

CURRICULUM VITAE

Roody Joseph, PT, DPT, OCS
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EDUCATION

Aug 2013- Dec 2014

Post-Doctoral Orthopaedic Residency, Wexner Medical Center Sports Medicine, Department of Physical Therapy (PT), *The Ohio State University, Columbus, OH.*

- Focus: Orthopaedics and clinical research (Hip)
- Mentor: Melissa Kidder, John Dewitt, Stephanie Di Stasi, Lois Bernhardt

Aug 2009- Aug 2012

Doctorate of Physical Therapy (DPT), Graduate Student, *Florida International University, Miami, FL.*

Jan 2007- May 2009

Bachelors in Health Sciences (BS), Undergraduate Student, *Florida International University, Miami, FL.*

Aug 2004- Dec 2006

Associates in Arts (AA), Undergraduate Student, *Palm Beach State College, Lake Worth, FL.*

LICENSURE INFORMATION/REGISTRATION NUMBER

Ohio PT License: PT014445

Florida PT License: PT27895

CERTIFICATIONS (EG, ABPTS)

Orthopaedic Certified Specialist (OCS): 47177

- Governing Body: American Board of Physical Therapy Specialty (ABPTS)

EMPLOYMENT AND POSITIONS HELD

Oct 2019-Present

Owner/ Physical Therapist, *A.R.T Physiotherapy, Fort Lauderdale, FL.*

- Founder and sole physical therapist
- Private practice offering Telehealth and in-person orthopaedic and sport physical therapy

Dec 2015-Present

Assistant Professor/ Physical Therapist, Dr. Kiran C. Patel College of Osteopathic Medicine (KPCOM), NSU Florida, Fort Lauderdale, FL.

- Team physical therapist for NSU Florida Sports Medicine where I provide primary, secondary and tertiary care for movement dysfunctions and musculoskeletal injury.
- Assistant professor within the Osteopathic Principals and Practice (OPP) department. Assignment includes lecture and lab duties covering manual and manipulative theory and orthopedic material covering the axial and appendicular skeleton.
- Clinical researcher
- KPCOM Research committee member
- KPCOM Admissions committee member
- KPCOM Unity Program and Diversity Equity and Inclusion (DEI) committee member
- Faculty advisor to graduate medical students
- Faculty mentor to undergraduate students
- Consultant to local organizations within Broward County on safe sport practices at the grade school level
 - Middle school
 - High school
- Clinical instructor for rotating graduate Doctor of Physical Therapy students
- College representative on international medical service trips

March 2015-March 2020

Physical Therapist, Outpatient Orthopedics, Memorial Health System, Miramar, FL

- Served as a physical therapist within the Memorial Hospital Miramar rehabilitation department treating in both the outpatient and inpatient (telemetry, medical/surgical and intensive care unit (ICU)) divisions

Aug 2013 – Dec 2014

Physical Therapist/Resident/Researcher, Wexner Medical Center Sports Medicine, Department of Physical Therapy, The Ohio State University, Columbus, OH.

- Served as a physical therapist and resident within the Wexner Medical Center Sports Medicine Department and Department of Physical Therapy. Duties included
 - Independent outpatient clinical care pursuant to a licensed provider
 - Mentored outpatient clinical care
 - Graduate teaching
 - Clinical research
 - Research presentation at a national conference (Platform)
 - Research publication
 - Sideline sport exposure
 - Physician clinical shadowing
 - Physician operating room (OR) shadowing
 - Occupational therapy shadowing

Mar 2013 – Aug 2013

Physical Therapist, Select Physical Therapy, Boca Raton, FL

- Served as a physical therapist within an outpatient clinic treating musculoskeletal and movement injuries such as orthopedic strains and sprains, overuse injury, chronic pain, work related injury, and orthopedic surgery

Mar 2013 – Aug 2013

Physical Therapist, NuVista Living Skilled Nursing Facility, Wellington, FL

- Served as a physical therapist within a skilled nursing facility (SNF) treating the geriatric population for musculoskeletal and neurologic conditions

LANGUAGES

English

Creole

PEER REVIEWED PUBLICATIONS

Principal Investigator

Joseph R, Pan X, Cenkus K, Brown L, Ellis T, Di Stasi S. Sex Differences in Self-Reported Hip Function Up to 2 Years after Arthroscopic Surgery for Femoroacetabular Impingement. *Am J Sports Med.* 2016 Jan; 44(1): 54-9. PMID: 26546302.

- Responsibilities: Study development and implementation, data analyses and preparation of manuscript.

PEER REVIEWED SCIENTIFIC AND PROFESSIONAL PRESENTATIONS

Joseph R. *The Implicit Bias of Healthcare Equity*. Lecture at the FSACOFPP Annual Conference. Orlando, FL, August 2022 (Upcoming).

Joseph R. *Beyond the Frontlines: An interdisciplinary Approach to Concussion Management*. Lecture at the FSACOFPP Annual Conference. Orlando, FL, August 2022 (Upcoming).

Joseph R. *Physical Therapy: Equity and Representation*. Lecture to University of Miami (UM) graduate physical therapy students. Miami, FL, July 2022

Joseph R. *Physical Therapy: Equity and Representation*. Lecture to University of Saint Augustine (USA) graduate physical therapy students. Miami, FL, June 2022

Joseph R. *Global Transformers Panelist*. National Association of Black Physical Therapist (NABPT) Annual Conference. Virtual, June 2022.

Joseph R. *Osteopathic Manipulative Medicine (OMM) Practical Demonstration*. Student National Medical Association (SNMA) Annual Conference. Orlando, FL, 2022.

Joseph R. *My Neck and Head Hurt, I'm Dizzy and Easy to Fatigue with Exercise: Physical Therapy and Concussion Recovery*. Lecture at the Annual Neuro-Sport Conference. Hollywood, FL, January 2022.

Joseph R, Issac L, Lashley L, Sayani A. *Sports- Related Concussion: A Team Approach*. Lecture to the Kiran C. Patel College of Osteopathic Medicine faculty. Davie, FL, August 2021.

Joseph R, Grant T. *Racial Consciousness Throughout American History*. Lecture to the Kiran C. Patel College of Osteopathic Medicine faculty, staff and student body. Davie, FL, August 2020.

Joseph R. *Return to Play Considerations after Spine Injuries*. Lecture at the Sports Medicine Clinic at NSU Florida. Davie, FL, May 2020.

Joseph R. *Hip and Pelvis Anatomy and Physiology Part 2*. Lecture at the Sports Medicine Clinic at NSU Florida. Davie, FL, May 2020.

Joseph R. *Hip and Pelvis Anatomy and Physiology Part 1*. Lecture at the Sports Medicine Clinic at NSU Florida. Davie, FL, May 2020.

Joseph R. *Ankle and Foot Anatomy and Physiology Part 2*. Lecture at the Sports Medicine Clinic at NSU Florida. Davie, FL, May 2020.

Joseph R. *Ankle and Foot Anatomy and Physiology Part 1*. Lecture at the Sports Medicine Clinic at NSU Florida. Davie, FL, April 2020.

Joseph R. *Knee Orthopaedic Pearls*. Lecture at the Sports Medicine Clinic at NSU Florida. Davie, FL, April 2020.

Joseph R. *Tendinopathies of the Elbow, Wrist and Hand*. Lecture at the Sports Medicine Clinic at NSU Florida. Davie, FL, March 2020.

Joseph R. *Knee Anatomy and Physiology*. Lecture at the Dr. Kiran C. Patel College of Osteopathic Medicine at NSU Florida. Davie, FL, November 2018 and 2019.

Joseph R. *Orthopaedic and Sport Myths*. Lecture to the Sports Medicine Club at the Dr. Kiran C. Patel College of Osteopathic Medicine at NSU Florida. Davie, FL, January 2019

Joseph R. *ACL Concepts*. Lecture to the Sports Medicine Club at the Dr. Kiran C. Patel College of Osteopathic Medicine at NSU Florida. Davie, FL, April 2018.

Joseph R. *Therapeutic Modalities*. Lecture to Athletic Trainers at NSU Florida. Davie, FL, July 2017.

Joseph R. *Upper Extremity Entrapment Neuropathies*. Lecture at the Dr. Kiran C. Patel College of Osteopathic Medicine at NSU Florida. Davie, FL, May 2017, 2018, 2019

Joseph R, Posey A, Lashley L. *Concussions and the Student Athlete*. Lecture to Physician Assistant (PA) Graduate Students at NSU Florida. Davie, FL, March 2017.

Joseph R, Posey A, Carter I, Lashley L. *What do I Need to Know About Sport Related Concussion?* Lecture to Sport Coaches at the Sports Medicine Clinic at NSU Florida. Davie, FL, January 2017.

Joseph R. *The Hip*. Lecture at the Dr. Kiran C. Patel College of Osteopathic Medicine at NSU Florida. Davie, FL, October 2016, 2017, 2018, 2019.

Joseph R. *Lower Extremity Entrapment Neuropathies*. Lecture at the Dr. Kiran C. Patel College of Osteopathic Medicine at NSU Florida. Davie, FL, March 2016, 2017, 2018, 2019.

Joseph R. *Gait*. Lecture at the Dr. Kiran C. Patel College of Osteopathic Medicine at NSU Florida. Davie, FL, January 2016, 2017, 2018, 2019, 2020.

Joseph R, Cenkus KJ, Brown LA, Ellis T, Di Stasi S. *Sex Differences in Self-Reported Function up to Six Months After Hip Arthroscopy for Symptomatic Femoroacetabular Impingement*. Platform presentation at the Combined Sections Meeting of the American Physical Therapy Association. Indianapolis, IN, February, 2015.

Joseph R, Cenkus KJ, Brown LA, Ellis T, Di Stasi S. *Sex Differences in Self-Reported Function up to Six Months After Hip Arthroscopy for Symptomatic Femoroacetabular Impingement*. Poster presentation at the Scientific Symposium of the Ohio Physical Therapy Association. Columbus, OH, October 2014.

Joseph R, Kowitz M. *Ergonomics in Dentistry*. Educational presentation at The Ohio State University. Columbus, OH, September 2014.

Joseph R, Kowitz M, Sullivan K, Davis C. *Imaging Techniques in Orthopedics*. Educational presentation at The Ohio State University. Columbus, OH, September 2014.

Joseph R, Kowitz M. *Systems Review in Orthopedic Physical Therapy*. Educational presentation at The Ohio State University. Columbus, OH, August 2014.

Joseph R. *Pediatric Flatfoot*. Educational presentation at The Ohio State University. Columbus, OH, July 2014.

Joseph R. *ACL Rupture Case Study*. Educational presentation at The Ohio State University. Columbus, OH, June 2014.

Joseph R. *MR Imaging of ACL Injuries*. Educational presentation at The Ohio State University. Columbus, OH, June 2014.

Joseph R, Gindoff J. *Medial Compartment Knee Osteoarthritis: Gait Changes and Treatment*. Educational presentation at The Ohio State University. Columbus, OH, May 2014.

Joseph R. *Imaging for Lumbar Spondylolisthesis*. Educational presentation at The Ohio State University. Columbus, OH, May 2014.

Joseph R. *Slipped Capital Femoral Epiphysis in Pediatrics*. Educational presentation at The Ohio State University. Columbus, OH, May 2014.

Joseph R. *Lumbar Radiculopathy Case Study*. Educational presentation at The Ohio State University. Columbus, OH, April 2014.

Joseph R. *Differential Diagnosis of Traumatic Cervical Spine Injuries in Pediatrics*. Educational presentation at The Ohio State University. Columbus, OH, March 2014.

Joseph R. *Elbow and Hand Imaging Techniques*. Educational presentation at The Ohio State University. Columbus, OH, February 2014.

Joseph R. *Lateral Epicondylitis Case Study*. Educational presentation at The Ohio State University. Columbus, OH, February 2014.

Joseph R. *Orthopedic Shoulder Injuries in Pediatrics*. Educational presentation at The Ohio State University. Columbus, OH, January 2014.

ABSTRACTS

NON-PEER REVIEWED PUBLICATIONS

None

NON-PEER REVIEWED PRESENTATIONS

None

FUNDED/IN REVIEW GRANT ACTIVITY

NSU Florida President's Faculty Research and Development Grant (2022-2023)

- This grant will support an interdisciplinary study titled "Cognitive and Functional Impairments and Premature Aging in the Homeless Population"

NSU Florida Health Professions Division (HPD) Grant; Ten-thousand-dollar research grant; In review (2022)

- The funds from this grant, if awarded, will serve to conduct an experimental study designed to implement a lower extremity injury risk reduction protocol to high school age varsity football players.

American Osteopathic Association (AOA) Grant; One hundred and fifty-thousand-dollar research grant; Awarded (2018)

- The purpose of this grant is to support in identifying the effects of osteopathic manipulation on return to play and return to life activities in those diagnosed with concussion (Ongoing).

CURRENT/ACTIVE RESEARCH ACTIVITY

Co-investigator

Cavanaugh G, Joseph R. Cognitive and Functional Impairments and Premature Aging in the Homeless Population.

- Responsibilities: study development and implementation, preparation of manuscript

Practicum advisor

Macia A, Fatima M, Dominguez A, Nguyen N, Hirani D, Mughal H, Lerulli J, Jacobs R, Joseph R. Assessment of Quality-of-Life Reporting After ACLR in Division 2 College Athletes.

- Responsibilities: Faculty advisor, study design, implementation, material preparation

Principal investigator

Joseph R, Schneider N, Patel H, Stephens B, Dent C. Implementation of an Offseason Lower Extremity Injury Risk Reduction Program in High School Football. Ongoing.

- Responsibilities: Study development and implementation, data analyses and preparation of manuscript.

Co-investigator

Posey A, Lashley L, Hardigan P, Joseph R, Issac L, Johnson M. Effects of OMT on Return to Play Post-Concussion. Ongoing.

- Responsibilities: study implementation and preparation of manuscript

Co-investigator

Hacker A, Joseph R, Posey A, Guynn C, Farrell L. The Balancing Act of Persistent Postural Perceptual Dizziness: A Case Report. Submitted for review, *Cureus Publication*.

- Responsibilities: treating clinician, preparation of manuscript

MEMBERSHIP IN SCIENTIFIC/PROFESSIONAL ORGANIZATIONS

- | | |
|---|---------------|
| • American Physical Therapy Association (APTA) | 2010- Present |
| • American Physical Therapy Association-Florida chapter | 2010- Present |
| • Phi Kappa Phi Honor Society | 2007- Present |
| • Golden Key International Honour Society | 2007- Present |
| • Sigma Omega Zeta Health Sciences Honor Society | 2007- 2009 |

CONSULTATIVE AND ADVISORY POSITIONS HELD

- FPTA Access Founding Chair, Florida Physical Therapy Association diversity, equity and inclusion committee
2020- Present

- Advocacy Director, Florida Physical Therapy Association South East District
2018- 2022
- Faculty Advisor, Physical Medicine & Rehabilitation (PM&R) Club, NSU Florida
2018- Present
- Faculty Advisor, Sports Medicine Club, NSU Florida
2018- 2020
- Faculty Mentor, Bachelors of Public Health Program (BSPH), NSU Florida
2017- Present
- Broward County Athletics Association (BCAA) Health and Wellness Committee
2016- Present

COMMUNITY SERVICE

- T. Leroy Jefferson Medical Society (TLJMS) COVID-19 rapid testing community event,
Belle Glade FL
March 2021
- NSU Florida KPCOM Achieve in Medicine (AIM-high) High School Medical Emersion
Camp
2017- Present
- NSU Florida Broward County Community Health Fairs
2017- Present
- BCAA Parent Night, Broward County Public Schools
2017- Present
- NSU Florida KPCOM Medical Service Trip, Jamaica
June 2019
- TLJMS Annual Healthcare & Science Stars of Tomorrow Symposium
Spring 2019
- FNE International Medical Service Trip, Peru
Dec 2016- Jan 2017
- NSU Florida Concussion Education Course, Broward County Coaches
Jan 2017

SERVICES TO THE UNIVERSITY/COLLEGE/SCHOOL ON

- Cureus Publications, Deputy Flagship Editor
2020- Present
- NSU Florida KPCOM Admission Committee
2020- Present
- NSU Florida KPCOM Diversity Equity and Inclusion Committee
2020- Present
- NSU Florida KPCOM Research Committee
2017- Present
- NSU Florida KPCOM AIM-HIGH Camp
2017- Present
- NSU Florida KPCOM OSCE

2016- Present

- Class Vice President, Physical Therapy Department, Florida International University
2009- 2012
- Marketing Director, Sigma Omega Zeta Health Sciences Honor Society, Florida
International University
2007- 2008

HONORS AND AWARDS

- NSU Florida Grant Writing Mentoring Program, Certificate of Completion (2022)
- University of Miami (UM) Clinical Excellence Award (2022)
- APTA Emerging Leader Award: State of Florida (2021)
- NSU Florida External Funding Award (2020)
- NSU Florida External Funding Award (2019)
- Best Poster Presentation Abstract: Sex Differences in Self-Reported Hip Function Up to Two Years after Arthroscopy for Femoroacetabular Impingement, OPTA Research Committee (2014)
- Magna Cum Laude (2009)
- Florida International University Medallion of Distinction (2009)
- Sigma Omega Zeta Health Sciences Honor Society Certificate of Appreciation (2008)
- Arnold S. Friedman Health & Nursing Scholarship (2008)

CONTINUING EDUCATION ATTENDED

2022 Combined Sections Meeting of the American Physical Therapy Association
2020 Combined Sections Meeting of the American Physical Therapy Association
2019 American Osteopathic Academy of Sports Medicine Clinical Conference
2019 Combined Sections Meeting of the American Physical Therapy Association
2018 Critical Appraisal of Literature
2018 Combined Sections Meeting of the American Physical Therapy Association
2017 Combined Sections Meeting of the American Physical Therapy Association
2016 Combined Sections Meeting of the American Physical Therapy Association
2015 Combined Sections Meeting of the American Physical Therapy Association
2014 The Ohio State University Endurance Medicine Symposium
2014 Selective Functional Movement Assessment
2014 The Ohio State University Hip Symposium
2014 The Ohio State University Concussion Symposium
2014 Combined Sections Meeting of the American Physical Therapy Association
2013 Clinical Education in the Contemporary Clinical Environment
2013 Examination and Intervention of the Lumbopelvic Complex
2013 Kinematic Taping
2012 Florida Physical Therapy Association Student Conclave
2012 American Physical Therapy Association Annual Conference and Expo

TEACHING EXPERIENCES IN THE ENTRY-LEVEL PROGRAM

Aug 2013-Dec 2013:

Teaching Assistant, Musculoskeletal skills lab 1, The Ohio State University division of physical therapy.

January 2014-April 2014:

Teaching Assistant, Musculoskeletal skills lab 2, The Ohio State University division of physical therapy.

May 2014-Aug 2014:

Teaching Assistant, Anatomy 6000, The Ohio State University division of physical therapy.

Aug 2014- Dec-2014:

Teaching Assistant, Musculoskeletal skills lab 1, The Ohio State University division of physical therapy.

January 2016-present:

Assistant Professor, COM-6124, NSU Florida Dr. Kiran C. Patel College of Osteopathic Medicine

January 2016-present:

Assistant Professor, COM-5122, NSU Florida Dr. Kiran C. Patel College of Osteopathic Medicine

REFERENCES

Stephanie Di Stasi Roewer, PT, PhD, OCS
Assistant Professor, Department of Orthopaedics
Sports Health and Performance Institute
Ohio State University Sports Medicine
Suite 3100
2050 Kenny Road
Columbus, OH 43221
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Peter Sprague, PT, DPT
Department of Rehabilitation Medicine
Emory University School of Medicine
1462 Clifton Road, Suite 312
Atlanta, GA 30322
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John Dewitt, PT, SCS, ATC
Team Leader, Rehabilitation
Assistant Clinical Professor School of Physical Therapy
Ohio State University Sports Medicine
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Melissa Kidder, PT, OCS
Staff Physical Therapist
Coordinator for the Orthopaedic Physical Therapy Residency Program
Ohio State University Sports Medicine
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Columbus, OH 43221
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