LIFELONG LEARNING IS AN INTERGENERATIONAL EXPERIENCE

By Linda Maurice, M.A.
Director, Community Education and Lifelong Learning

The world of aging is changing, and with it, so are the programs and opportunities being offered or created for our aging population, including here at the NSU Lifelong Learning Institute. While structured lifelong learning programs have been around in one way, shape, or form for a long time, university programs like the NSU LLI have been around less than 50 years. And they are constantly evolving.

This past spring, I had the opportunity to attend and present at the annual American Society on Aging’s Aging in America Conference. One of the sessions on my to-do list was attending a session on “Planning and Implementing High-Quality Intergenerational Programs.” Normally, a session like this draws 35–40 attendees and is situated in a small conference room.

This particular program was standing-room-only, packed wall-to-wall with people associated with lifelong learning programs, community centers, municipalities, continuing care retirement communities, and more. It seems I was not the only one who understood that a huge component of current and future aging practices should center on blending the ages in our programming.

At the NSU LLI, we already encourage and offer intergenerational opportunities in different ways. Here are a few current opportunities.

**NSU Class Auditing** – This is one of the best values of your LLI membership, because it allows you to expand your learning beyond the LLI classroom. You also get to sit side-by-side with current undergraduate and graduate students who are pursuing their degrees.

**NSU University School Fellowship** – For several years, we have collaborated with the USchool Fellowship Program (see sidebar story), pairing up high school seniors with LLI members to work on communication and interview skills.

**Standardized Patient Program** – Our parent college, the Dr. Kiran C. Patel College of Osteopathic Medicine, is always looking for standardized patients to work with the medical students. Standardized patients receive an hourly payment for their time.

I hope this list will grow in time as additional intergenerational learning opportunities present themselves to the LLI membership. In my opinion, mature adults should actively seek out these options, as they can further enrich their lives and expand their passion for lifelong learning.
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By Samantha Nelson
Director of Experiential Learning
NSU University School

The NSU Department of Writing and Communications (DWC) Fellowship Program is a structured internship fusing leadership, scholarship, and experiential learning. Students who have demonstrated interest and skill in communications are chosen to interact with the NSU College of Arts, Humanities, and Social Sciences DWC, the NSU Office of Student Media, and the NSU Lifelong Learning Institute.

DWC fellows have access to NSU’s student-run TV station (SUTV), radio station (RadioX), and newspaper (The Current) as they explore the fields of journalism, broadcasting, and communications and obtain hands-on experience in interviewing, feature writing, and radio and film production.

This past winter, the DWC had 14 fellows. Their cumulative projects were to create written print pieces and documentaries about older student volunteers from the NSU LLI. Students thoroughly enjoyed their visits with their volunteers, and the intergenerational experience was meaningful for all. We eagerly look forward to participating in this engaging experience again this winter.
MEET LLI STUDENT WORKERS
MARIA PEDROZA AND JOHN SAMAME

MARIA PEDROZA is a third-year student at NSU’s College of Psychology, where she is pursuing a bachelor’s degree in psychology and a minor in behavioral neuroscience.

She worked with her local elementary school to develop and implement STEM Para Todos, a program that intertwines STEM with Spanish. The program not only provides children with STEM knowledge and mentoring, but also foments the preservation of the Spanish language and its proficiency. Because of her efforts, she was nominated for a Silver Knight Award in the World Languages category.

Pedroza has been living in South Florida for six years since moving from Mexico, where she was born. Inspired by her volunteer work with Feeding South Florida, she looks forward to studying the impact of nutrition on mental health. She hopes to pursue a doctorate in clinical psychology and work to spread awareness regarding mental health.

JOHN SAMAME was born in Peru and moved to Florida when he was three years old. He is in his third semester in the NSU cardiopulmonary science program. Before he started the program, he went backpacking across Europe, where he enjoyed meeting new people and exploring places with different cultures, backgrounds, and ways of life.

Stop by, say hello to both Maria and John, and welcome them to the LLI family.

MEMBERS ADVISORY COMMITTEE CHAIR REPORT

By Stuart P. Farber, M.D.

How is it fall already? How is it that the LLI is already back to a full day schedule? How is it that the NSU fall semester is underway and auditing has recommenced? How is it the presidential campaign has begun? We travel, we return, and we fall right back into our routines without missing a step. It’s good to get away, but it’s good to come home.

Our lives are cyclical, and the wheel seems to turn much faster as time goes by. I can’t help but think, however, how fortunate we are, that every degree of arc on the circle is enjoyable. And that much of that arc is occupied by the LLI. Whether it’s the lectures, the lecturers, hanging out with our friends, solving the problems of the day, or just venting, how lucky we are that the LLI is our go-to place.

I hope everyone has a great year. I’m looking forward to seeing you in the quad.

SUMMER 2019 at the LLI
TRIBUTE FUND DONATIONS
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It is no secret that quality of life is greatly improved when the mind and the body are properly nourished. The LLI successfully addresses the mind through educational programs that are conducted in a social atmosphere, and AvMed’s Club Aspire strives to address physical well-being and a WELLfluent lifestyle that is rich in health and happiness.

With premiere programs that include Silver Sneakers, movie events, and informational sessions, Club Aspire engages and connects throughout the year, promoting prevention, connectedness, and ongoing learning.

Please remember that the online calendar is the most up-to-date schedule of LLI classes. Printed calendars may change, so please save this link: nova.edu/llicalendar.

EAST CAMPUS INTERNET ACCESS: You can connect to Wi-Fi under “Guest.” Any other Wi-Fi, such as “1NSU,” will not work since it is for students and faculty/staff members.

LLI ADDRESS
NSU East Campus Alumni Hall
3100 SW 9th Avenue, Fort Lauderdale, FL 33315

THE LLI MISSION
Nova Southeastern University’s Lifelong Learning Institute (LLI) provides a vibrant educational environment for mature adults in South Florida. Programs promote intellectual stimulation, physical well-being, and social growth that enrich the lives of its members and the community.

Nova Southeastern University is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate’s, baccalaureate, master’s, educational specialist, doctorate, and professional degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Nova Southeastern University.

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, gender, gender identity, military service, veteran status, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs. Any such acts are unacceptable and strictly prohibited by the university.