

Bachelor of Science in Human Nutrition (BSHN)



Suggested FOUR YEAR CURRICULUM- DO 3+ 4 | 2025-2026 CATALOG Dr. Kiran C. Patel College of Osteopathic Medicine Nova southeastern UNIVERSITY FIAN INCLUDES FRESHMAN SUMMER SEMESTER AND MINIMUM MATH 1250 AND COMP 1500 PLACEMENT AT ADMISSION

	Attributes:	BSPH = Pre-Med,	BSP3 = Pre-Med 3+4, BSP4 = Pre-Med 4+4	4			
			Freshman Year				
Fall		Winter			Summer		
Course	Credits	Course		Credits	Course	Credits	
BSHN 1200: Nutrition for Health Professions	3	BSHN 1300: Careers in Nutrition		3	CHEM 2400: Organic Chemistry	4	
UNIV 1000: First Year Seminar	3	Open Arts and Humanities LITR Suggested		3			
CHEM 1300: General Chemistry I/Lab	4	CHEM 1310: General Chemistry II/Lab		4			
MATH 1250: Trigonometry	3	COMP 1500: College Writing		3			
BIOL 1500: Biology I/Lab	4	BIOL 1510: Biology II/Lab		4			
Total Credits	17	Total Credits		17	Total Credits	4	
			Total Credits	38			
			Sophomore Year				
Fall		Winter			Summer		
Course	Credits		Course	Credits	Course	Credits	
BSHN 2000: Principles of Wellness	3	BSHN 3000: Lifespan Nutrition		3	MCAT		
BSHN 2100: Food, Traditions and Society	3	BSHN 3200: Nutrition at the Cellular Level		3	Medical School Application Process		
BSHN 2300: Nutrition Education, Counseling, and	3	COMP 2000: Advanced College Writing		3			
PHYS 2350: General Physics I/Lab	4	CHEM 3650: Biochemistry/Lab		4			
CHEM 2410: Organic Chemistry II/Lab	4	PHYS 2360: General Physics II/Lab		4			
Total Credits	17	Total Credits		17	Total Credits	0	
			Total Credits	72			
			Junior Year				
Fall			Winter		Summer		
Course	Credits		Course	Credits	Course	Credits	
BSHN 3100 Nutrition Advocacy & Public Policy	3	BSHN 2400: Community Nutrition		3			
BSHN 4100: Principles of Medical Nutrition Therapy	3	BSHN 2500: Introduction to Food Service Systems		3			
BSHN 4200: Human Function and Nutrition	3	BSHN 4000: Exploring Nutrition Research		3			
MATH 2020: Applied Statistics	3	BSHN 4300: Principles of Medical Nutrition Therapy II		3			
Open Social & Behavioral Sciences PSYC 1020 Suggested	3	Open Social & Behavioral Sciences SOCL 1020 Suggested		3			
Open Arts and Humanities: PHIL 3180 suggested	3						
Total Credits	18	Total Credits		15	Total Credits	0	
			Total Credits	105			
	Ba	chelor of Science in 1	Human Nutrition (BSHN)				

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		Senior Year			
Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
Transition to DO Program. *Remaining Major Electives and Open Electives completed in DO Program					
Total Credits	Total Credits	Total Credits	105	Total Credits	

TOTAL CREDITS: 163