Bachelor of Science in Health and Wellness Coaching (HAWC)
FOUR YEAR CURRICULUM | 2024-2025 CATALOG
Attributes: BSPH = Pre-Med, BSP3 = Pre-Med 3+4, BSP4 = Pre-Med 4+4

Freshman Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
HAWC 1000: Introduction to Coaching	3	HAWC 1001: Human Systems and Family Relationships	3		
HAWC 2003: Ethics of Coaching	3	HAWC 1002: Overview of Lifespan Wellness	3		
MATH 1040: Algebra for College Students	3	MATH 2020: Applied Statistics	3		
COMP 1500: College Writing	3	COMP 2000: Advanced College Writing	3		
UNIV 1000: First Year Seminar	3	Open General Education Sciences	3		
Total Credits	**15**	**Total Credits**	**15**	**Total Credits**	**0**
		Total Credits	**30**		

Sophomore Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
HAWC 2030: Couple and Family Coaching	3	HAWC 2050: Coaching Diverse Populations	3		
HAWC Open Major Elective	3	HAWC 3007: Solution Focused Coaching	3		
Social and Behavioral Science: PSYCH 1020	3	Social and Behavioral Science: SOCL 1020	3		
Open Arts and Humanities	3	Open Arts and Humanities	3		
Open General Education Sciences	3	Open Elective	3		
Total Credits	**15**	**Total Credits**	**15**	**Total Credits**	**0**
		Total Credits	**60**		

Junior Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
HAWC 3008: Coaching Practicum I	3	HAWC 3011: Coaching Practicum II	3		
HAWC 3033: Grief Coaching	3	HAWC 3010: Private Practice of Coaching	3		
HAWC 3034: Chronic Health Conditions and Coaching	3	HAWC 4014: Research Methods and Evaluation in Coaching	3		
Open Elective	3	HAWC Open Major Elective	3		
Open Elective	3	Open Elective	3		
Total Credits	**15**	**Total Credits**	**15**	**Total Credits**	**0**
		Total Credits	**90**		

Senior Year

Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
HAWC Open Major Elective	3	HAWC Open Major Elective	3		
HAWC Open Major Elective	3	HAWC Open Major Elective	3		
Open Elective	3	Open Elective	3		
Open Elective	3	Open Elective	3		
Open Elective	3	Open Elective	3		
Total Credits	**15**	**Total Credits**	**15**	**Total Credits**	**0**
		Total Credits	**120**		

TOTAL CREDITS: 120