

Bachelor of Science in Human Nutrition FOUR YEAR CURRICULUM | 2025-2026 CATALOG



Attributes: BSPH = Pre-Med, BSP3 = Pre-Med 3+4, BSP4 = Pre-Med 4+4

UNIVERSITY							
Freshman Year							
Fall		Winter		Summer			
Course	Credits	<u>Course</u>	Credits	Course	Credits		
BSHN 1200: Nutrition for Health Professions	3	BSHN 1300: Careers in Nutrition	3				
BSHN Open Major Elective	3	BSHN Open Major Elective	3				
MATH 1040: Algebra for College Students	3	MATH 2020: Applied Statistics	3				
COMP 1500: College Writing	3	COMP 2000: Advanced College Writing	3				
UNIV 1000: First Year Seminar	3	BIOL 1500: Biology I/with lab	4				
Total Credits	15	Total Credits	16	Γotal Credits	0		
		Total Credits	31				

^{*}This plan is based on student starting at least at the level of MATH 1200 Precalculus

The plan will need to be adjusted for students who begin at a lower level of MATH.

		Sophomore Year			
Fall		Winter		Summer	
Course	Credits	<u>Course</u>	Credits	Course	Credits
BSHN 2000: Principles of Wellness	3	BSHN 2400: Community Nutrition	3		
BSHN 2100: Food, Traditions, and Society	3	BSHN 2500: Introduction to Food Service Systems	3		
BSHN 2300: Nutrition Education and Counseling	3	CHEM 1300: Chemistry I/lab	4		
SOCL 1020: Introduction to Sociology	3	PSYC 1020: Introduction to Psychology	3		
A & H Open Arts and Humanities	3	A & H Open Arts and Humanities	3		

Total Credits	15	Total Credits	16		Total Credits	0
			Total Credits	62		

		Total Cicuits	02		
		Junior Year			
Fall		Winter		Summer	
Course	<u>Credits</u>	Course	Credits	Course	Credits
BSHN 3000: Lifespan Nutrition	3	BSHN 3200: Nutrition at the Cellular Level	3		
BSHN 3100: Nutrition Advocacy & Public Policy	3	BSHN 4000: Exploring Nutrition Research	3		
BSHN Open Major Elective	3	BSHN Open Major Elective	3		
Open Elective	3	Open Elective	3		
Open Elective	3	Open Elective	3		
Total Credits	15	Total Credits	15	Total Credits	0
		Total Credits	92		

		Senior Year				
Fall		Winter		Summer		
Course	Credits	Course	Credit	<u>Course</u> <u>Credits</u>		
BSHN 4100: Principles of Medical Nutrition Therapy	3	BSHN 4300 Principle of Medical Nutrition Therapy II	3			
BSHN 4200: Human Function and Nutrition	3	BSHN Open Major Elective				
Open Elective	3	Open Elective	3			
Open Elective	4	Open Elective	3			
		Open Elective	3			
Total Credits	13	Total Credits	15	Total Credits 0		
		Total Credits	120			