

MARIA ANGELICA MEJIA, PH.D, LMFT

Licensed Marriage & Family Therapist | Qualified Florida Clinical Supervisor (MFT, MHC)

Email

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Florida License Number

MT 3181

EDUCATION

2018 - 2012

**Ph.D. in Marriage and Family Therapy |
Nova Southeastern University**

Dissertation: A Natural Systems Inquiry to
Therapist Burnout

Delta Epsilon Iota, Honor Society

Bowen Systems Club, Vice President

2012 - 2010

**Master's in Marriage and Family Therapy |
Nova Southeastern University**

2006 - 2010

**Bachelors of Science in Psychology |
Florida International University**

JOB EXPERIENCES

Present-2019

Nova Southeastern University

Adjunct Professor

- Taught External Practicum Supervision for M.S.
in Marriage and Family Therapy Program

Present-2018

Adaptive Connection Consultants

Co-Founder and Consultant

- Provide clinical supervision for registered
interns in MFT and MHC.
- Provide corporate consultation for mental
wellness
- Specialize in providing therapy for frontline
workers
- Provide customized workshops for
companies.

Present- 2018

Ross University School of Medicine

Student Counselor and Consultant

- Develop prevention and intervention for burnout in medical students.
- Provide mental health counseling to students during their clinical years.
- Provide mental health consulting to students throughout the United States.
- Train front line staff in de-escalation techniques with anxious students.
- Collaborate with other academic departments to provide specialized trainings for students.
- Conduct clinical assessments for suicide and trauma.
- Develop medical student wellness initiative with all clinical students in rotations.
- Research medical student burnout with the intention of publication.
- Conduct workshops throughout the United States to provide awareness about burnout.
- Provide specialized consulting in reference to test anxiety in medical students.
- Lead in growing the mental health department in the United States and creating a network of providers throughout the United States.
- Triage students in crisis to appropriate providers.
- Assist students that are in medical leave to meet technical standards to return to the hospital setting.
- Create and develop the telehealth mental health service modality for the medical students.
- Work with policy department to create new standards to maintain a high level of mental wellness in our students throughout medical school.

Present- 2018

Childrens Services Council of Broward County

Official Clinical Trainer

- Provide clinical trainings to community agencies and clinicians in LGBT clinical competency.
- Provide trainings on burnout, secondary trauma, compassion fatigue, moral injury and stress prevention and intervention to community agencies.
- Provide trainings on telehealth best practices.

2018- 2015

SunServe

Associate Clinical Director

- Provide trainings to community agencies in LGBT competency.
- Supervise student interns and staff therapist.
- Maintain the electronic billing system and client list.
- Train new therapist in assessments and writing therapeutic notes.
- Collaborate with other community agencies for client care.
- Conduct clinical assessments for suicide and trauma.
- Present at regional and state conferences for transgender youth best practices.
- Conduct family and individual sessions.
- Supervise and facilitate youth groups.
- Lead Facilitator for Different Drummer.
- Write grants and develop new program protocol.
- Collaborate with other departments to provide wrap around care.
- Develop clinical training protocols and procedures.
- Billing management for different funders.
- Attend community meetings.

2015- 2013

The Mentor Network

Family Therapist

- Provide in-home individual and family therapy to families from diverse backgrounds.
- Provide therapeutic interventions in English and Spanish.
- Community Liaison for the Broward Region □ Marketing coordinator for the agency at local fairs, conferences and 5k Walks
- Complete case notes, treatment plans and biopsychosocials for each family member.
- Work with community resources to help families in need.
- Provide training to other team members on various different topics.
- Create trainings for employees.
- Work with other agencies to provide high quality services to families in the community
- Attend training and marketing events with several different agencies.

2013-2012

Memorial Regional Hospital

Family Therapist

- Provide in-home Solution Focus Brief Therapy to families from diverse backgrounds.
- Run parent and youth groups on a monthly basis.
- Run family retreats on a yearly basis.
- Complete case notes, treatment plans and bio-psycho-socials for each family member.
- Work with community resources to help families in need.

SKILLS

- Fluent in Spanish
- Burnout Prevention and Intervention Expert
- Bowen Family Systems Trained
- Solution Focus Trained
- Relational Theories Trained
- Suicide Assessment and Prevention
- Conducting Different Therapy Groups
- Family Therapy
- Development of Programs
- Grant Writer
- Training Developer and Implementation
- International and National Presenter
- Organizational Consulting
- Grief and Loss Trained
- Acculturation and Immigration
- Advocacy Expert
- AAMFT Clinical Fellow
- CPR/First Aid Certified
- TF-CBT Trained
- LGBT Trainer Certified
- Transgender Youth Expert
- Trauma Trained
- Child Abuse Assessment
- Working with the Child Welfare System
- Working with the Family Courts
- State Certified Clinical Supervisor for Mental Health Counselors and Marriage and Family Therapist
- Marketing and Networking
- Substance Abuse
- Parenting and Couples Counseling
- Team Player
- Technology Competent
- Collaboration with all systems of care
- EMDR Certification In Process

Presentations

Wellness Workshops Jamaica Hospital and St. John's Episcopal Hospital (New York) Topic: Burnout Prevention and Intervention for Medical Students	July 2019
Wellness Workshops Kern Medical Hospital and Dignity Hospital (California) Topic: Burnout Prevention and Intervention for Medical Students	May 2019
Transgender Care Summit 2019 Equality Florida and North Florida School Districts Topic: Providing competent care for transgender students	January
Clinical Training 2018 Children's Service Council of Broward County Topic: Clinical Competency with transgender youth	October
Gender in the Early Years 2018 Early Learning Coalition of Miami-Dade Topic: Gender in the Early Years	June
Creating a Welcome Miami for LGBT Refugees & Immigrants 2018 Gulf Coast Community Services Topic: LGBT Immigrants Best Practices	June
United Way Behavioral Health Conference 2018 Broward Topic: Systemic Intervention and Prevention of Therapist Burnout	May
United Way Behavioral Health Conference Broward 2018 Topic: Clinical Practices with Transgender Youth	May
Provider County Training 2017 Children Services Council Topic: Systemic Factors to Burnout	November

- United Way Behavioral Health Conference** **May 2017**
Broward
 Topic: Working with Transgender Youth
- Fifty Shades of Kerr Bowen** **May 2015**
NovaSoutheastern University
 Topic: Burnout Prevention using a Natural Systems Perspective
- Faculty of the Graduate School for Social Sciences and Humanities** **June 2013**
Nova Southeastern University
 Training Topic: Using Appreciative Inquiry to Improve Retention Rates and Lower Attrition Rates in the College.
- International Family Therapy Conference** **March 2013**
Orlando Florida
 Training Topic: How Graduate Programs Can Help their Students During Life Altering Events
- Community Youth Services All Staff Meeting** **November 2012**
Memorial Regional Hospital
 Research Topic: Family Engagement and Resistance in Therapy
- China: Intercultural Exchange in Family Therapy** **October 2011**
Nova Southeastern University
 Topic: Our Intercultural Exchange in China
- Intercultural Exchange in Counseling, Psychology, and Family Therapy** **June 2011**
Beijing Normal University, Beijing China
 Topic: Cross Cultural Theory and Intervention: Clinical Delivery Strategy and intervention in variety of settings
 Research Topic Presented: What Clients Find Helpful In Therapy Worldwide

References Upon Request