



NOVA SOUTHEASTERN
UNIVERSITY

Dr. Kiran C. Patel College of
Osteopathic Medicine

AIM-HIGHER Week Agenda June 17 – 22, 2018

Sunday, June 17, 2018- Casual attire

1:00 PM – 2:00 PM	<p><u>Registration:</u> Welcome to Nova Southeastern University! Use this time to get registered, unpacked and acquainted with fellow participants, NSU medical students and the Commons accommodations.</p> <p><u>Location:</u> Commons Lounge or Commons 123</p>
2:00 PM – 2:30 PM	<p><u>Introductions and Orientation with parents</u></p> <p><u>Location:</u> Commons Lounge or Commons 123</p>
3:00 PM – 4:30 PM	<p><u>Introductions, Expectations, and Icebreakers:</u> Take this time to meet your fellow camp members, NSU faculty, and NSU medical students!</p> <p><u>Location:</u> Commons 123</p>
5:00 PM – 6:00 PM	<p><u>Unpack, settle-in, and get acquainted with suite-mates</u></p> <p><u>Location:</u> Commons Dorm</p>
6:00PM – 8:30 PM	<p><u>Welcome BBQ:</u> Enjoy our welcoming BBQ, including a game of volleyball and other activities!</p> <p><u>Location:</u> Pagoda (outside Commons Dorm)</p>

Monday June 18th – Business Casual Attire for courses; casual attire for dinner

7:30 AM – 8:30 AM	Breakfast: MANDATORY , at the HPD Café, Terry Bldg., 1 st Floor
9:00 AM – 11:45 AM	smART Salon: Using an art based format students will learn about empathy and observation and the importance of both in healthcare delivery. Faculty: Wilma Bulkin Siegel, M.D., David Spangler, Ph.D. & Dianna L. Silvagni, J.D. Location: Alvin Sherman Library, Room 2053
12:00 AM – 1:15 PM	Box Lunch: Cotilla Gallery 2 nd Floor Alvin Sherman Library Research overview Faculty: Nicole Cook, Ph.D. and Alina Perez, J.D.
1:15 PM – 4:45 PM	Psychology Program: This program from the Center for Psychological Studies at NSU will educate students interested in a healthcare to better understand the importance of the “human side” of this career choice. We will be offering experiential learning covering the importance of fundamental concepts such as empathy, observation and communication and the opportunity to practice these concepts to demonstrate how these are incorporated into “best practices”. Faculty: Maria Fiminani, Psy.D., Dir. of Internship Training, SFCIP, BHMC Location: Cotilla Gallery 2 nd Floor Alvin Sherman Library
4:45 PM – 5:30 PM	Free time: prepare to go to go to dinner at Bucca di Beppo Italian Restaurant Location: Commons Dorm
5:30 PM	Leave for Restaurant. We will be walking (wear comfortable shoes) Location: Commons Circle
6:00 PM – 7:15 PM	Dinner at Buca di Beppo Restaurant, 3355 S. University Drive, Davie, FL
7:30 PM – 10:00 PM	Wellness Activity: True Colors is a fun and easy way to identify your unique spectrum of personality traits including motivations, strengths, values, and beliefs. The benefits of this interactive activity include a better understanding of yourself and others as well as what you need to be healthy, stress free, and well. Faculty: Christi M. Navarro, PhD, MS, Assistant Professor, Public Health Location: Commons 123A

Tuesday, June 19th – Business Attire during the day; casual attire for Faculty Club dinner and research time

7:30 AM – 8:30 AM	<u>Breakfast:</u> MANDATORY , at the HPD Café, Terry Bldg., 1 st Floor
9:00 AM – 11:45 AM	<p><u>Simulation Lab: (Split Group)</u> Students will rotate through three stations. Students will perform Lumbar Puncture and Draw Blood first using the online SIMTICS simulator and then using manikins.</p> <p>They will perform an ultrasound on their fellow participants. If time permits we will complete a manikin case.</p> <p><u>Faculty:</u> Darren Cohen, D.O.</p> <p><u>Location:</u> Sanford Ziff Health Clinic - Simulation Lab</p> <p><u>IPE Interactive: (Split Group)</u></p> <p>Inter-professional Scavenger Hunt Inter-professional education is defined as “two or more professions learning from, with, and about each other”. NSU is unique in that we have many health professionals learning and practicing within the same building. This activity will be an opportunity for you to explore multiple NSU clinic settings, as well as to interact with various health professionals to explore their roles and responsibilities relevant to patient care.</p> <p><u>Faculty:</u> Kimberly Valenti, MED</p> <p><u>Location:</u> Terry Bldg., Chancellors Dining Room, 5th floor</p>
12:00 – 1:00 PM	<p><u>Lunch</u></p> <p><u>Location:</u> HPD Café, Terry Bldg., 1st Floor</p>
1:15 PM – 4:45 PM	<p><u>Fetal Pig Dissection:</u> Students will dissect a fetal pig.</p> <p><u>Faculty:</u> Elaine Wallace, D.O., M.S., M.S., M.S.</p> <p><u>Location:</u> Parker Lab Room 208</p>
<p>4:45 PM -5:45 PM</p> <p>6:00 PM – 7:30 PM</p>	<p><u>Transition Back to Dorm and change to casual attire for dinner</u></p> <p><u>Leave for Dinner by 5:45</u></p> <p><u>Dinner</u></p> <p><u>Location:</u> HPD Café, Terry Bldg., 1st Floor</p>
7:30pm – 10:00 PM	<p>Return to Dorms - Research Night</p> <p><u>Location:</u> Commons Rm 113</p>

Wednesday June 20 – Business Attire; clothing cover will be provided for dissection lab

7:30 AM – 8:30 AM	<u>Breakfast:</u> MANDATORY , at the HPD Café, Terry Bldg., 1 st Floor
9:00 AM – 11:45 AM	<p><u>Labor, delivery and new born infant care:</u> Students will be exposed to the Lucina Birth Simulator. Additionally, they will be introduced to the diagnosis and management of normal vaginal, abnormal labor and breech delivery, and the management of the new born infant. Students will also be exposed to the normal physiology of pregnancy and the new born baby.</p> <p><u>Faculty:</u> Kenneth Johnson, D.O. and Noel Alonso, M.D.</p> <p><u>Location:</u> Simulation Lab</p>
12:00 PM – 1:00 PM	<p><u>Lunch in the Cafeteria</u></p> <p><u>Location:</u> HPD Café, Terry Bldg., 1st Floor</p>
1:15 PM – 4:45 PM 4:45 PM – 5:45 PM	<p><u>Osteopathic Manipulative Treatment:</u> Students will learn about osteopathic manipulative medicine and how it it’s used for treatment in an interactive, clinical session on OMT. The session will be in three parts. Session 1 will discuss the basics of OMT and treatment of the lymph system in the body; session 2 will focus on muscular dysfunction and treatment with OMT and stretching; and finally, TMJ dysfunction and treatment.</p> <p><u>Faculty:</u> David Boesler, D.O., and Nathan Widboom, D.O.</p> <p><u>Location:</u> Terry Bldg. MEDLL Room 3201</p> <p><u>Back to Dorm and Break prior to Faculty Club dinner</u></p> <p><u>Location:</u> Commons Dorm</p>
6:00 PM – 7:30 PM	<p><u>Faculty Club Themed Dinner</u></p> <p><u>Location:</u> Faculty Club Dining Room</p>
7:30 PM – 10:00 PM	<u>Return to Nova/Dorms followed by Game Night in Commons Room 123A</u>

Thursday June 21- Business attire

7:30 AM - 8:30 AM	Breakfast: MANDATORY , at the HPD Café, Terry Bldg., 1 st Floor
9:00 AM – 11:45 AM	<p>Standardized Patient Experience: Students will gain hands on experience in gathering medical information. They will learn to conduct history and physical exams utilizing standardized patients.</p> <p>Faculty: Paula Anderson-Worts, D.O.</p> <p>Location: Standardized Patient Lab in Terry Bldg.</p>
12:00 PM – 1:00 PM	<p>Lunch</p> <p>Location: HPD Café, Terry Bldg., 1st Floor</p>
1:15 PM – 4:45 PM	<p>Research and Research Posters: How do health care professionals keep current on new science, treatments and technologies? Often this knowledge is gained through attending professional conferences and sharing knowledge through oral and poster presentations. As part of this activity you and a partner will select a research topic of interest to (ideas will be provided to get your creative juices flowing), conduct investigation, and prepare a poster for presentation during the Friday night program.</p> <p>Faculty: Alina Perez, J.D. and Nicole Cook, PhD.</p> <p>Location: Alvin Sherman Library Computer Lab A2061 and Lab B 2063</p>
5:00 PM – 8:00 PM	<p>Service Project – Deliver the Dream</p> <p>Location: Leo Goodwin Residence Hall, Goodwin’s Classroom</p>
8:30 PM – 10:00 PM	<p><u>Rest of the evening is free to relax and rest for busy last day of AIM HIGHER 2018. You will also want to start packing to return home. Camp ends after the dinner on Friday, June 22rd.</u></p>

Friday June 22- Business attire at all events today. BE SURE YOU ARE ALMOST PACKED. You will have time to return to dorm after our last activity today and prior to tonight's dinner at 6:00 p.m. to finish packing. Enjoy your final day!!

7:30 AM – 8:30 AM	<u>Breakfast:</u> MANDATORY, at the HPD Café, Terry Bldg., 1 st Floor
9:00 AM – 11:45 AM	<p><u>Simulation Lab: (Split Group):</u> Students will rotate through three stations. Students will perform Lumbar Puncture and Draw Blood first using the online SIMTICS simulator and then using manikins.</p> <p>They will perform an ultrasound on their fellow participants. If time permits we will complete a manikin case.</p> <p><u>Faculty:</u> Darren Cohen, D.O.</p> <p><u>Location:</u> Sanford Ziff Health Clinic - Simulation Lab</p> <p><u>IPE Interactive: (Split Group)</u></p> <p>Inter-professional Scavenger Hunt Inter-professional education is defined as “two or more professions learning from, with, and about each other”. NSU is unique in that we have many health professionals learning and practicing within the same building. This activity will be an opportunity for you to explore multiple NSU clinic settings, as well as to interact with various health professionals to explore their roles and responsibilities relevant to patient care.</p> <p><u>Faculty:</u> Kimberly Valenti, MED</p> <p><u>Location:</u> Terry Bldg., Chancellors Dining Room, 5th floor</p>
12:00 – 12:45 PM	<u>Lunch</u> HPD Café, Terry Bldg., 1 st Floor
1:00 PM – 1:30 PM	<u>Travel by University Shuttle to Covenant Village-Meet at Circle Drive-front of Terry Bldg.</u>
1:45 PM – 4:00 PM	<p><u>Covenant Village:</u> Students will tour Covenant Village, learn about geriatric care and interact with geriatric residents at Covenant Village.</p> <p>Faculty: Naushira Pandya, M.D., Elizabeth Hames, D.O., Kenya Rivas, M.D., Hady Al Masri, D.O., Cheryl Atherley Todd, D.O.</p> <p><u>Location:</u> Covenant Village, 9215 W. Broward Blvd., Plantation,</p>
4:00pm	<u>Return by University Shuttle to Commons Dorm and get ready for dinner</u>
4:30 PM – 5:30 PM	<p>Finish packing and get ready for Final Dinner with family, faculty and med students.</p> <p>MANDATORY - Check out at 5pm.</p>
6:00 PM – 9:00 PM	<p><u>RESEARCH POSTER PRESENTATION AND DINNER WITH FAMILIES AND FACULTY:</u> Enjoy our final fun evening together! It will be a time to share experiences with your family and talk with faculty/medical students that you have met during the week. You and your research partner will also have the opportunity prior to dinner to exhibit your poster and answer questions from family and faculty in attendance. Photo highlights of the week will remind you of the many interesting, challenging, touching and fun times we had!</p> <p><u>Location:</u> Chancellor's Dining Room, 5th Floor Terry Bldg.</p>