

Lifelong Learning Institute NEWSLETTER

Published by the NSU-COM Lifelong Learning Institute: Volume 5, Number 2 / Fall 2014



MAC Chairman's REPORT

For most of us, old habits die hard. Summer may be coming to a close, but some of us are still waiting for the leaves to change. But as the dog days of August waned, we really know the leaves won't change, yet we have developed another habit.

At this time of year, we have become habituated to expect the beginning of real school at the LLI in October, and it seems maddeningly far away. It's like anticipating Opening Day in baseball after the long offseason, and in March, April's Opening Day can't get here soon enough. Although many of us have traveled, filled our summer with activities, and generally enjoyed the break, we are more than ready for school to start again. Even those of us who have been around all summer are eagerly awaiting the return of primetime.

We appreciate our summer speakers, our summer home away from home, and our friends at school since we all agree we're glad we had a summer option. But it's time for the majors. Vincent Toscano, Suzanne Ferriss, The Boys (Tim Dixon and Gary Gershman), The Geographer (Ira Sheskin), Stephen Levitt, our Costumed Historian (Marc Newman)! Tinker to Evers to Chance!

Hearing Linda cry "play ball" can't come soon enough. Indeed, old habits die hard.

Stuart P. Farber, M.D.
Chairman of the MAC

LLI COMING ATTRACTIONS

ALL THE WORLD'S A STAGE

**Who's Who in the Theater –
Looking at Different Roles and
Responsibilities**

Tuesday, October 14
12:30 – 2:00 p.m.

*Presenter: Janet Erlick, executive
director of the Fort Lauderdale
Children's Theatre*

**Inside the Actor's Mind
(includes an interactive self-
expression activity)**

Tuesday, November 11
12:30 – 2:00 p.m.

*Presenter: Janet Erlick, executive
director of the Fort Lauderdale
Children's Theatre*

**Backstage with the
Yiddish Theater**

Monday, October 27
10:00 – 11:30 a.m., and
Monday, December 15
12:30 – 2:00 p.m.

*Presenter: Miriam Hoffman,
former Yiddish professor at
Columbia University*

**The World Is a Stage...
for Everyone**

Monday, December 8
12:30 – 2:00 p.m.

*Presenters: Debbie Lombard and
David Spangler, Ph.D., executive
director of the Exceptional
Company and program
administrator/artistic director of
the Interdisciplinary Arts Program
at NSU's Abraham S. Fischler
School of Education*

ART AND WRITING

**Self-Publishing—the Good,
the Bad, and the Ugly**

Tuesday, September 20
10:00 – 11:30 a.m.

*Presenter: Judy Borich, Middle
River Press*

Haitian Art

Thursday, October 2
12:30 – 2:00 p.m.

*Presenter: Candice Russell,
former writer for the Miami Herald
and Sun Sentinel*

Demise of the Written Word

Wednesday, October 29
12:30 – 2:00 p.m.

*Presenter: Candice Russell,
former writer for the Miami Herald
and Sun Sentinel*

ECON 101

Economic Forecast for 2015

Monday, October 20
10:00 – 11:30 a.m.

*Presenter: Albert Williams, Ph.D.,
associate professor of finance
and economics, NSU H. Wayne
Huizenga School of Business and
Entrepreneurship*

**Evolution of the World That
Trade Created**

Monday, October 21
12:30 – 2:00 p.m.

*Yasmin Whitmon, M.B.A.,
entrepreneur, investor, trainer
consultant, and cohost of a
monthly investor club at NSU*



From the Desk of the DIRECTOR

By Linda E. Maurice

It's hard to believe that summer 2014 is now a thing of the past. I remember my first summer at the LLI in 2008. As few as 20-25 people attended class each day. This summer, it was not an unusual sight to see close to 100 filling the room for a lecture.

This growth is indicative of the direction we are moving in. Since 2010, we have doubled the size of our on-campus membership (222 members in the 2013-14 year) and expanded our off-campus satellites. Also new for our off-campus programming is that for the first time, we will be bringing classes not just to independent retirement communities, but also to 55-plus communities. It is increasingly evident that more and more mature adults want educational opportunities to fill their time instead of more traditional pastimes.

The world of growing up is changing, and the LLI is doing its best to keep up. Our age demographic is getting younger. For example, we had no members in their 60s back in 2007, and now we have quite a number of members in that age group. In addition, there is a pretty even ratio of men to women, which wasn't the case 10 years ago when it was about 70 percent women and 30 percent men. Our average member is somewhere in his or her early to mid-70s. I once gave a conference presentation on "It's Not Your Grandparents' Retirement." Times are definitely different.

We had a great response to the 2013-14 annual survey, and with it came responses on the desire to add more topics on theater, economics, and the sciences. Keep an eye out for the aforementioned topics to pop up in upcoming schedules.

I hope everyone has a wonderful, exciting, and stimulating 2014-15 academic year.

All the best,

Linda

The LLI Newsletter is a product of the LLI Members Advisory Committee.

"Like" us on Facebook at <http://www.facebook.com/llinsu>

**Follow us on Twitter at
"LLINSU" - <http://twitter.com/#!/LLINSU>**

**Watch highlights of LLI classroom lectures on YouTube at
<http://www.youtube.com/user/LLINova?feature=mhee>**

LLI Welcomes New Members

Shirley Durbin
Fritz Etienne
Evelyn Grunberg
Layne Habib
Lila Kimbar
Judith Moses
John Orosz
Stephen Pollinger
Barry Shapiro
Roseanne Stricka
Bill Tolliver
Cy West

Tribute Fund Donations

Maxine Jordan

in honor of Lee Sacks' 80th birthday

Lenny and Phyllis Greenstein

in honor of Lee Sacks' 80th birthday

Heike and Ken Dose

in honor of Lee Sacks' 80th birthday

Linda and Charles Maurice

in honor of Lee Sacks' 80th birthday

ESRN

(Elder Service Resource Network, Inc.)

Dennis Simunek

in honor of Lee Sacks' 80th birthday

Linda Maurice

in memory of Jean Richek

Heike Dose

in memory of Jean Richek

Linda Maurice and Heike Dose

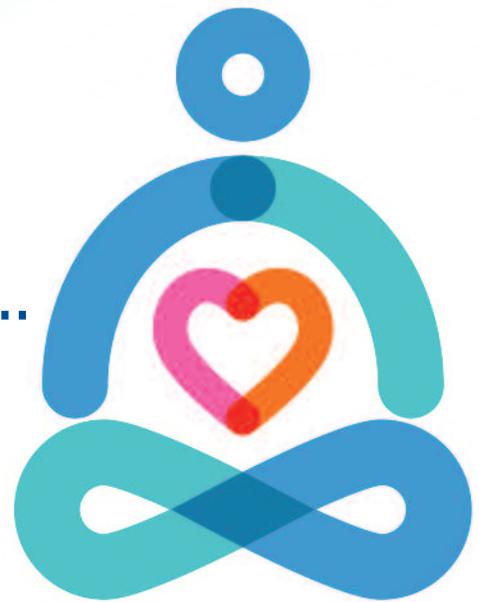
in memory of Gifford Gallimore

LLI Mission Statement

Nova Southeastern University's Lifelong Learning Institute (LLI) provides a vibrant educational environment for mature adults in South Florida. Programs promote intellectual stimulation, physical well-being, and social growth that enrich the lives of its members and the community.



The LLI Warmly Welcomes... BETH ALLEN



The LLI is excited to welcome a new staff member. As the institute's new community relations specialist, Beth Allen will be in charge of managing and expanding our off-campus programming. Following is a brief Q&A session with our new staff addition:

You have a long history of involvement in the South Florida community. Can you tell us a little bit about how and why you came to work in the nonprofit and educational world?

As a teenager I volunteered at a nursing home in my hometown of Rochester, New York, and it had a profound influence on me. I knew I wanted to work with people in a social service or educational setting. After college, I was employed by the University of Rochester, followed by the Center for Creative Studies/College of Art and Design in Detroit, Michigan. In these positions, I worked with students and alumni, where I counseled students, organized events, and promoted educational opportunities. When I moved to Florida, I was fortunate to be hired by the David Posnack Jewish Community Center in 1988 and held various positions there until 2008, which is when I became executive director of the Joseph Meyerhoff Senior Center/Southeast Focal Point. I enjoy working with people of all ages, especially teens, college-age students, and older adults who are open to learning and living life to its fullest.

With all of your experience working with older adults, what are your observations about the modern world of aging and how people view themselves and their new and different opportunities?

Many people I meet feel younger (mental vs. biological) than their chronological age. While I have adult children and am in my 60s, my mental age is 22. I like to ask people their mental age as it is indicative of their attitude about aging. The aging

journey can be joyful or it can be dreadful. I have learned that healthy aging means moving your body and constantly learning new concepts. When you stop moving and learning, there is physical and cognitive decline. I know old people in their 60s and young people in their 90s. While genetics and environment play a role in how we age, attitude and good choices can make a huge difference in the aging process. With so many people living longer and healthier, there are many opportunities to enjoy life, have new experiences, and make friends through shared interests.

Tell us a little bit about yourself. For example, what do you like to do in your spare time?

I am an avid walker and practice yoga. Most mornings, I walk three miles with my neighbors before 7:00 a.m. At age 72, my husband, David, teaches yoga, and we have both practiced it for over 35 years. I am an Ageless Grace™ Educator and hope to present this program at the LLI in the future. I have belonged to a book group since I moved here in 1982 and love to read good literature, both contemporary and classics. We enjoy traveling both in the United States and overseas and visiting our children—Marc in California and Sara in Chicago, Illinois. Having lived in Italy as a student, I love all things Italian and would love to spend more time there. I also volunteer with the Exceptional Theater Company—a drama program for individuals who have physical or mental limitations.

What are you looking forward to most from being a part of the LLI family?

I enjoy new challenges and I look forward to being part of a great team. I also am excited to meet the participants in the program, being out in the community to encourage participation, and to continue learning each day.

LLI Writer's Corner

JUDY MOSES



To Books

Silent mouths
Wisdom's mothers
Be patient with your tardy audience.
How do you fill the pain
Of uneventful days?
Of your benevolence?
And of your need
To share?

Art for Art's Sake

With such intensity
We pour our strength
Into monuments
To our love of God
When he spared nothing
To create us
To be his only monuments
In the meantime,
Carved in stone
Faces and hands
Look on and wait
Gladly releasing us
To turn away
From their cold, still company
When we are ready
To face one another
Hand in hand

Poetry

Mind's journey
Moment of pain
Shadow of joy
Delicious vision
Whetstone of the brain
Recalling dreams
In ceaseless employ



EDITOR

Scott Colton, B.A., APR

COM/HPD Director of Medical Communications and Public Relations

GRAPHICS

Brandee Evans, HPD Graphic Designer

Nova Southeastern University is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate's, baccalaureate, master's, educational specialist, doctorate, and professional degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Nova Southeastern University.

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.