

Pre- Med Bachelor of Science in Health and Wellness Coaching (HAWC) DUAL DO 3+4 CURRICULUM | 2025-2026 CATALOG

Dr. Kiran C. Patel College of Osteopathic Medicine NOVA SOUTHEASTERN UNIVERSITY Florida

*PLAN INCLUDES FRESHMAN SUMMER SEMESTER AND PLACEMENT AT MINIMUM MATH 1250 AND COMP 1500

		Freshman Year				
Fall		Winter			Summer	
Course	Credits	Course		Credits	Course	Credits
HAWC 1000: Introduction to Coaching	3	HAWC 1001: Human Systems and Family Relationships		3		
HAWC 2003: Ethics of Coaching	3	HAWC 1002: Overview of Lifespan Wellness		3	CHEM 2400: Organic Chemistry I/Lab	4
UNIV 1000: First Year Seminar	3	COMP 1500: College Writing		3		
MATH 1250: Trigonometry	3	BIOL 1500: Biology I/Lab		4		
CHEM 1300: General Chemistry I/Lab	4	CHEM 1310: General Chemistry II/Lab		4		
Total Credits	16	Total Credits		17	Total Credits	4
			Total Credits	37		
		Sophomore Year				
Fall		Winter			Summer	
Course	Credits	<u>Course</u>		Credits	<u>Course</u>	Credits
HAWC 2030: Couple and Family Coaching	3	HAWC 2050: Coaching Across Societies		3		
COMP 2000: Advanced College Writing	3	HAWC 3007: Solution Focused Coaching		3		
BIOL 1510: Biology II/Lab CHEM 2410: Organic Chemistry II/Lab	4	Open Social and Behavioral Sciences: PSYC 1020 CHEM 3650: Biochemistry/Lab		3 4	MCAT	
PHYS 2350: General Physics I/Lab	4	PHYS 2360: General Physics II/Lab		4	Medical School Application Process	N/A
Total Credits	18	Total Credits		17	Total Credits	0
Total Cicuits	10	Total Cicuits	Total Credits	72	Total Cicuits	Ū
		Junior Year	Total Credits	72		
Fall		Winter			Summer	
Course	Credits	Course		Credits	Course	Credits
HAWC 3008: Coaching Practicum I	3	HAWC 3011: Coaching Practicum II		3		· <u></u>
HAWC 3033: Grief Coaching	3	HAWC 3010: Private Practice of Coaching		3		
HAWC 4034: Chronic Health Conditions and Coaching	3	HAWC 4014: Research Methods and Evaluation in Coaching		3		
Open Arts and Humanities PHIL 3180 suggested	3	Open Arts and Humanities LITR suggested		3		
MATH 2020: Applied Statistics	3	Open Social and Behavioral Sciences: SOCL 1020		3		
Total Credits	15	Total Credits		15	Total Credits	0
			Total Credits	102		
		Senior Year				
Fall		Winter			Summer	
Course	<u>Credits</u>	Course		Credits	Course	Credits
Transition to D.O. Program. *Major Electives completed in D.O. Program						
Total Credits	0	Total Credits TOTAL CREDITS: 120	Total Credits	0 102	Total Credits	0