NSU Florida
NOVA SOUTHEASTERN UNIVERSITY

Bachelor of Science in Human Nutrition (BSHN)

FOUR YEAR CURRICULUM | 2021-2022 CATALOG

Attributes: BSPH = Pre-Med, BSP3 = Pre-Med 3+4, BSP4 = Pre-Med 4+4

Dr. Kiran C. Patel College of Osteopathic Medicine
NOVA SOUTHEASTERN UNIVERSITY
NSU Florida

Freshman Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
BSHN 1200: Nutrition for Health Professions	3	BSHN 1300:Careers in Nutrition	3		
BSHN Open Major Elective	3	BSHN 1400: Nutrition Seminar	3		
MATH 1040: Algebra for College Students	3	MATH 2020: Applied Statistics	3		
COMP 1500: College Writing	3	COMP 2000: Advanced College Writing	3		
UNIV 1000: First Year Seminar	3	BIOL 1500: Biology I/Lab	4		
Total Credits	**15**	**Total Credits**	**16**	**Total Credits**	
		Total Credits	**31**		**0**

**This plan is based on student starting at least at the level of MATH 1200 Precalculus*
The plan will need to be adjusted for students who begin at a lower level of MATH.

Sophomore Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
BSHN 2000: Principles of Wellness	3	BSHN 2400: Community Nutrition	3		
BSHN 2100: Food and Culture	3	BSHN 2500: Introduction to Food Service	3		
BSHN 2300: Nutrition Education and Counseling	3	CHEM 1300: General Chemistry I/Lab	4		
Open Social and Behavioral Sciences	3	Open Social and Behavioral Sciences	3		
Open Arts and Humanities	3	Open Arts and Humanities	3		
Total Credits	**15**	**Total Credits**	**16**	**Total Credits**	**0**
		Total Credits	**62**		

Junior Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
BSHN 3000: Lifespan Nutrition	3	BSHN 3200: Nutrition at the Cellular Level	3		
BSHN 3100: Nutrition Advocacy & Public Policy	3	BSHN Open Major Elective	3		
BSHN Open Major Elective	3	BSHN Open Major Elective	3		
Open Elective	3	Open Elective	3		
Open Elective	3	Open Elective	3		
Total Credits	**15**	**Total Credits**	**15**	**Total Credits**	**0**
		Total Credits	**92**		

Senior Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
BSHN 4100: Principles of Medical Nutrition Therapy	3	BSHN 4000: Exploring Nutrition Research	3		
BSHN 4200: Human Function and Nutrition	3	Open Elective	3		
BSHN Open Major Elective	3	Open Elective	3		
Open Elective	3	Open Elective	3		
Open Elective	3	Open Elective	3		
Total Credits	**15**	**Total Credits**	**15**	**Total Credits**	**0**
		Total Credits	**122**		

TOTAL CREDITS: 122