

Shaelise M. Tor, PhD

Curriculum Vitae

Department of Couple and Family Therapy
Dr. Kiran C. Patel College of Osteopathic Medicine
Nova Southeastern University
stor@nova.edu

Faculty Appointments

Aug.2021-present **Assistant Professor**
Department of Couple and Family Therapy
Dr. Kiran C. Patel College of Osteopathic Medicine
Nova Southeastern University
Courses Taught:
-SFTD 5046/DMFT 5046/SFTM 5335-*Human Development Across the Life Cycle*
-SFTD 5008/DMFT 5008/SFTM 5320-*Introduction to Marital and Family Therapy: Counseling Theories and Techniques*

Education

2017-2021 **Ph.D. in Marriage and Family Therapy**
Syracuse University
Dissertation: *Immigrant and U.S. Born Early Head Start Families: Exploring the Relationship Between Parenting Stress, Attachment Behaviors, Primary Caregiver Depressive Symptoms, and Parent-Child Attachment in a Nationally-Representative Sample*
Committee: Rashmi Gangamma, Ph.D., LMFT, Linda Stone Fish, Ph.D., LMFT, Dyane Watson, Ph.D., LMFT

2014-2017 **M.S. in Marriage and Family Therapy**
University of Rochester
Masters Project: *A Review of Home-Based Family Therapy Programs for Children Who Have Experienced Trauma with a Focus on Attachment and Resilience and Questions for In-home Service Delivery Providers*
University of Rochester
Committee: Michelle Swanger-Gagné, Ph.D., LMFT, Jessica Moore, Ph.D., LMFT, Sybil Baldwin, LCSW-R

2009-2012 **B.A. in Psychology, Minor: Social Welfare**
Graduated Magna Cum Laude and Alpha Kappa Sigma

Roberts Wesleyan College
Rochester, NY

Additional Training

- 2021 Certificate in University Teaching, Future Professoriate Program, Syracuse University
- 2019 Narrative Exposure Therapy (NET) Training, University of Minnesota, September 2019
- 2017 Medical Family Therapy Intensive, University of Rochester School of Medicine and Dentistry, June 2017

Research Experience

- 2019-2021 **Project Coordinator.** Impact of Refugee Gardening on Mental Health, Economic Well-Being and Food Sovereignty
Syracuse University
P.Is. Rashmi Gangamma, PhD; Laura-Anne Minkoff-Zern, PhD; Bhavneet Walia, PhD
- 2019-2021 **Project Manager.** Development of a collaborative training module for interpreters and practitioners of psychotherapy
Syracuse University
P.I. Rashmi Gangamma, PhD
- 2019 **PhD Student Researcher.** *Discrimination, Depression, and Dyads*
Syracuse University
Study conducted as part of the AAMFT Minority Fellowship Program
- 2017-2018 **Project Manager.** SEEDLingS (Study of Environmental Effects on Developing Linguistic Skills) Follow-up Study
Duke University
P.I. Erika Bergelson, PhD
- 2014-2016 **Project Coordinator.** SEEDLingS (Study of Environmental Effects on Developing Linguistic Skills)
University of Rochester
P.I. Erika Bergelson, PhD (Funder: NIH-Mechanisms of Word Learning in Early Infancy)
- 2013-2014 **Research Assistant.** Project STEP (Successful Transitions in Ecological Perspectives)
Mt. Hope Family Center, University of Rochester
P.Is. Patrick Davies and Melissa Sturge-Apple (Funder: Eunice Kennedy Shriver National Institute of Child Health and Human Development)
- 2012 **Research Team Member.** Unmitigated Communion and Attachment

Roberts Wesleyan College
P.I. Rodney Bassett, PhD

- 2012 **Research Assistant.** Child Abuse and Trauma Related Psychopathology
Mt. Hope Family Center, University of Rochester
P.I. Dante Cicchetti, PhD and Fred Rogosch, PhD (Funder: National Institute of
Mental Health)
- 2012 **Independent Study.** Eating Disorders
Roberts Wesleyan College
Advisor: Jennifer Aube, PhD
- 2010 **Integrative Research Team Member.** Integration of Psychology and Theology
Roberts Wesleyan College

Awards and Honors

- 2018-2019 AAMFT Minority Fellowship Program: Doctoral Fellow
- 2016-2017 Departmental Scholarship Recipient, University of Rochester, Rochester, NY
- 2011-2012 Class of 1945 Endowed Scholarship, Roberts Wesleyan College, Rochester, NY
- 2009-2012 Dean's List with High Honors, Roberts Wesleyan College, Rochester, NY
- 2009-2012 Presidential Scholarship, Roberts Wesleyan College, Rochester, NY

Grants Awarded

Tor, S. (2021) Summer Dissertation Fellowship, Syracuse University, Syracuse, New York.
Amount: \$4,000

Tor, S. (2019-2020) Travel Grant Award, Graduate Student Organization, Syracuse University,
Syracuse, New York. Amount: \$350

Gangamma, R. Development of a collaborative training module for interpreters and practitioners
of psychotherapy. Central New York Community Foundation, Syracuse, New York, January-
December 2019. Amount: \$19,760

Role: Project Manager; Contributed to design development, conducted literature review,
assisted in writing of proposal, involved in development of training module and co-
facilitating training and follow-up sessions

Gangamma, R, Minkoff-Zern, L, & Walia, B. Impact of gardening on mental health, community
building, and economic well-being in Central New York. Fahs-Beck Foundation, February 2019-
February 2021. Amount: \$20,000

Role: Project Coordinator; Assisted in writing of proposal, edited document, in charge of
participant recruitment, involved in data collection and assistance in data analysis and
publication

Walia, B., Gangamma, R., & Minkoff-Zern, L. Impact of gardening on mental health, community building, and economic well-being in Central New York. Lerner Center Faculty Fellow, Syracuse University, January 2019-2021, Amount: \$25,000

Role: Project Coordinator; Assisted in writing of proposal, edited document, involved in participant recruitment, data collection and assistance in data analysis and publication

Tor, S. AAMFT Minority Fellowship Program Doctoral Fellow 2018-2019. Amount: \$20,000

Grants Submitted

Tor, S. Parent-child attachments in resettled refugee families living in a transnational context. Submitted for the Early Care and Education Research Scholars: Head Start Dissertation Grant, June 2020. Not funded.

Gangamma, R., Minkoff-Zern, L., & Walia, B. Impact of gardening on mental health, community building, and economic well-being in Central New York. CUSE grants, January 2019. Not accepted.

Role: Research Assistant; Assisted in writing of proposal, edited document, will be involved in participant recruitment, data collection, and assistance in data analysis and publication

Gangamma, R., & Stone Fish, L. A collaborative model for addressing mental health disparities in underserved ethnic minority populations. LOI submitted to the New York Health Foundation Special Projects Fund, October 2018. Not invited for full proposal.

Role: Key personnel; assisted in project design and proposal writing

Gangamma, R., Minkoff-Zern, L., & Walia, B. Improving Refugee Mental Health, Community Building, and Economic Well-being through Gardening in Central New York. LOI submitted to the Russell Sage Foundation. Not invited for full proposal.

Role: Research Assistant; Conducted literature review

Publications

Tor, S., Watson, D., & Tadros, E. (2021). Discrimination, Depression, and Dyads. *The American Journal of Family Therapy*. <https://doi.org/10.1080/01926187.2021.1909512>

Lewis, F., **Tor, S.,** Rappleyea, D. Didericksen, K., & Sira, N. (2021). Behavioral Health and Refugee Youth in Primary Care: An Ecological Systems Perspective of the Complexities of Care. *Child and Youth Services Review*, 120. <https://doi.org/10.1016/j.childyouth.2020.105599>

Gangamma, R., **Tor, S.,** Whitt, V., Hollie, B., Gao, Q., Stevens, A., Hutchings, R., & Stone Fish, L. (2020). Perceived discrimination as a mediator of ACEs and psychological distress. *The American Journal of Family Therapy*. <https://doi.org/10.1080/01926187.2020.1813656>

Bergelson, E., Amatuni, A., Dailey, S., Koorathota, S., & **Tor, S.** (2018). Day by day, hour by hour: Naturalistic language input to infants. *Developmental Science*, 22 (1), e12715-n/a. <https://doi.org/10.1111/desc.12715>

Grimm, J. P., Barnett, K. L., Bassett, R. L., Pearson, S. M., Cornell, A., **Morton, S.**, Scott, K & Stevenson, P. (2012). Revisiting the issue of influential sources in the integration of psychology and theology: More than a decade summary. *Journal of Psychology and Theology*, 40(1), 5-15. <https://doi.org/10.1177/009164711204000102>

*Last name changed from **Morton** to **Tor** in 2016

Manuscripts under review

Tor, S.*, Tadros, E.*, & Patton, R. Examining the association between fatherhood attitudes and parental warmth among a sample of incarcerated fathers. Manuscript under review.

*denotes equal first authorship

Walia, B., Gangamma, R., **Tor, S.**, Minkoff-Zern, L. Promoting Economic Well-Being, Mental Health and Food Sovereignty through gardening: A Multidisciplinary Perspective. Manuscript under review.

Gangamma, R. & **Tor, S.** Building a collaborative training program for family therapists and spoken language interpreters. Manuscript under review.

Tor, S., Tadros, E., & Su, Z. Exploring the Relationship Between Experience of Stability in Family of Origin and Consensus of Coparenting in Incarcerated Coparenting. Manuscript in progress.

Book Chapters

Tedeschi, L., **Tor, S.**, & Gangamma, R. (2021). Utilizing spoken language interpreters in family therapy. In K.S. Brown (Ed.) American Association for Marriage and Family Therapy Systemic Ethics Textbook (1st ed). (Chapter under review). AAMFT.

Ad Hoc Manuscript Reviews

2021 NCFR Annual Conference Proposal Reviewer

2020 Journal of Marriage and Family

National Presentations

Gangamma, R. Minkoff-Zern, L., Walia, B. **Tor, S.** (2020). The role of gardening in promoting food sovereignty, economic well-being, and mental health in resettled refugees. Accepted for Symposium at Work Family Relations Network Conference, 2020-2021. New York, NY (Conference changed to online format with different presentation days due to Covid-19).

Gangamma, R., Hollie, B., **Tor, S.**, Reichert Schimpff, T., & Stone Fish, L. (2019). *University-*

community collaborations to reduce barriers to family therapy services: Case examples of working with resettled refugees and low-income families of color. Presented for Symposium at National Council on Family Relations Annual Conference, Fort Worth, TX.

Tor, S. (2019). *Discrimination, Depression, and Dyads.* Presented for the Minority Fellowship Program Institute, May 2019, Arlington, VA.

Tor, S. Gangamma, R., & Watson, D. (2018). *Association Between Relational Injuries and Relational Ethics.* Presented for Research Discussion at American Association of Marriage and Family Therapy Annual Conference, Louisville, KY.

Gangamma, R., Glebova, T., Coppola, J., **Tor, S.** & Watson, D. (2018). *Relational Ethics Mediating Stressful Events and Psychological Distress.* Poster presented at the National Council on Family Relations Annual Conference, San Diego, CA.

Tor, S., & Watson, D. (2018). *Serving Syracuse: Using Quantum Graphic Information System technology to compare clinic clientele with Syracuse City data.* Poster presented at New York Association for Marriage and Family Therapy Annual Conference, Manhattan, NY.

Koorathota, S., **Tor, S.,** Amatuni, A., & Bergelson, E. (2016). *6- and 7-month-olds' Noun Input: Human and Automated Corpus Analysis,* International Congress on Infant Studies, New Orleans, LA.

Coe, J. L., Davies, P. T., Sturge-Apple, M. L., **Morton, S. M.,** & Ripple, M. T. (2015). *The multivariate roles of family instability and interparental conflict in predicting representations of security in the family.* Poster presented at the Biennial Conference of the Society for Research in Child Development, Philadelphia, PA.

Bassett, R. L., Philips, C., Cornell, A., **Morton, S.,** Buettner, K., Wolfson, E., Majors, A., & Alwardt, S. (2013). *Considering the connection between adult attachment style and self-sacrifice: An experiment.* Poster presented at the meeting of the Christian Association for Psychological Studies International Meeting, Portland, OR

*Last name changed from Morton to Tor in 2016

Local Presentations

Tor, S. (2019). *Coding and Mental Health.* Presentation at the American Association of Professional Coders (AAPC) "May Mania" Seminar, Utica, NY

Gangamma, R. & **Tor, S.** (2019). *Refugee families: Context of traumatic experiences, mental health symptoms, and Interventions.* Training for the Leadership Team of Hopeprint Inc., Syracuse, NY

Gangamma, R., & **Tor, S.** (2018). *Mental health awareness training for case managers of Refugee and Immigrant Self-Empowerment (RISE),* Syracuse, NY

Tor, S. (2017). *A Review of Home-Based Family Therapy Programs for Children Who Have Experienced Trauma with a Focus on Attachment and Resilience and questions for in-home service delivery providers.* Poster presented at the University of Rochester School of Medicine and Dentistry Psychiatry Department Poster Presentation.

Courses Taught

- 2019 **Co-Instructor.** MFT 684: Family Therapy Perspectives of Cultural Diversity, Syracuse University, Department of Marriage and Family Therapy
- 2019 **Co-Instructor.** MFT 600: Migration and Mental Health, Syracuse University, Department of Marriage and Family Therapy
- 2018 **Co-Instructor.** MFT 682: Marriage and Family Therapy Theory and Techniques, Syracuse University, Department of Marriage and Family Therapy

Guest Lectures

- 2020 **Guest Lecturer.** *Therapy with Families Affected by Relational Violence.*
Lecture for HFS 479: Power, conflict, Violence, and the Family
Syracuse University, Department of Human Development and Family Science
- 2020 **Guest Lecturer.** *Ethnicity and the Refugee Experience.*
Lecture for MFT 684: Family Therapy Perspectives of Cultural Diversity,
Syracuse University, Department of Marriage and Family Therapy
- 2019 **Guest Lecturer.** *Therapy with Families Affected by Violence.*
Lecture for HFS 479: Power, conflict, Violence, and the Family
Syracuse University, Department of Human Development and Family Science
- 2018 **Guest Lecturer.** *Culturally Responsive Research to Reduce Mental Health Disparities.*
Lecture for MFT 663: Applied Research in Social Work
Syracuse University, Department of Marriage and Family Therapy
- 2017 **Guest Lecturer.** *Experiential Family Therapy.*
Lecture for MFT 681: Introduction to Family Systems
Syracuse University, Department of Marriage and Family Therapy

Service to the Department and University

- 2020 **Committee Member:** Identity-Related Trauma Task Force
Role: Co-Facilitator. Ongoing Group Listening Circles for Discussing Racial Injustice.

- 2020 **Co-Facilitator.** Interfaith Dialogue Dinner Series, “Common and Diverse Ground: Raising Consciousnesses by Acknowledging the ‘Hidden’ Things that Divide Us,” co-sponsored by Hendricks Chapel, the Office of Interdisciplinary Programs and Outreach in the Burton Blatt Institute, Intergroup Dialogue and the Office of Diversity and Inclusion.
- 2019-2020 **Committee Member:** Accreditation Committee
- 2019-2020 **Facilitator,** Climate Forums, Department of Marriage and Family Therapy, Syracuse University
- 2018-2019 **Supervisor-in-training,** Department of Marriage and Family Therapy, Syracuse University
- 2018-2019 **Doctoral Student Representative,** Department of Marriage and Family Therapy, Syracuse University

Clinical Experience

- 2019-present **Marriage and Family Therapist.** Internship at Syracuse Couple and Family Therapy Center and its satellites to serve refugee clients. Syracuse, NY
- 2018 **Marriage and Family Therapist.** Bhutanese Community Center, Syracuse, NY
- 2017-2019 **Marriage and Family Therapist.** Syracuse University Couple and Family Therapy Center, Syracuse, NY
- 2016-2017 **Marriage and Family Therapy Trainee.** Strong Family Therapy Services, University of Rochester Medical Center, Rochester, NY
- 2016-2017 **Marriage and Family Therapy Trainee.** Hillside Children’s Center, Hillside Family of Agencies, Rochester, NY
- 2013 **After-School Counselor.** PATHS (Promoting Alternative Thinking Strategies) Program, Mt. Hope Family Center, Rochester, NY
- 2012 **Undergraduate Psychology Intern.** Rochester Mental Health Center, Rochester, NY
- 2011 **Undergraduate Social Work Experience.** PATHS (Programme for Advancement Through Health and Education). Kingston, Jamaica
- 2011 **Peer Counselor.** Roberts Wesleyan College, Rochester, NY
- 2010-2011 **Evaluator.** Salvation Army Christmas Assistance Program, Salvation Army, Rochester, NY

Community Outreach

- 2019-present University-Community Collaboration with Peace Inc. Head Start to increase access to mental health care for refugee clients
- 2019 Interview with Spectrum News Syracuse about the development of a collaborative training module for interpreters and practitioners of psychotherapy
- 2018-2019 University-Community Collaboration with the Bhutanese Community Center to increase awareness and access to mental health care for refugee clients
- 2018-present Collaboration with RISE (Refugee and Immigrant Self-Empowerment) to increase awareness and access to mental health care for refugee and immigrant clients
- 2018-2019 University-Community Collaboration with NAWA (New American Women's Empowerment) of Syracuse, NY to increase awareness and access to mental health care for refugee and immigrant clients

Professional Affiliation

- 2019-present Student Member, Society of Refugee Healthcare Providers
- 2019-present Student Member, National Council on Family Relations (NCFR)
- 2015-present Pre-Clinical Fellow, American Association of Marriage and Family Therapy

Other Professional Activities

- 2019 AAMFT Minority Fellowship Program: Advocacy Visit to Capitol Hill
Advocated for Medicare reimbursement; funding for the Minority Fellowship Program; and discussed the importance of refugee research with Senator Chuck Schumer's Office and House Representative Joseph Morelle's Office
- 2017-2018 **MFT Research/Question Development Project Consultant**, Association for Advanced Training in the Behavioral Sciences, Ventura, CA

Professional Development

- 2019 *MFPCC Summer Series: Cultural Competence & Health Disparities Curriculum* Webinars
- 2019 *Cultural Neuroscience: Child and Adolescent Brain Development*, AAMFT Continuing Education Course
- 2018 *Soul Work: Unmasking internalized superiority and overcoming internalized inferiority, a two-day conference for people of color and white allies*, Stamford, Connecticut

- 2017-2018 *Gender Expansive Support Team Trainings and Member of Gender Expansive Support Treatment Team*, Department of Marriage and Family Therapy, Syracuse University
- 2017 *Direct Assessment and Treatment of Emotional Factors in Psychosomatic Conditions*; University of Rochester Medical Center, Rochester, NY
- 2017 *Medical Family Therapy Intensive*, University of Rochester Medical Center, Rochester, NY
- 2017 *Safe Space Training*, University of Rochester Medical Center, Rochester, NY
- 2017 *Using Books (And Other Story-Making Tools) To Enhance Clinical Work and Our Personal Lives*, Kaethe Weingarten, PhD, University of Rochester Medical Center, Rochester, NY
- 2017 *Monroe County System of Care Compassion Fatigue Training*, Hillside Family of Agencies, Rochester, NY
- 2016-2017 *Exploring Sensitive Topics Meetings*, University of Rochester Medical Center, Rochester, NY
- 2016 *Expanding Attachment Frames in Couples Therapy*, Aaron Black, PhD, Monroe Community Hospital, Rochester, NY
- 2016 *Interpersonal Violence Workshop*, Kate Cerulli, PhD, University of Rochester Medical Center, Rochester, NY
- 2016 *Trauma-Focused Cognitive Behavioral Therapy Web Training*
- 2016 *Therapeutic Use of Weight Training Module*, Hillside Family of Agencies, Rochester, NY
- 2016 *Commitment to Living Training Seminar*, Tony Pasani, PhD, University of Rochester Medical Center, Rochester, NY
- 2015 *Re-imagining Our Responses to Hardship, Oppression and Trauma*, Vikki Reynolds, PhD, Rochester Educational Opportunity Center, Rochester, NY