Bachelor of Science in Human Nutrition (BSHN)

Suggested FOUR YEAR CURRICULUM- DO 3+ 4 | 2026-2027 CATALOG

*** PlAN INCLUDES FRESHMAN SUMMER SEMESTER AND MINIMUM MATH 1250 AND COMP 1500 PLACEMENT AT ADMISSION**

Attributes: BSPH = Pre-Med, BSP3 = Pre-Med 3+4, BSP4 = Pre-Med 4+4

Freshman Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
BSHN 1200: Nutrition for Health Professions	3	BSHN 1300: Careers in Nutrition	3	CHEM 2400: Organic Chemistry I/Lab	4
UNIV 1000: First Year Seminar	3	Open Arts and Humanities LITR Suggested	3		
CHEM 1300: General Chemistry I/Lab	4	CHEM 1310: General Chemistry II/Lab	4		
MATH 1250: Trigonometry	3	COMP 1500: College Writing	3		
BIOL 1500: Biology I/Lab	4	BIOL 1510: Biology II/Lab	4		
Total Credits	**17**	**Total Credits**	**17**	**Total Credits**	**4**
		Total Credits	**38**		

Sophomore Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
BSHN 2000: Principles of Wellness	3	BSHN 3000: Lifespan Nutrition	3	**MCAT**	
BSHN 2100: Food, Traditions, and Society	3	BSHN 3200: Nutrition at the Cellular Level	3	**Medical School Application Process**	
BSHN 2300: Nut. Educ, Counseling, & Communication	3	CHEM 3650: Biochemistry/Lab	4		
PHYS 2350: General Physics I/Lab	4	PHYS 2360: General Physics II/Lab	4		
CHEM 2410: Organic Chemistry II/Lab	4	BPH 3000 MCAT Contest Review and Test Strategies: Suggested	2		
Total Credits	**17**	**Total Credits**	**14**	**Total Credits**	**0**
		Total Credits	**69**		

Junior Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
BSHN 3100 Nutrition Advocacy & Public Policy	3	BSHN 2400: Community Nutrition	3		
BSHN 4100: Principles of Medical Nutrition Therapy	3	BSHN 2500: Introduction to Food Service Systems	3		
BSHN 4200: Human Function and Nutrition	3	BSHN 4000: Exploring Nutrition Research	3		
MATH 2020: Applied Statistics	3	BSHN 4300: Principles of Medical Nutrition Therapy II	3		
Open Social & Behavioral Sciences PSYC 1020 Suggested	3	Open Social & Behavioral Sciences SOCL 1020 Suggested	3		
COMP 2000: Advanced College Writing	3	Open Arts and Humanities: PHIL 3180 suggested	3		
Total Credits	**18**	**Total Credits**	**18**	**Total Credits**	**0**
		Total Credits	**105**		

Senior Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
Transition to DO Program. *Remaining Major Electives and Open Electives completed in DO Program					
Total Credits		**Total Credits**	**15**	**Total Credits**	**0**
		Total Credits	**120**		

TOTAL CREDITS: 120