



DR. KIRAN C. PATEL COLLEGE OF OSTEOPATHIC MEDICINE
 DEGREE CURRICULUM SHEET | 2025-2026 CATALOG
 Bachelor of Science - Health and Wellness Coaching

Dr. Kiran C. Patel College
 of Osteopathic Medicine
 NOVA SOUTHEASTERN UNIVERSITY



Program Code BS_PH

Major Code D100

Attributes: BSPH = Pre-Med, BSP3 = Pre-Med 3+4, BSP4 = Pre-Med 4+4

FIRST YEAR SEMINAR		
Course	Credits	Frequency
UNIV 1000: First Year Seminar	3	
Total First Year Seminar Credits	3	
GENERAL EDUCATION REQUIREMENTS		
Area/Course	Credits	Frequency
<u>Written Composition</u>		
6 credits at or above COMP 1500		
COMP 1500 College Writing	3	
COMP 2000 Advanced College Writing	3	
<u>Mathematics</u>		
6 Credits at or above MATH 1040		
Math 1040 Algebra for College Students	3	
Math 2020 Applied Statistics	3	
<u>Arts & Humanities</u>		
6 credits in HIST, ARTS, PHIL, HUMN, LITR, THEA, FILM, MUSC, DANC, WRIT, foreign language, SPCH		
Open Arts & Humanities	3	
Open Arts & Humanities	3	
<u>Social & Behavioral Sciences</u>		
6 Credits in PSYC, SOCL, ANTH, ECN, COMM, GEOG, GEST, INST, POLS		
SOCL 1020 Introduction to Sociology	3	
PSYC 1020 Introduction to Psychology	3	
<u>Science</u>		
6 credits in BIOL, MBIO, CHEM, SCIE, ENVS, PHYS, NEUR		
Open Science	3	
Open Science	3	
Total First Year Seminar Credits	30	

Total Open Electives Credits 30

MAJOR		
Course	Credits	Frequency
HAWC 1000 Introduction to Coaching	3	FW
HAWC 1001 Human Systems and Family Relationships	3	FW
HAWC 1002 Overview of Lifespan Wellness	3	FWS
HAWC 2003 Ethics of Coaching	3	FW
HAWC 2030 Couple and Family Coaching	3	FW
HAWC 2050 Health and Wellness across Cultures	3	FWS
HAWC 3007 Solution Focused Coaching	3	FW
HAWC 3008 Coaching Practicum I	3	FW
HAWC 3010 Private Practice of Coaching	3	FW
HAWC 3011 Coaching Practicum II	3	FW
HAWC 3033 Grief Coaching	3	FW
HAWC 4014 Research Methods and Evaluation in Coaching	3	FW
HAWC 4034 Chronic Health Conditions and Coaching	3	FW
HAWC Electives (choose from electives below)*	18	varies
Total Credits	57	
MAJOR ELECTIVES		
Select from the following major electives*		
HAWC 1020 Fitness and Wellness	3	FW
HAWC 2006 Mindfulness and Meditations for Health	3	FWS
HAWC 2020 Photography and Health and Wellness	3	FWS
HAWC 2060 Coaching in Educational Setting	3	WS
HAWC 2080 Health and Wellness Coaching and Lifestyle Medicine	3	FW
HAWC 3019 Integrative Wellness Approaches	3	S
HAWC 3030 Recovery Coaching	3	FW
HAWC 3032 Trauma Coaching	3	F
HAWC 3080 Brain Based Coaching	3	FW
HAWC 4020 Health and Wellness for Older Adults	3	WS
HAWC 4990 Independent Study	1-3	FWS
Total Elective Credits	18	
Total Major Credits	57	
Total Credits	120	

*students are permitted to take 6 of the 18 major electives from the following course Prefixes: BPH, BSHN, and BSHI.

Frequency Key: F-Every Fall; W-Every Winter; S - Every Summer; FO - Odd Year Fall; FE - Even Year Fall; WO - Odd Year Winter; WF - Even Year

*See 4 year plan of study for HAWC/DO students.