



Pre- Med Bachelor of Science in Health and Wellness Coaching (HAWC)
DUAL DO 3 + 4 CURRICULUM | 2024-2025 CATALOG



***PLAN INCLUDES FRESHMAN SUMMER SEMESTER AND PLACEMENT AT MINIMUM MATH 1250 AND COMP 1500**

Freshman Year					
Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
HAWC 1000: Introduction to Coaching	3	HAWC 1001: Human Systems and Family Relationships	3		
HAWC 2003: Ethics of Coaching	3	HAWC 1002: Overview of Lifespan Wellness	3	CHEM 2400: Organic Chemistry I/Lab	4
UNIV 1000: First Year Seminar	3	COMP 1500: College Writing	3		
MATH 1250: Trigonometry	3	BIOL 1500: Biology I/Lab	4		
CHEM 1300: General Chemistry I/Lab	4	CHEM 1310: General Chemistry II/Lab	4		
Total Credits	16	Total Credits	17	Total Credits	4
		Total Credits	37		

Sophomore Year					
Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
HAWC 2030: Couple and Family Coaching	3	HAWC 2050: Coaching Diverse Populations	3		
COMP 2000: Advanced College Writing	3	HAWC 3007: Solution Focused Coaching	3		
BIOL 1510: Biology II/Lab	4	Social and Behavioral Sciences: PSYC 1020	3		
CHEM 2410: Organic Chemistry II/Lab	4	CHEM 3650: Biochemistry/Lab	4	MCAT	
PHYS 2350: General Physics I/Lab	4	PHYS 2360: General Physics II/Lab	4	Medical School Application Process	N/A
Total Credits	18	Total Credits	17	Total Credits	0
		Total Credits	72		

Junior Year					
Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
HAWC 3008: Coaching Practicum I	3	HAWC 3011: Coaching Practicum II	3		
HAWC 3033: Grief Coaching	3	HAWC 3010: Private Practice of Coaching	3		
HAWC 4034: Chronic Health Conditions and Coaching	3	HAWC 4014: Research Methods and Evaluation in Coaching	3		
Open Arts and Humanities PHIL 3180 suggested	3	Open Arts and Humanities LITR suggested	3		
MATH 2020: Applied Statistics	3	Social and Behavioral Sciences: SOCL 1020	3		
Total Credits	15	Total Credits	15	Total Credits	0
		Total Credits	102		

Senior Year					
Fall		Winter		Summer	
Course	Credits	Course	Credits	Course	Credits
Transition to D.O. Program. *Major Electives completed in D.O. Program					
Total Credits	0	Total Credits	0	Total Credits	0
		Total Credits	102		

TOTAL CREDITS: 120