to match the new décor. Members volunteered to pack up 16 boxes of books.

I reorganized the library after the new bookcases were installed. By late spring, the bookcases were in place. I was able to tackle the task with the generous help of Dennis Simunek. Over the summer, we placed the shelves, unpacked the books, and organized them.

You will notice that one bookcase and the top shelf of all other bookcases hold paperbacks. In general, they are arranged only by fiction or nonfiction. Hardcover books are also arranged that way. The nonfiction section has several categories.

Some guidelines have been posted. We have a box labeled "Returns and Donations." It would be helpful to deposit current books, in readable condition, there. Any unused donations will be offered to the Alvin Sherman Library, Research, and Information Technology Center.

If you are interested in volunteering to help manage the library, please see me. Thanks to Dorrie Leipziger, Dennis Simunek, and others for their art contributions.

Fitness Classes Can Enhance Your Health

By Barbara Norgren, CPT, EF Master Trainer

The start of the 2013-14 LLI academic season marks the fifth year of Enhance Fitness, a low-cost, complete fitness program offered to members and non-members here at the NSU Lifelong Learning Institute (LLI).

Three days a week, immediately following the last academic class of the day, we swap our dress shoes for sneakers, grab our water bottles, crank up the music, and move muscles and bones to keep us on a healthy track.

Each new class, conveniently located in the LLI classroom, is slightly different from the last because we use a variety of music, muscle movement, and balance challenges. At the end of the session, everyone enjoys a nice, long stretch.

Feel free to stop by and try a class. All we ask is that you bring proper exercise footwear, (i.e., sneakers) and of course a big smile. We promise that once you start, you'll be hooked and won't want to stop.



"Like" us on Facebook at <http://www.facebook.com/llinsu>

Follow us on Twitter at "LLINSU" – <http://twitter.com/#!/LLINSU>

Watch highlights of LLI classroom lectures on YouTube at <http://www.youtube.com/user/LLINova?feature=mhee>



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LLI Mission Statement

Nova Southeastern University's Lifelong Learning Institute (LLI) provides a vibrant educational environment for mature adults in South Florida. Programs promote intellectual stimulation, physical well-being, and social growth that enrich the lives of its members and the community.

The LLI Newsletter is a product of the LLI Members Advisory Committee.

Nova Southeastern University is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate's, baccalaureate, master's, educational specialist, doctorate, and professional degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Nova Southeastern University.

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.