Appropriate Attire and Packing Suggestions for AIM-High

Congratulations and welcome to AIM-High! It will be an exciting week to remember!

We expect all AIM-High participants to adhere to the clothing policies set forth by the Dr. Kiran C. Patel College of Osteopathic Medicine since many of our sessions take place in the medical school facilities. Appropriate business attire for daytime sessions includes*:

- Pants
- Capris
- Collar shirts
- Dressy t-shirts
- Skirts
- Casual dresses
- Sweater/sweatshirt (for the air-conditioned dorms and classrooms that may get a little chilly)
- COMFORTABLE WALKING shoes as sessions are scheduled all over campus
- Semi-formal attire for Friday night Gala

Permissible attire during the social evening activities or community service event:

- Shorts (modest)
- T-shirts
- Sweatpants or yoga pants
- Closed toe shoes for disaster medicine drill (preferably tennis shoes)

* South Florida can get very hot in the summer; pack accordingly.

**Other things students should include in their packing:**

- Umbrella/rain jacket
- Comforter/Blanket/Sheets and a pillow (Twin XL Sized- dorm beds are slightly longer)
- Toiletries (including feminine hygiene products)
- Bath soap
- THREE bath towels and ONE hand towel
- Sunglasses
- Sunscreen
- Any necessary prescription medication
- Cell phone chargers/cords

**AIM-High provides the following for all participants:**

- A lab coat
- Stethoscope
- small backpack
- water bottle
- Basic office supplies: pen, notebook and folder
The following items should NOT be brought to camp:

NSU is not responsible for lost, damaged, or stolen items. Please do not send valuable items that might be damaged if brought to camp:

- Expensive clothing or anything that you or the camper would be upset if it became scratched, stained, battered, broken, lost or unrecognizable, should not be brought to AIM-High.