

HUMAN NUTRITION

BACHELOR OF SCIENCE (B.S.)

NSU Florida

Nurture Your Future

- Completing an undergraduate degree in human nutrition can open doors to exciting career opportunities and further graduate studies.
- Students are well prepared for positions in public health, business and industry, education and research, health promotion, food and nutrition management, and clinical dietetics.

Feast on Your Career Options

- public health nutrition
- nutrition communication
- health education
- wellness promotion
- nutritional product development
- nutrition research
- community programs
- food systems management
- clinical practice support
- product sales and marketing

Students with this degree often enhance their academic education by seeking a Master of Science in Nutrition and pursuing professional practice training. This B.S. in Human Nutrition degree serves as strong foundational preparation for advanced practice careers, such as

- registered dietitian nutritionist
- nutrition therapist
- sports dietitian nutritionist
- doctoral-level researcher
- physician
- physical therapist
- athletic trainer
- allied health professional
- physician assistant

Learn More

osteopathic.nova.edu/degrees/bachelors/nutrition

Satisfy Your Hunger To Advance

Prepare for a career in nutrition, one of today's fastest growing occupations. You'll gain a solid foundation in applied nutrition, nutrition education, public policy, advocacy, nutrition therapy, leadership and management, and food production. A Bachelor of Science (B.S.) in Human Nutrition will create a pathway to pursue a number of graduate programs at Nova Southeastern University (NSU), including, but not limited to, a Doctor of Osteopathic Medicine, medical doctor, Master of Science in Nutrition, Master of Public Health, Doctor of Physical Therapy, physician assistant, athletic training, and exercise and sports science.

Main Ingredients

This program will expose you to the essential principles of dietetics, nutrition, and biomedical sciences. Our curriculum includes a strong foundation in anatomy, chemistry, biochemistry, and microbiology. It builds on an applied focus, which includes human nutrition and health, dietetics practice, community nutrition programming, and food service management.

Opportunities to Dig In

You have the opportunity for immersion in experiential learning, clinical research, global and domestic outreach initiatives, and community-based collaborations. Gain hands-on experience and engage with fellow students and faculty members from the Dr. Kiran C. Patel College of Osteopathic Medicine while advancing your skills.

Fast-Track Option

NSU's Dual Admission Program is the first in the nation to offer an accelerated, seven-year academic path from the B.S. in Human Nutrition to the Doctor of Osteopathic Medicine (D.O.) degree. Acceptance into the Dual Admission Program reserves your seat on a priority status in NSU's D.O. degree program while you're successfully working toward your bachelor's degree in human nutrition.



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Curriculum | Total Credits: 120

Students are required to complete 30 credit hours as part of the General Education Program and 30 additional credit hours with open electives. Freshmen are required to successfully complete First-Year Seminar (UNIV 1000) in their first semester at NSU.

HUMAN NUTRITION MAJOR REQUIREMENTS

Core Courses (42 credits)	Credits
Nutrition for Health Professions*	3
Careers in Nutrition	3
Principles of Wellness*	3
Food and Culture	3
Nutrition Education, Counseling, and Communication*	3
Community Nutrition	3
Introduction to Food Service	3
Life Span Nutrition*	3
Nutrition Advocacy and Public Policy	3
Nutrition at the Cellular Level	3
Exploring Nutrition Research	3
Principles of Medical Nutrition Therapy	3
Human Function and Nutrition	3
Principles of Medical Nutrition Therapy II	3

*These courses, plus two open BSHN electives, are required to receive an 18-credit hour minor in human nutrition.

Major Electives (15 credits)

Hot Topics Nutrition	3
Global Nutrition	3
Plant-Based Nutrition	3
Interprofessional Models of Care	3
Nutritional Implications for Special Populations	3
Directed Individual Study	3
Global Outreach and Applied Learning	3
Domestic Outreach and Applied Learning	3
Nutrition Facts and Fiction	3
Nutrition Seminar	3

*Students are allowed to take 6 of the 15 credits of major electives from the following course prefixes: BPH, HAWC, and/or BSHI (BSHI prefix only).

For more information, please contact

Melinda Luis, MS., RDN, LDN

Assistant Professor and Director

Bachelor of Science in Human Nutrition

mluis@nova.edu

Nutrition Program Office: (954) 262-1429

nutrition@nova.edu

The Bachelor of Science in Human Nutrition program complies with components of the Accreditation Council for Education in Nutrition and Dietetics (ACEND) 2022 DPD Standards.

Curriculum is for the 2024 – 2025 academic year. This publication should not be viewed as a substitution for official program requirements and outcomes. A student is responsible for meeting the curriculum and program requirements in the student catalog that are in effect when the student enters the program.

Nova Southeastern University admits students of any race, color, sexual orientation, gender, gender identity, military service, veteran status, and national or ethnic origin. ■ Nova Southeastern University is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate's, baccalaureate, master's, educational specialist, doctorate, and professional degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Nova Southeastern University. 0917-2021-KPCOM-MCP

Admissions

3300 S. University Drive
Fort Lauderdale, FL 33328-2004
osteopathic.nova.edu
(954) 262-3811 • 800-338-4723
admissions@nova.edu

NSU
Florida

Dr. Kiran C. Patel College
of Osteopathic Medicine
NOVA SOUTHEASTERN
UNIVERSITY