

***KARA S. EROLIN, PH.D., LMFT***

Nova Southeastern University  
Department of Couple and Family Therapy  
Dr. Kiran C. Patel College of Osteopathic Medicine

3301 College Avenue  
Fort Lauderdale, FL 33314-7796  
Email: [kerolin@nova.edu](mailto:kerolin@nova.edu)

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**EDUCATION**

**Doctor of Philosophy**, Family Social Science, University of Minnesota, November 2012  
Specialization: Marriage and Family Therapy. Dissertation: *Family violence exposure and associated risk factors to child PTSD in a Mexican sample*

**Master of Arts**, Educational Psychology, University of Minnesota, May 2000  
Specialization: Counseling and Student Personnel Psychology

**Bachelor of Arts**, Psychology, University of Minnesota, December 1997

**Bachelor of Science**, Speech and Hearing Science, University of Minnesota, July 1996

**LICENSES AND CERTIFICATIONS**

**Licensed Marriage and Family Therapist**, Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling

**AAMFT Approved Supervisor**, American Association for Marriage and Family Therapy

**Narrative Exposure Therapy Trainer**, vivo (victim's voice) international

**Field Traumatologist**, Green Cross Academy of Traumatology

**Certification in Psychological First Aid**, Medical Reserve Corps, University of Minnesota, Office of Emergency Response

**Certification in Critical Incident Stress Management**, International Critical Incident Stress Foundation

**ACADEMIC POSITIONS**

**Associate Professor**, Department of Couple and Family Therapy, Dr. Kiran C. Patel College of Osteopathic Medicine, Nova Southeastern University, Fort Lauderdale, FL, July 2020-Present

**Assistant Professor**, Department of Family Therapy, College of Arts, Humanities, and Social Sciences, Nova Southeastern University, Fort Lauderdale, FL, May 2015-June 2020

**Adjunct Faculty**, Harold Abel School of Social and Behavioral Sciences, Marriage and Family Counseling/Therapy, Capella University, Minneapolis, MN, January-April 2015

**Adjunct Faculty**, School of Marriage and Family Sciences, Northcentral University, Scottsdale, AZ, July-December 2014

**Visiting Assistant Professor**, Marriage and Family Therapy, University of Nevada, Las Vegas, Las Vegas, NV, July 2013-June 2014

**Visiting Lecturer**, Marriage and Family Therapy, University of Nevada, Las Vegas, Las Vegas, NV, July 2012-May 2013

**Visiting Academic Intern**, Marriage and Family Therapy, University of Nevada, Las Vegas, Las Vegas, NV, May 2011-June 2012

**Adjunct Instructor**, Marriage and Family Therapy, Saint Mary's University of Minnesota, Minneapolis, MN, June 2009-April 2010

**Associate Lecturer**, Marriage and Family Therapy, University of Wisconsin-Stout, Menomonie, WI, September 2008-May 2009

### **ADMINISTRATIVE EXPERIENCE**

- Director of Doctoral Programs**, Department of Couple and Family Therapy, Dr. Kiran C. Patel College of Osteopathic Medicine, Nova Southeastern University, Fort Lauderdale, FL, July 2020-Present
- Director of Doctoral Programs**, Department of Family Therapy, College of Arts, Humanities, and Social Sciences, Nova Southeastern University, August 2019-June 2020
- Undergraduate Program Administrator**, Department of Family Therapy, College of Arts, Humanities, and Social Sciences, Nova Southeastern University, August 2017-Present
- Administrative Fellow**, College of Design-Buckman Fellowship Program, University of Minnesota, January-May 2007
- Coordinator of Residential Life**, Office of Multicultural Affairs, Summer Institute Program, University of Minnesota, June-August 1999
- Applications Officer**, Minnesota English Center, University of Minnesota, June 1996-September 1998

### **FUNDED GRANTS AND RESEARCH EXPERIENCE**

#### **Funded Grant Proposals**

- President's Faculty Research and Development Grant: Track II (Research Scholar)** (\$3,000), Nova Southeastern University. *AAMFT Members of Color Survey*, July 1, 2018-June 30, 2019. Role: Principal Investigator.

#### **Research Experience**

- Doctoral Dissertation Research**, Family Social Science, University of Minnesota. *Family violence exposure and associated risk factors to child PTSD in a Mexican sample*, September 2008-October 2012
- Methodological Consultant** (Co-PIs: Elizabeth Wieling, R. Elizabeth Aguilar), Centro de Investigación Familiar A.C., Monterrey, Mexico. *Assessment protocol (pilot) for trauma related to child maltreatment in Mexico*, September 2008-May 2010
- Research Assistant** (PI: Elizabeth Wieling), Family Social Science, University of Minnesota. *Parenting Through Change Program with Latina single mothers; Development of evidence-based interventions for child maltreatment populations; Systemic multi-component interventions for trauma*, September 2005-May 2009
- Research Coder** (PI: Gerald August, Co-PI: Abigail Gewirtz), Family Social Science, University of Minnesota. *Early Risers Program*, September 2007-March 2008
- Research Assistant** (PI: William Turner), Family Social Science, University of Minnesota. *Minnesota diverse families: Tracking changes in quality of life*, September 2003-May 2007
- Research Assistant** (PI: William Turner), Northpoint Health and Wellness Center-Hennepin County, Minneapolis, MN. *Effective interventions/best practices for families of color*, June 2005-September 2005
- Research Assistant** (PI: B. Jan McCulloch), Family Social Science, University of Minnesota. *Depression and older farmers: Investigation of the CES-D; Older rural women's medical decision-making: Vignettes as method*, September 2003-August 2004

### **PUBLICATIONS**

#### **Refereed Scholarly Journal Articles**

- Erolin, K. S., & Wieling, E.** (2021). The experiences of couple/marriage and family therapists of color: A survey analysis. *Journal of Marital and Family Therapy, 47*(1), 3-20. doi.org/10.1111/jmft.12456
- Cooper, D. K., **Erolin, K. S.**, Wieling, E., Durtschi, J., Aguilar, E., Diaspro-Higuera, M. O., & Garcia-Huidobro, D. (2020). Family violence, PTSD, and parent-child interactions: Dyadic data analysis with Mexican families. *Child & Youth Care Forum, 49*, 915-940. https://doi.org/10.1007/s10566-020-09564-3
- BoVee-Akyurek, A., **Erolin, K. S.**, & Chenail, R. (2020). Ericksonian hypnotherapy resemblances in solution focused brief therapy. *Contemporary Family Therapy, 42*(6). https://doi.org/10.1007/s10591-020-09539-5
- BoVee-Akyurek, A., Chenail, R., & **Erolin, K. S.**, (2019). Exploring relationships between needs and solutions in solution focused brief therapy: A recursive frame analysis. *The Qualitative Report, 24*(7), 1618-1635.
- BoVee-Akyurek, A. & **Erolin, K. S.** (2017). A body/mind perspective to enhancing movement. *Journal of Functional Neurology, Rehabilitation, and Ergonomics, 7*(3).
- Erolin, K. S.**, Wieling, E., & Aguilar Parra, R. E. (2014). Family violence exposure and associated risk factors for child PTSD in a Mexican sample. *Child Abuse & Neglect, 38*, 1101-1022. https://doi.org/10.1016/j.chiabu.2014.04.011
- \*Papaj, A. K., Blumer, M. L. C., & **Erolin, K. S.**, (2013). Feminist family therapy for treating female survivors of childhood sexual abuse. *Journal of Feminist Family Therapy, 25*, 65-79. https://doi.org/10.1080/08952833.2013.777871. \*Equal contributors.

#### **Book Chapters, Reviews, and Other Publications**

- Rambo, A., **Erolin, K. S.**, Beliard, C., & Almonte, F. (2019). Through the storm: How a master's degree program in marriage and family therapy came to new understandings after surviving both a natural disaster and a human disaster within 6 months. In Charlés, L. & Samarasinghe, G. (Eds). *Family therapy in global humanitarian contexts: Approaches in the field* (pp. 11-22). Cham, Switzerland: Springer.
- Erolin, K. S.** (2012). *Family violence exposure and associated risk factors to child PTSD in a Mexican sample* (Doctoral dissertation). Retrieved from University of Minnesota Digital Conservancy, <http://conservancy.umn.edu/>.
- Erolin, K. S.** (2005, March). Effective use of interpreters in health care. *Behavioral Medicine Briefs, 39*, 1-2.
- Erolin, K. S.** (2004). [Review of the book *Suicide by cop: Committing suicide by provoking police to shoot you*]. *Mortality, 10*(1), 94-95.
- Turner, W.L., **Erolin, K.S.**, & Collins, C. (2005). *The Northpoint best practices project*. Research report, Northpoint Health and Wellness Center, Minneapolis, MN.

#### **INVITED PRESENTATIONS AND TRAININGS**

- Erolin, K.S.** & Wieling, E. (2020). *Creating new pathways for social justice from the experiences of couple/marriage and family therapists of color*. Workshop presenter. American Association for Marriage and Family Therapy 2020 Annual Virtual Conference.
- Erolin, K. S.** (2020, May). *Family systems perspective to managing stress during COVID-19*. Workshop presenter. Department of Family Therapy, Nova Southeastern University, Fort Lauderdale, FL.

- Neuner, F., Catani, C., Wieling, E., Mehus, C., & **Erolin, K. S.** (2018, August). *Narrative Exposure Therapy workshop*. Facilitator. Department of Family Social Science, University of Minnesota, St. Paul, MN.
- Erolin, K. S.** (2018, May). *Introduction to Psychological First Aid*. Presenter/Trainer. Animal Assisted Therapy Program, Human Society of Broward County, Fort Lauderdale, FL.
- Erolin, K. S.** (2018, February 23). *Introduction to Psychological First Aid*. Presenter/Trainer. Department of Family Therapy, Nova Southeastern University, Fort Lauderdale, FL.
- Erolin, K. S.** (2018, February 16). *Responding to Disasters: Psychological First Aid*. Presenter/Trainer. Department of Family Therapy, Nova Southeastern University, Fort Lauderdale, FL.
- Wieling, E. & **Erolin, K. S.** (2017, October). *African American, Latino/a, Asian, and Native American (AALANA) Discussion Group*. Co-facilitator. American Association for Marriage and Family Therapy 2017 Annual Conferences, Atlanta, GA.
- Erolin, K. S.** (2016, March). *Gender Parity is for Everyone*. Keynote address. International Women's Day Colloquium: Pledge for Parity. Nova Southeastern University, Fort Lauderdale, FL.
- Wieling, E., **Erolin, K. S.**, Hanson-Bradley, C., & Mehus, C. (2015, October). *Narrative Exposure Therapy workshop*. Presenter and facilitator. Department of Family Social Science, University of Minnesota, St. Paul, MN.
- Wieling, E. & **Erolin, K. S.**, Hanson, C., & Mehus, C., & Yumbul, C. (2013, November). *Narrative Exposure Therapy workshop*. Presenter and facilitator. Department of Family Social Science, University of Minnesota, St. Paul, MN.
- Erolin, K. S.** & Grassia, J. (2013, September). *Navigating the new DSM-5*. Presenter. Nevada Association for Marriage and Family Therapy: Mentoring and Professional Development Day, Las Vegas, NV.
- Wieling, E., Neuner, F., Catani, C., **Erolin, K. S.**, & Wiens Watson, T. (2013, March). *Narrative Exposure Therapy training workshop*. Co-facilitator. Department of Family Social Science, University of Minnesota, St. Paul, MN.
- Erolin, K. S.** (2010, April). *Understanding the impact of child psychological trauma on mother-child dyads with a child maltreatment population in Mexico*. Pre-conference workshop and poster session presenter. Changing People, Changing Brains Conference, University of Konstanz, Germany.
- Wieling, E., **Erolin, K.S.**, Wiens Watson, T., & Orieny, P. (2010, July). *Narrative Exposure Therapy Training Workshop*. Co-facilitator. Department of Family Social Science, University of Minnesota, St. Paul, MN.
- Erolin, K. S.** (2008, November). *International study opportunities*. Panelist. College of Education and Human Development, University of Minnesota, St. Paul, MN.
- Wieling, E., Neuner, F., Catani, C., & **Erolin, K. S.**, (2008, November). *Narrative Exposure Therapy symposium and training*. Co-facilitator. Center for Victims of Torture/Department of Family Social Science, University of Minnesota, St. Paul, MN.
- Wieling, E. & **Erolin, K. S.** (2008, May). *Narrative Exposure Therapy follow-up training*. Co-facilitator. Center for Victims of Torture, St. Paul, MN.
- Wieling, E. & **Erolin, K. S.** (2007, August). *Narrative Exposure Therapy seminar and workshop*. Coordinator and co-facilitator. Center for Victims of Torture and the Department of Family Social Science, University of Minnesota, St. Paul, MN.

- Catani, C. & **Erolin, K.S.** (2006, August). *Narrative Exposure Therapy*. Educational demonstration contributor. 1<sup>st</sup> International Conference of Prevention Research for Child Maltreatment: Collaborative Models of Intervention with Families in Crisis, Monterrey, Mexico.
- Erolin, J. & **Erolin, K. S.** (2005, March). *Communicating across differences: A facilitated dialogue*. Co-facilitator. Minnesota Department of Health, HIV/STD Section, Minneapolis, MN.

### SELECTED PRESENTATIONS

- Matowe, D. & **Erolin, K.S.** (2020). *Assessing MFTs' perceptions of racial and ethnic health disparities*. Workshop presenter. American Association for Marriage and Family Therapy 2020 Annual Virtual Conference.
- Erolin, K. S.**, Wieling, E., & Rastogi, M. (2018, November). *The experiences and needs of couple and family therapists of color*. Forum presenter. American Association for Marriage and Family Therapy 2018 Annual Conference, Louisville, KY.
- Wieling, E., **Erolin, K. S.**, Cooper, D., Kraus, E., & Dwanyen, L. (2018, November). *Narrative Exposure Therapy: A treatment for posttraumatic stress*. Conference Institute presenter. American Association for Marriage and Family Therapy 2018 Annual Conference, Louisville, KY.
- Wieling, E. & **Erolin, K. S.** (2018, November). *C/MFTs of color meeting*. Co-facilitator. American Association for Marriage and Family Therapy 2018 Annual Conference, Louisville, KY.
- Cooper, D., Garcia Huidobro, D., Diaspro Higuera, O., **Erolin, K. S.**, & Wieling, E. (2017, October). *Effects of environmental risk factors on Mexican youth's PTSD Scores*. Research discussion co-presenter. American Association for Marriage and Family Therapy 2017 Annual Conference, Atlanta, GA.
- Wieling, E. & **Erolin, K. S.** (2009, April). *The cultural and contextual adaptation of parenting and trauma interventions to a child maltreatment population in Mexico*. Paper symposium presenter. Society for Research in Child Development Biennial Meeting, Denver, CO.
- Erolin, K. S.** & Grant, H. (2007, November). *The experience of racism on individual and family quality of life*. Accepted poster session presenter. 69<sup>th</sup> Annual Conference of the National Council on Family Relations, Pittsburgh, PA.
- Grant, H. & **Erolin, K. S.** (2007, November). *Urban American Indians and historical trauma*. Accepted poster session presenter. 69<sup>th</sup> Annual Conference of the National Council on Family Relations, Pittsburgh, PA.
- Erolin, K. S.** & Trombley, H. M. (2006, November). *Successful stepfamily formation: A case study of two couples' experiences*. Poster session presenter. 68<sup>th</sup> Annual Conference of the National Council on Family Relations, Minneapolis, MN.

### TEACHING EXPERIENCE

#### Graduate Courses Taught

- SFTD/DMFT 5001/5002/5003 Doctoral Seminar I, II, III
- SFTD 5040 Systemic Family Therapy IV
- SFTD 7410 Clinical/Research Internship
- SFTD 7360 Teaching Practicum

- SFTM 5321; SFTD/DMFT 5009 Theories of Marriage and Family Therapy
- SFTM 5335; SFTD/DMFT 5046 Human Development Across the Life Cycle (Online)
- SFTM/GERO/SFTD/DMFT 6110 Systems Application in Family Life Cycle of Aging (Online)
- SFTM/MACS 5310 SFTD/DMFT 5006 Introduction to Systems Theories
- SFTM 6300 External Practicum
- SFTM/SFTD 6550, SFTD 6530, DMFT 6550 International Perspectives in Counseling and Therapy (Online)
- SFTM 6320 Assessment in Marriage and Family Therapy (Online)
- COUN 5232 Systemic Approaches to Gender and Sexuality (Online)
- MFT 5106 Research Methods and Evidence-Based Interventions (Online)
- MFT 701 Introduction to Marriage and Family Therapy
- MFT 725 Diversity in Marriage and Family Therapy
- MFT 763 Family Systems Theory
- MFT 773 Advanced Practicum
- MFT 611 Foundations of Family Therapy
- MFT 740 Cultural Competency in Family Therapy
- MFT 765 Research Methods in Psychotherapy

#### **Undergraduate Courses Taught**

- MFT 150 Personal Growth (Classroom and Online)
- MFT 225 Multicultural Issues (Online)
- MFT 499 Independent Study in Marriage and Family Therapy
- CLA 1301 First-Year Seminar

#### **CLINICAL AND SUPERVISORY EXPERIENCE**

**Faculty Supervisor**, Department of Couple and Family Therapy, Nova Southeastern University, Fort Lauderdale, FL, May 2015-Present

**On-Site Clinical Supervisor**, Center for Individual, Couple, and Family Counseling, University of Nevada, Las Vegas, May 2011-June 2013

**Field Traumatologist**, Green Cross Academy of Traumatology, Little Haiti, Miami, FL, February 2010

**Family Therapy Intern**, Wayne Caron Family Caregiving Center, University of Minnesota, February 2007-January 2010

**Counselor**, Walk-in Counseling Center, Minneapolis, MN, April 2008-June 2009

**Marriage and Family Therapist**, Both/And Resources, Minneapolis, MN; Private Practice Office, Bloomington, MN, February 2006-December 2007

**Marriage and Family Therapist Supervisor in Training**, Argosy University, Eagan, MN; Private Practice Office, Bloomington, MN, September 2006-August 2007

**Behavioral Health Intern**, University of Minnesota Medical School, Phalen Village Clinic, St. Paul, MN, March 2004-December 2005

**Marriage and Family Therapy Intern**, Reproductive Medicine and Infertility Associates, Woodbury, MN, March 2004-December 2005

**Advisor/Counselor**, College of Education & Human Development, Student Professional Services, University of Minnesota, June 2000-June 2003

**Counselor**, Office of Multicultural Affairs, University of Minnesota, November 1998-June 2000

### **HONORS, AWARDS, AND ELECTED POSITIONS**

- Finalist for the Co-Curricular Advisor of the Year Award**, 20<sup>th</sup> Annual Student Life Achievement Awards (STUEYS). Nova Southeastern University, March 2018
- Editorial Board Member**, *Journal of Marital and Family Therapy*, November 2017-Present
- Editorial Board Member**, *Journal of Divorce and Remarriage*, February 2017-Present
- Ad Hoc Reviewer**, *Journal of Feminist Family Therapy*, 2013-Present
- Special Section Reviewer**, Family interventions for populations exposed to traumatic stress related to war and violence, *Journal of Marital and Family Therapy*, 2017
- Service Award**, Department of Family Therapy, College of Arts, Humanities, and Social Sciences, Nova Southeastern University, April 2016
- Invited Participant AAMFT Identity Building Video**, American Association for Marriage and Family Therapy, June 2015
- Young Investigator Travel Award**, Changing People, Changing Brains Conference, University of Konstanz, Germany, April 2010. Award amount €1,200
- Invited Participant AAMFT Futures Task Force Meeting**, American Association for Marriage and Family Therapy, January 2009
- Waller Summer Fellowship**, Department of Family Social Science, University of Minnesota, 2009. Award amount \$5,000
- Ruth E. Hall Fund for Graduate Student Professional Development**, College of Education and Human Development, University of Minnesota, 2009. Award amount \$400
- Graduate and Professional Student Assembly Scholarly Travel Grant**, University of Minnesota, 2009. Award amount \$165
- American Association for Marriage and Family Therapy-Minority Fellowship Program**, Co-sponsored by the Substance Abuse and Mental Health Services Administration, 2008, 2007. Annual award amount \$20,000; \$1,500 travel support to AAMFT Annual Conference; \$3,500 training
- Graduate Experience Abroad Scholarship**, College of Human Ecology, University of Minnesota, 2006. Award amount \$400
- Ludden Funds for Graduate Student Conference**, College of Human Ecology, University of Minnesota, 2006. Award amount \$200

### **PROFESSIONAL AFFILIATIONS**

American Association for Marriage and Family Therapy, Clinical Member  
 Delta Kappa, International Marriage and Family Therapy Honor Society  
 Florida Association for Marriage and Family Therapy  
 Green Cross Academy of Traumatology  
 International Family Therapy Association  
 International Society for Traumatic Stress Studies  
 National Council on Family Relations  
 vivo (victim's voice) International, US Member