Fatemeh Nikparvar

Ph.D., Licensed Marriage and Family Therapist
American Association of Marriage and Family Therapy Clinical Fellow
American Association of Marriage and Family Therapy Approved Supervisor and
Mentor

fnikparv@nova.edu

Couple and Family Therapy Program, NOVA Southeastern University, D Assistant Professor in Couple and Family Therapy Program	avie, Florida August 2022
School of Human Sciences, University of Central Missouri, Warrensburg, Mi Instructor and Clinic Director in Marriage and Family Therapy Program	ssouri August 2019
Family Center, Kansas State University, Manhattan, KS Couple and Family Therapist Intern	2015-2019
Family Center, Kansas State University, Manhattan, KS Clinical Supervisor	2016- 2019
Mental Health Center, Shahid Beheshti University, Tehran, Iran Couple and Sex Therapist	2011- 2014
Kayhan Clinic, Tehran, Iran Couple and Sex Therapist	2009- 2014
Raha Clinic, Tehran, Iran Couple and Sex Therapist	2013-2014
Crisis Center, Ghaenat, South khorasan province, Iran Psychotherapist	2009-2010

EDUCATION

Kansas State University, Manhattan, Kansas

2019

Ph.D in Family Studies and Human Services

Specialization: Couple and Family Therapy

Major Professor: Sandra Stith

Dissertation: Therapists' Experience of Working with Iranian-Immigrant IPV Clients in the

United Sates

Shahid Beheshti University, Family Research Institute, Tehran, Iran

2010

M. S in Family Therapy

Advisor: Dr. Freshteh Mootabi

Thesis: Early Maladaptive Schemas and Marital Satisfaction among Tehranians' couples

Ferdowsi University, Mashhad, Iran

2006

B. A, in Clinical Psychology

Advisor: Dr. Aghamohamadian

Thesis: Risky Behaviors among college students in Ferdowsi University

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES

Sasanian, F., Rezaei-Jamalouei, H., Ansasri-Shahidi, M., Nikparvar, F. (2021). Comparison the effectiveness of "Acceptance and Commitment Therapy based on self-compassion" VS "Schema Therapy" on psychological well-being in women suffering chronic fatigue syndrome and intimate partner violence. *Journal of Nurse and Physician within War*. DOI: 10.29252/npwjm.9.33.74. (in Farsi)

Nikparvar, F., Stith, S. (2021). What Google Search Engine Say About IPV in Iran? *Partner Abuse Journal*. DOI:10.1891/PA-D-21-0001

Nikparvar, F., Stith, S. (2021). Therapists' experience of working with Iranian-Immigrant IPV Clients in the US. *Partner Abuse Journal*. DOI: 10.1891/PA-2021-0003

- Nikparvar, F., Spencer, C., & Stith, S. (2020). Risk markers for women's physical intimate partner violence victimization in Iran: A meta-analysis. *Journal of Violence against women*. https://doi.org/10.1177/1077801220965744
- Stith, S. M., Spencer, C., Ripoll-Núñez, K. J., Jaramillo-Sierra, A. L., Khodadadi-andariyeh, F., Nikparvar, F., Oksman, R., & Metelinen, J. (2020). International adaptation of a treatment program for situational couple violence. *Journal of Marital and Family Therapy*. DOI: 10.1111/jmft.12397
- Nikparvar, F., Stith, S., Spencer, C., & Panaghi, L. (2018). The Relationship between Sexual aggression victimization and Perpetration and other types of Intimate Partner Violence among Iranian Married Individuals. *Journal of Interpersonal violence*. ONLINE PUBLISHED. -18-405. November, 2018
- Nikparvar, F., Stith, S., Dehghani, M., & Liang, G.L. (2018). The Process of Adjusting to Divorce after Leaving Violent Marriages: A Case Study of Iranian Women. *Journal of Interpersonal Violence. ONLINE PUBLISHED.* 17-882. June, 2018.

- Nikparvar, F., Stith, S., Anderson, J., & Panaghi, L. (2018). Intimate Partner Violence in Iran: Factors Associated with Physical Aggression Victimization and Perpetration. *Journal of Interpersonal Violence. ONLINE PUBLISHED.* 0886260518759060. 8 Jan, 2018.
- Nikparvar, F., Stith, S., Myers-Bowman, K., Akbarzadeh, M., & Daneshpour, M. (2017). Theorizing the Process of Leaving a Violent Marriage and Getting a Divorce in Tehran. *Journal of Interpersonal Violence*, 1, 24.
- Nikparvar, F., Mootabi, F., Habibi, m., Esmaeilian, N., & Roobinzadeh, SH. (2015). Comparison Marital Satisfaction Profile between married couples with divorce request and married couples with non- divorce request. *Journal of Advances in Clinical Psychology*. Vol 1, No.1,1-18. (In Farsi)
- Molavi, P., Shahrivar, Z., Mahmodi Garaee, J., Bashirpor, S., Sharghi, A., & Nikparvar, F. (2012). Short-time Outcome Predictors of Bipolar Disorder Type I in Children and Adolescents. Iranian Journal of Psychiatry and Clinical Psychology, Vol. 18 (2); 128-137. (In Farsi)
- Molavi, P., Shahrivar, Z., Mahmodi Garaee, J., Bashirpor, S., Sharghi, A., & Nikparvar, F. (2011). Six-month Outcome Predictor Factors of Manic and Mixed Bipolar Disorders of Children and Adolescents Admitted in Tehran Rozbeh Hospital. *Journal of Ardabil University of Medical Sciences*, Vol. 11(3); 269-281. (In Farsi)
- Nikparvar, F., Panaghi, L., & Mazaheri, M. (2011). Alteration in Marriage Criteria in Three Generations: The Presentation of a Primary Grounded Model. *Journal of Family Research*, Vol.7(2);187-205. (In Farsi)
- Abbasi, M., Dehghani, M., Mazaheri, M., Ansarinejad, F., Fadaei, Z., Nikparvar, F., Yazdkhasti, H., Mansori, N., & Abareshi, Z. (2010). Trend Analysis of Changes in Marital Satisfaction and Related Dimensions across Family Life Cycle. Journal of Family Research, Vol.6 (1);5-22; 2010. (In Farsi)

MANUSCRIPTS UNDER REVIEW/IN PROGRESS

Nikparvar, F., Stith, S., & Spencer, C. Notice, M. (submitted, September 2021). Attachment Style and Aggression Perpetration and Victimization among Iranian Married Men and Women. Aggression and Violent Behavior Journal.

Khorasani, E., Nikparvar, F., Spencer, C., & Stith, S. (Submitted January 2022). Sexual IPV Victimization Among Iranian Women: The Role of Sexual Mindfulness as a Moderator. Violence against Women. VAW-22-01-0056

Khorasani, E., Nikparvar, F., & Leavitt, C. (Submitted February 2022). Sexual Mindfulness and Intimate Partner Violence in Iran: The Mediating Role of Sexual Communication and Sexual Esteem. *Journal of Social and Personal Relationships. JSPR-22-077*

Nikparvar, F., Sasanian, F., Spencer, C., Stith, S. (Submitted, Jun 2022). Effectiveness of Compassion Based Acceptance and Commitment Therapy and Schema Therapy on Depression, Stress, Psychological well-being, and Resiliency. *Journal of Interpersonal Violence*. JIV-22-702.

BOOK CHAPTER

Stith, S., Spencer, C., Nikparvar, F., & ...(2021). International Perspectives on Intimate Partner Violence: Challenges and Opportunities. AFTA SPRINGERBRIEFS IN FAMILY THERAPY

PROFESSIONAL PRESENTATION AND POSTERS

- **Nikparvar, F.**, Stith, S (Jun 2019). Working with Iranian-Immigrant IPV Clients. Paper presentation at the annual conference of American Academy of Family Therapy (AFTA). Oakland, California.
- Peng, Y., Durtschi, J., Genc, E., **Nikparvar**, F. (November 2018). Using supervision to help international therapists deal with clients' implicit bias, stereotypes, and prejudice (microaggression)/discrimination. Paper Presentation at the annual conference of AAMFT. Louisville, Kentucky. November 2018.
- Stith, S., Spencer, C., Ripoll-Núñez, K., Jaramillo-Sierra, A., **Nikparvar**, F., Glebova, T., Du, J., Peng, Y., Mittal, M., Palit, M. (November 2018). International Perspectives on Intimate Partner Violence: Challenges and Opportunities. Symposium presentation at the annual conference of NCFR. San Diego, California. November 2018.
- **Nikparvar**, F., Stith, S., & Spencer, C. (July 2018). Factors Associated with Sexual Aggression Victimization and Perpetration: Intimate Partner Violence in Iran. Poster presentation at the International Family Violence and Child Victimization Research Conference. New Hampshire. *JULY 15-17*, 2018.
- Nikparvar, F., Stith, S. (July 2018). What Does the Google Search Engine Tell Us About Domestic Violence in Iran? Paper presentation at the International Family Violence and Child Victimization Research Conference. New Hampshire. *JULY 15-17*, 2018
- **Nikparvar**, F., Stith, S. (Jun 2018). Intimate Partner Violence in Iran: Factors Associated with Physical Aggression Victimization and Perpetration. Paper presentation at the annual conference of American Academy of Family Therapy (AFTA). Austin, Texas.
- **Nikparvar**, F., Stith, S., & Dehghani, M (April 2018). Domestic Violence. Panel presentation at the 8th National Congress on Family Pathology. Shahid Beheshti University. Tehran, Iran.

- **Nikparvar, F.**, Mayers-Bowman, K., Dehghani, M., & Stith, S. (November 2017). Leaving Violent Marriage: Case Study of an Iranian Woman. Paper presented at the annual conference of the National Council on Family Relations, Orlando, Florida.
- Clark, K., Campos-Falcom, I., & **Nikparvar**, F. (November 2017). U.S. Political Climate Effect on Minority Graduate Students. Poster session presented at the annual conference of the National Council on Family Relations (NCFR), Orlando, Florida.
- **Nikparvar**, F., Stith, S., & Dehghani, M. (October 2017). Family Therapists' Response to Violence Against Women in Iran. Poster Presentation at the annual conference of AAMFT, Atlanta Marquis, Atlanta. Georgia.
- **Nikparvar, F.**, Stith, S., & Akbarzadeh, M. (May 2017). Theorizing the Process of Leaving a Violent Marriage in Iran: Turning points and stigmas through the Stages of Change. Poster presented at the annual conference of American Academy of Family Therapy. Philadelphia, PA.
- **Nikparvar, F.,** Anderson, J. (November 2016). Marital Beliefs in Three Generations of Rural Iranians: A Qualitative Study. Poster session presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.

TEACHING EXPERIENCE

UNIVERSITY OF CENTRAL MISSOURI

Fall_2022

SFTM 6340: legal, Ethical, and Professional Issues SFTM 6340: legal, Ethical, and Professional Issues SFTM 6340: legal, Ethical, and Professional Issues

SFTD 6200: Internal Practicum

Spring 2022

CFD 6530: Couples and Sex Therapy CFD 4550: Health and Human Services CFD 5550: Health and Human Services

Fall 2021

CFD4570: Death, Loss, and Grief

CFD 4260: Adulthood

Summer 2021

CFD 5710: Practicum

Spring 2021

CFD 6530: Couples and Sex Therapy

CFD 5220: Pre-Practicum I CFD 5230: Pre-Practicum II

Fall 2020

CFD4570: Death, Loss, and Grief

CFD 4260: Adulthood

Summer 2020

CFD 5710: Practicum

Spring 2020

CFD 6530: Couple and Sex Therapy

CFD 1230 (online): Observation of Children

Fall 2019

CFD 5220: Pre-Practicum CFD 5710: Practicum

CFD 1230 (online): Observation of Children

KANSAS STATE UNIVERSITY

Teaching, Core Instructor

Spring 2019

FSHS 302 A: Intro to Human Sexuality

FSHS 302 ZA (online): Intro to Human Sexuality

Fall 2018

FSHS 302 ZA: Intro to Human Sexuality

Summer 2018

FSHS 300 ZD (Online): Mindful Living

Fall 2015

FSHS 302 ZA: Intro to Human Sexuality

Graduate Teaching Assistant (TA) at Kansas State University

Fall 2018

FSHS 302 A: Intro to Human Sexuality

Spring 2018

FSHS 375 A: Intro Research Method

FSHS 375 ZA (online): Intro Research Method

FSHS 302 A: Intro to Human Sexuality

Fall 2017

FSHS 375 A: Intro Research Method FSHS 302 A: Intro to Human Sexuality

FSHS 302 ZA (online): Intro to Human Sexuality

Spring 2017

FSHS 590 ZA (Online): Capstone Experience

FSHS 350 B: Family Relationships and Gender Roles

FSHS 580 A: Orientation/FSHS internship

HDFS 585 A: Professional Seminar

Fall 2016

FSHS 590 A: Capstone Experience

FSHS 350 A: Family Relationships and Gender Roles

FSHS 579 A: Orientation/FSHS internship

FSHS 350 ZB(online): Family Relationships and Gender Roles

Spring 2016

FSHS 350 D: Family Relationships and Gender Roles

HDFS 585 ZA (online): Professional Seminar FSHS 531 ZB (online): Core Conflict Resolution

Fall 2015

FSHS 350 A: Family Relationships and Gender Roles

FSHS 302 A: Intro to Human Sexuality

Spring 2015

FSHS 302 A: Intro to Human Sexuality

PROFESSIONAL CREDENTIAL

- Graduate Certificate of Qualitative Research, Kansas State University
- -American Association of Marriage and Family Therapy (AAMFT) Approved Supervisor, 162797

- -Licensed Marriage and Family Therapist, Missouri State, License Number, 2021028278 (since July 22nd 2021-Febraury 29th 2024)
- -Licensed Marriage and Family Therapist, Kansas State, License Number, 3016 (since October 26th 2018- October 31st 2022)
- -American Association of Marriage and Family Therapy (AAMFT) Clinical Flow, 187048
- -Licensed Family Therapist, Family Institute Research, Shahid Beheshti University, Iran, license Number. 2866.

PROFESSIONAL MEMBERSHIP

American Association for Marriage and Family therapy (AAMFT)
Member 2015-Present

National Council on Family Relations (NCFR) Member 2015- Present

American Academy of Family Therapy (AFTA)
Member 2016-Present

PROFESSIONAL TRAINING

World Sexual Health Day North America: 8 hours workshop and Presentation (September 2021). Presenters:

Utilizing technology to provide access to "hard to reach" populations: Dr. Sara Nasserzadeh & Dr. Ilya Zhukov

All vaxxed up with no place to go: Navigating relationships, sex and saltiness during a global crisis:Dr. Francisco Ramirez

Sex Ed Panel: Justine Ang Fonte, Dr. Laurie Mintz, Penda N'diaye, Rayka Kumru, MA

Introduction to Compassion Focused Therapy Model (CFT): Addressing stress & Burnout Supporting Those who care for others (November 26th, 2020). Triner: Dr. Yotam Heineberg. Palo Alto University

Certificate of Achievement: Quality Insurance HCBS Online Teaching (2019) University of Central Missouri

Core skills, Emotionally Focused Therapy (7th -8th March 2019). St. Louis. Presented by Dr. Debi Scimeca-Diaz

Core skills, Emotionally Focused Therapy (31st of January-1st of February 2019). St. Louis. Presented by Dr. Debi Scimeca-Diaz

Core skills, Emotionally Focused Therapy (6th-7th of December 2018). St. Louis. Presented by Dr. Debi Scimeca-Diaz

Core skills, Emotionally Focused Therapy (11th-12th of October 2018). St. Louis. Presented by Dr. Debi Scimeca-Diaz

Domestic Violence and Sexual assault workshop (14 hours). September 8th-September 15th, 2018). Crisis Center, Manhattan.

Intensive Emotionally Focused Therapy Training (4 days) (Jun 27th – Jun 30th, 2018). St. Louis. Presented by Dr. Debi Scimeca-Diaz.

Play Therapy with EMDR: Techniques & Strategies to Utilize EMDR with Children and Teens. (May 2nd, 2018). Heartland Play Therapy Institute Inc, Kansas City. Presenter: Elizabeth Miranda

Conference on Attachment and Trauma; The Neurobiology of Healing. (2017, October). New York. Organized By Center for the Study of Affect Regulation: CSAR

Healthy Sex (2012); Three hours workshop in Mehr Clinic. Presented by Dr. Amani.

Introduction of Diagnosis and Treatment of Sexual Dysfunction (2012); Three hours workshop in Mehr Clinic. Presented by Dr. Amani.

Sex Education (2012); Nine hours workshop in Mehr Clinic. Presented by Dr. Amani.

Cognitive-Behavioral Intervention for Suicide (2011); Eight hours workshop. Presented by Dr. Mootabi and Dr. Fata in Segal Consulting and Psychological Services Center.

Parenting and Behavioral Management (2011); Four hours workshop in Fourth National Congress on Family Pathology. Shahid Beheshti University.

Training Instructor for "Life Skills Training for Adults" (2010); Seventeen workshops (136 hours), Presented by Dr. Mootabi and Dr. Fata in Segal Consulting and Psychological Services Center.

Cognitive Behavioral Couple Therapy (2) (2010); Sixteen hours workshop. Presented by Dr. Mootabi and Dr. Fata Segal Consulting and Psychological Services Center.

Cognitive Behavioral Couple Therapy (1) (2009); Sixteen hours workshop. Presented by Dr. Mootabi and Dr. Fata Segal Consulting and Psychological Services Center.

TN	WITE	D WOI	RKSHOPS	
	7 V I I I	., vv . , .		

Nikparvar, **F.** (2022). Clinical assessment and diagnosis. A sixteen-hour Training. University of Central Missouri. Warrensburg. MO.

Nikparvar, F. (2016). Supervision: Do not harm. Department of Psychology, Shahid Beheshti University. Tehran. Iran.

Nikparvar, F. (2016). Why relationships fail? Department of Psychology, Shahid Beheshti University. Tehran. Iran.

Nikparvar, F. (2014). Sex Education (five sessions). Invited Lecture given at Shayestegan high school. Tehran, Iran.

Nikparvar, F., & Dehghani, M. (2014). Sexual Dysfunctions and Sex Therapy: Concepts and Techniques. An Eight- hour Educational workshop presented to Psychologist, Held in family and child clinic. Shahid Beheshti University.

Nikparvar, F., & Dehghani, M. (2014). Sexual Dysfunctions and Sex Therapy: Concepts and Techniques. An Eight- hour Educational workshop presented to Psychologist, Held in family and child clinic. Shahid Beheshti University.

Nikparvar, F., & Dehghani, M. (2014). Sexual Education program. An Eight-hour Educational workshop presented to Individuals, couples and parents, Held in Family and child clinic. Shahid Beheshti University.

Nikparvar, F., & Dehghani, M. (2013). Sexual Education program. An Eight-hour Educational workshop presented to individuals, couples and parents, Held in Kayhan clinic.

Nikparvar, F., & Dehghani, M. (2013). Skills for building and enhancing healthy sex. A six-hour Educational workshop presented to Individuals and couples, Held in Kyhan clinic.

Nikparvar, F., & Dehghani, M. (2013). How keep our sex life satisfactory? A 4-hours Educational workshop presented to Individuals and couples, Held in Kayhan Clinic.

Nikparvar, F., & Dehghani, M. (2013). Sexual Dysfunctions and Sex Therapy: Concepts and Techniques. An Eight- hour Educational workshop presented to Psychologist, Held in Kayhan clinic.

Nikparvar, F. (2013). Menopause and Healthy Sex. Invited Lecture given at the Howra Culture House. Tehran, Iran.

Nikparvar, F. (2013). Sex Education. Invited Lecture given at Rezvan Kindergarden. Tehran, Iran.

Nikparvar, F. (2012). Teenagers and Puberty. Invited Lecture given at the Afshar Education Complex. Tehran, Iran.

Nikparvar, F. (2012). What do Teenagers need to know about sex?. Invited Lecture given at the Eshragh Culture House. Tehran, Iran.

Nikparvar, F., & Dehghani, M. (2012). Sexual Education program. An Eight-hour Educational workshop presented to Individuals, couples and parents, Held in Kayhan clinic.

Nikparvar, F., & Dehghani, M. (2012). Sexual Dysfunctions and Sex Therapy: Concepts and Techniques. An Eight- hour Educational workshop presented to Psychologist, Held in Kayhan clinic.

Nikparvar, **F.**, & Dehghani, M. (2012). Sexual Education: Concepts and Techniques. An Eighthour Educational workshop presented to Individuals, couple, parents and psychology students. Held and organized by "The Rehabilitation Center of the Organization for Defending Victims of Violence (ODVV)".

Nikparvar, F., & Dehghani, M. (2012). Sexual Dysfunction and Sex Therapy: Concepts and Techniques. A Nine-hour Educational workshop presented to Individuals, couple, parents and psychology students. Held and organized by "The Rehabilitation Center of the Organization for Defending Victims of Violence (ODVV)".

Nikparvar, F. (2011). Family: A place for Peace or crisis. Fourteen sessions. Invited Lecture given at the Ebn-e- Sina Culture House. Tehran, Iran.

Nikparvar, F. (2011). Parent Education and Parenting. Invited lecture given at Hod Hod Kindergarden. Tehran, Iran.

Nikparvar, F. (2011). Life Skills Training. Five Sessions. Invited lecture given at the Zanjan Health House. Tehran, Iran.

Nikparvar, F. (2011). Effective communication. Two Sessions. Invited lecture given at Ferdows Culture House. Tehran, Iran.

Nikparvar, **F**. (2011). Sexual Education program. An Eight-hour Educational workshop presented to individuals, couples, and parents, Held in a privet psychiatric clinic.

Nikparvar, **F**. (2011). Skills for building and enhancing healthy sex. A six-hour Educational workshop presented to Individuals and couples, Held in a privet psychiatric clinic.

PRESENTATION ON MEDIA

Hosting several TV shows on educating parents on how to responds to their children sexuality and sexual needs. (2014). Iran, Tehran.

Hosting a TV show about preventing sexual abuse. (2014). Iran, Tehran.

Releasing two sets of DVDs on "Healthy sex for couples" and "Preventing of sexual abuse". (2014). Iran, Tehran. Tehran University.

Reference Link: www.jada.ir

SERVICE TO THE PROFESSION

2020: Couple and Family Psychology Journal Reviewer

2020: Family Process Journal Reviewer

2020: Journal of Applied Communication Research Reviewer

2019: American Academy of Family Therapy (AFTA). Moderating presenting Sessions (Austin, Texas)

2017 Team Member for selecting Clinic Director for Family Center, KS

2017 Feminist Family Therapy Reviewer

2017 National Council on Family Relations Conference Reviewer

2016 Global Journal of Health Science Reviewer

AWARD & SCHOLARSHIP

2018: Receiving the Eleventh Annual Gerry T. Hotaling Memorial Student Research Award. Best Paper at the International Family Violence and Child Victimization Research Conference. New Hampshire, Portsmouth.

2018: Family Research Laboratory; Haruv Student Research Award. Travel expenses, hotel stay, and conference registration. Portsmouth, New Hampshire. <u>I was one of two winners in international level.</u>

2018: American Academy of Family Therapy (AFTA). Cultural and Diversity Registration and Hotel Subsidy scholarship. (Austin, Texas)

2017: American Academy of Family Therapy (AFTA). Cultural and Diversity Registration scholarship (Philadelphia, Pennsylvania).

2016: College of Human Ecology (CHE) Sanders Memorial. Marriage and Family Therapy Graduate Fellowship. K-State University \$ 2,500.

2015: College of Human Ecology (CHE) Dr. David and Rita Beggs. Marriage and Family Therapy Graduate Fellowship. K-State University \$ 10,000.