

## **Curriculum Vita**

*Regina Ravachi, Ph. D., LMHC., LMFT*  
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**PROFESSIONAL LICENSES:** Licensed Marriage and Family Therapy (L.M.F.T)  
Licensed Mental Health Counselor (L.M.H.C)

**LICENSE NUMBER:** MT 2436, State of Florida (L.M.F.T)  
MH 3331, State of Florida (L.M.H.C)

**SUPERVISOR:** AAMFT Approved Supervisor.  
State Supervisor by State of Florida

**LANGUAGES:** Fluent in writing, reading and speaking in Spanish.  
Fluent in writing, reading and speaking in English.

### **PRESENT ACADEMIC POSITION**

**2011- Present** Adjunct faculty, Harold Abel School of Social and Behavioral Sciences. Capella University. Minneapolis.

Primary Duties: To teach graduate courses in an online community.

**2009 – Present** Adjunct faculty of Family Therapy, College of Arts, Humanities and Social Sciences, Nova Southeastern University, Fort Lauderdale, Florida.

Primary Duties: Supervise clinical practice of graduate students. Teach graduate courses in the master's program.

**PRESENT CLINICAL POSITION**

**1994 – Present** Clinical psychotherapist in private practice,

Primary Purpose: To help families reach their therapeutic goals; to support families, individuals, and children who are striving to improve their relationships with themselves, their families, friends, coworkers, neighbors, work, and school; to help immigrants acculturate to the socio-economic system in the United States; and to prepare immigration reports; to provide expert knowledge of the court system when cases require it.

Major Duties: To provide counseling services to children, couples, individuals, and families. Clinical practice involves parenting guidance, preparing immigration reports, and serving as an expert witness. Clinical practice also involves preparing initial intake interviews and treatment plans and maintaining ongoing communication with other professionals involved in the cases.

**PRIOR CLINICAL POSITIONS:**

**2007 – 2008** Universal Aid for Children, Ft Lauderdale, Florida.

Primary Purpose: To provide consultation services to UAC and to prepare home studies for couples and individuals who are planning to adopt a child.

**1996 – 1999** Licensed Clinical Psychotherapist, Western Miami Psychological Service. Miami, Florida

Primary Purpose: To provide counseling services to children and their families and to provide parental counseling.

**1996 – 1999** Consultant, C.H.R. Miami, Florida

Primary Purpose: To assist patients in a partial hospitalization program while they recover from minor mental lapses that prevent inpatient hospitalization; to help patients reach therapeutic goals previously established by a multidisciplinary team; and to maintain a multidisciplinary treatment approach with patients that have being diagnosed with mental disorders.

Major Duties: To provide group and individual psychotherapy for geriatric patients in a partial hospitalization program; to provide intake interviews; to develop treatment plans and maintain the treatment plans' weekly updates; and to provide case reviews and participate on the treatment team.

**1990 – 1996** Site Clinician, Bertha Abess Children Center, Miami, Florida  
Primary Purpose: To assist children diagnosed with severe emotional disturbances in their psychological, emotional, and educational treatment; to be part of a multidisciplinary-team-approach modality to make available the best care extant to families and children.

Major Duties: To provide group and individual counseling for severely emotional disturbed (SED) children; to provide family therapy, to conduct play therapy, and to offer parent educational groups; to develop clinical treatment plans; to coordinate clinical services, and to participate in bi-weekly case conferences, as well as group and individual supervision.

**January 1985 – April 1985** Psychologist in Private Practice, Barranquilla, Colombia

Primary Purpose: To provide therapy for children and parents; to perform psychological evaluations.

**August 1984 – April 1985** Volunteer Therapist, Children's Hospital, Barranquilla, Colombia

Primary Purpose: To provide clinical services to an outpatient unit; to provide developmental and psychological evaluations to infants and children.

### **CLINICAL INTERSHIPS**

**January 2004 – December 2004** Doctoral Internship, Nova Southeastern University, SUPERB program, Fort Lauderdale, Florida

Primary Purpose: Research based internship. Participated in the developing, expanding and applying the SUPERB program to prevent bullying in school

settings; to provide individual, family, and group therapy; to contribute to obtaining grants and research applications.

**January 1989—December 1989.** Master's Internship, Psychotherapist-in-Training, Center for Group Counseling, Boca Raton, Florida

Primary Purpose: To provide group and individual counseling to adolescents and adults and conduct play therapy with children; to participate in weekly individual and group supervision sessions.

**January 1984—August 1984** Internship, Hospital Universitario, Universidad del Norte, Barranquilla, Colombia

Primary Purpose: To provide support and counseling to cancer clients and their families and to pediatric inpatients; to assist in crisis intervention in the emergency unit; to provide individual counseling in the outpatient unit; and to perform psychological evaluations.

## **PAST TEACHING EXPERIENCE**

1999 – 2000 Licensed Mental Health Consultant

Major Duties: To teach the 4-hour course mandated by the court system: "Parents, Children and Divorce" to parents who are getting divorced.

## **COMMUNITY SERVICE**

2000 – Present Founder of the non-profit organization:  
Latin Women Empowering Latin Women

Mission: To facilitate and educate Latin immigrant females about the process of integration into the socio-economic American system and to promote cultural events enhancing cultural values.

## EDUCATION

- 2000 – 2007                      Ph.D., Family Therapy, Nova Southeastern  
University, Fort Lauderdale, Florida
- 1987 – 1990                      M.S., Counseling Psychology, Nova University,  
Fort Lauderdale, Florida
- 1979 – 1984                      B.A., Psychology, Universidad Del Norte,  
Barranquilla, Colombia

## RESEARCH

- 2005 – 2007                      *An Exploration into the Stories of Third Wave Colombian  
Immigrants: Implications for an Evidence-Based and Culturally  
Competent Family Therapy Practice.* Doctoral Dissertation, Nova  
Southeastern University, Fort Lauderdale, Florida.
- 2003 – 2004                      *Students United with Parents and Educators to Resolve Bullying  
(SUPERB).* Nova Southeastern University, Fort Lauderdale,  
Florida
- 1983 – 1984                      *Elaboración, Aplicación y Evaluación de un Programa de Prevención  
Primaria del Abuso de Medicamentos Dirigido a los Adolescentes.  
Study of Abuse of Medications in Adolescent: a Primary Prevention  
Program.* Universidad Del Norte, Barranquilla, Colombia

## FORMAL PRESENTATIONS:

- Chenail, R., Ravachi, R., Palmer, L., Rambo, A., Alexander, S., & Jabouin-  
Monnay, F. (2007, May). *Becoming more culturally sensitive and competent  
when working with our immigrant clients.* Presented at the Annual  
Conference of the Florida Association for Marriage and Family Therapy,  
Orlando, Florida.
- Ravachi, R. (2007, September). *Soup for the Narrative Soul: Three Steps in Narrative  
Inquiry.* Presented at the 8th International Interdisciplinary Conference:  
Advances in Qualitative Methods. Banff, Canada.

*Regina Ravachi, Ph.D., L.M.F.T., L.M.H.C.*

Ravachi, R., & Chenail, R. (2008, March). *Culturally-Competent Family Therapy Practice with Immigrant Families: An Evidence-Based Approach for the 21<sup>st</sup> Century*. Presented at the International Family Therapy Association Congress in Porto, Portugal.

Ravachi, R & Malca, D. (2015). Family Play Therapy.

**PUBLICATIONS:**

Nixon et al. (2010). Creating community: Offering a liberation pedagogical model to facilitate diversity conversations in MFT graduate classrooms. *Journal of marital and family therapy*. 36 (2) 197-211.

**PROFESSIONAL AFFILIATIONS:**

American Association for Marriage and Family Therapy: Clinical Member

And Approved Supervisor