

CURRICULUM VITA
Jimena Castro, Ph.D., LMFT
(License MT 3300 State of Florida; #203382, Texas)

CONTACT INFORMATION

E-mail: jimena@nova.edu

EDUCATION

- 2018: Ph.D., Marriage and Family Therapy
Nova Southeastern University, Fort Lauderdale, Florida
- 2013: M.S., Marriage and Family Therapy
Nova Southeastern University, Fort Lauderdale, Florida
- 2009: M.A., Cross-Disciplinary Studies
Nova Southeastern University, Fort Lauderdale, Florida
- 1994: B.A., Economics
Universidad de San Buenaventura, Cali, Colombia

ACADEMIC EXPERIENCE

Supervision/Teaching

Nova Southeastern University

Adjunct Assistant Professor, Department of Family Therapy, 2020—Present

Courses Taught:

Systemic Family Therapy IV (SFTD 5040): logic and methods of hypnosis & brief therapy, emphasizing the contributions of Milton Erickson

Thinking Systems (SFTD 5120): systemic theory, emphasizing the ideas of Gregory Bateson

Clinical Practicum (SFTD 6200): live supervision of doctoral therapy teams

Supervision Practicum (DMFT 6320): supervision and mentoring of supervisors in training

Our Lady of the Lake University

Adjunct Professor, Department of Psychology, August 2020—May 2021

Courses Taught:

Family Processes Across Cultures (PSYC 8356): discussion of topics of diversity and inclusion to better serve diverse, marginalized, and/or underserved communities

Psychosocial Support in the Borderlands (PSYC 6327): transdisciplinary study of Latin American conceptual, theoretical, and methodological innovations of response to social suffering

Assistant Professor of Psychology, 2018—May 2020

Courses Taught:

Theoretical Foundations of Psychotherapy (PSYC 8345): exploration of foundational theories of individual and systemic psychotherapeutic approaches

Psychotherapy with Children, Adolescents, and their Families (PSYC 8355): application of systemic therapies to individual and family psychotherapy with children and adolescents

Introduction to Systemic Approaches to Psychotherapy (PSYC 8351): strengths-based approaches to psychotherapeutic work with individuals, couples, families, and larger systems

Family Processes Across Cultures (PSYC 8356): discussion of topics of diversity and inclusion to better serve diverse, marginalized, and/or underserved communities

Pre-practicum Psychotherapy Laboratory (PSYC 8352): basic interviewing skills

Advanced Systemic Approaches to Psychotherapy (PSYC 8357): development of a metatheoretical perspective in psychotherapies in general and systemic therapies in particular

Clinical Practicum: supervision of MFT trainees

Nova Southeastern University

Substitute Supervisor, Brief Therapy Institute (BTI), 2017 – 2018

Internal Practicum (SFTD 6200/SFTM 5400): Supervised graduate clinical students when faculty supervisors were not available.

Supervision Assistant, BTI, 2017

Professor: Michael Reiter

Internal Practicum (SFTM 5400): Supervised master's students.

Supervision Assistant, BTI, 2015

Professor: Douglas Flemons

Internal Practicum (SFTD 6320): Supervised doctoral students.

Teaching Assistant, Department of Family Therapy, 2015

Professor: James Hibel, Ph. D.

Language Systems (SFTD 5110): Held seminar-style discussions situating therapy in relation to constructionist and social-constructionist perspectives and postmodern thinking.

Administration

Co-Director, Master's in Psychology program with a concentration in MFT, 2018—May 2020

Co-Director, Psychotherapy for Spanish Speaking Populations (PSSSP) certificate, 2018—May 2020

Research/Writing

Castro, J. (2018, June). *An autoethnographic exploration of hypnotherapeutic experience*.

Unpublished doctoral dissertation, Nova Southeastern University. Chair: Douglas Flemons, Ph. D.

Reiter, M. D. & Castro, J. (2019). Couple and family therapy. In J. J. Ponzetti, Jr., M.

Blankemeyer, S. Horan, H. Lyons, & A. Shigeto (Eds.). *Macmillan encyclopedia of families, marriages, and intimate relationships*. (Vol. 1, pp. 194-197). Farmington Hill, MI: Gale

Castro, J. (2016). Identity, agency, and therapeutic change. *Journal of Systemic Therapies*, 35(2), 38-53. <https://doi.org/10.1521/jsyt.2016.35.2.38>

Presentations

Castro, J., & Greenleaf, E. (2019, December). *An Erickson Duet: Creative Collaboration in Ericksonian Hypnotherapy*. Workshop for the 13th International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy, Phoenix, AZ.

Ramos, C.A., Castro, J., & Guerrero, J.A. (2019, April). *An Exploration of Bilingualism in a Post- Modern Family Therapy Program*. Workshop for the 2019 Southwest Latinx Psychology Conference, Phoenix, AZ.

Castro, J. (2019, January). *Interweaving Autoethnography and Interpersonal Process Recall (IPR) in a Study of Hypnotherapy: Juxtaposing Methodologies and Perspectives*. Paper presented at The Qualitative Report 10th Annual Conference, Fort Lauderdale, FL.

Castro, J. (2014, June). *The Metaphoric Zone of Family Therapy*. Workshop for the annual state conference of the Florida Association for Marriage and Family Therapy (FAMFT), Orlando, FL.

CLINICAL EXPERIENCE

Private Practice, Ignite and Shine Your Light, 2020— Present

Hypnotherapist and Brief Therapist, Brief Therapy Institute, Nova Southeastern University, Fort Lauderdale, Florida (2016 – June 2018): Provided hypnotherapy and individual, couple, and family therapy (both in English and Spanish)

Marriage and Family Therapist Intern & Marriage and Family Therapist Volunteer, Behavioral Health Department at Broward Outreach Center (BOC), Hollywood, Florida (2016 – 2017): Provided individual and group therapy for homeless people, dealing with mental health and substance abuse issues. Facilitated anger-management, emotion-regulation, and relapse-prevention groups.

Marriage and Family Therapist Intern, RECO Intensive, Delray Beach, Florida (2016): Provided individual and group therapy in an outpatient facility dealing with substance abuse and trauma issues.

Marriage and Family Therapist Intern (Doctoral level), Brief Therapy Institute, Nova Southeastern University, Fort Lauderdale, Florida (2013 – 2015): Provided individual, couple, and family therapy using a relational, collaborative approach.

Marriage and Family Therapist Intern, Systemic Change in Schools/Broward County Schools Program, Florida (2012 – 2013): Counseled and mentored elementary to high school students with various presenting problems; implemented Solution Focused Brief Therapy as part of the Broward County School District's pilot program, "Alternative to Suspension"; and collaborated systemically with clients, families, and school

counselors to provide support to clients.

Marriage and Family Therapist Intern (Master's level), Brief Therapy Institute (BTI), Nova Southeastern University, Fort Lauderdale, Florida (2012): Provided individual, couple, and family therapy.

PROFESSIONAL AFFILIATIONS AND CREDENTIALS

LMFT (Florida # MT 3300-Expires 3-31-2023)

LMFT (Texas # 203382-Expires 12-31-2022)

AAMFT Approved Supervisor (Expires 9-20-2023)

Clinical Fellow, AAMFT: 2017 – Present

Member of the Milton H. Erickson Institute of the Bay Area (MHEIBA), 2020—Present

ADDITIONAL PROFESSIONAL EXPERIENCE

Internship at Community Resolution services (CRS), Nova Southeastern University, Fort Lauderdale, Florida (2008): Participated in family mediation cases and designed (with a partner) and offered anger management training for the Urban League.

Kundalini Yoga teacher, Cali, Colombia (2003 – 2011)

Personal Coaching, Cali, Colombia (2003 – 2007): Provided personal growth and life coaching for women.

English academic advisor, O.B.M. Company, Cali, Colombia (2001)

Drama teacher, Instituto Técnico la Riviera, Cali, Colombia (2002)

Social Sciences teacher, Instituto Técnico la Riviera, Cali, Colombia (1997 – 2000):
Taught about history, democracy, and geography to elementary, middle, and high school students.

ADDITIONAL TRAINING

TeleMental Health: The new standard—Ethical, Legal, Clinical, Technological, and Practice Considerations (12Ce), Distance Learning Course, Zur Institute, Inc. (March, 2020)

Digital and Social Media Ethics for Psychotherapists: Clinical and Ethical Considerations (8Ce), Distance Learning Course, Zur Institute, Inc. (March, 2020)

13th International Erickson Congress, Phoenix, Arizona (December, 2019)

Week 2: Systemic Trance Work: Stephen Gilligan, Ph. D., San Diego, California (July, 2018)
The Evolution of Psychotherapy Conference, Anaheim, California (December, 2017)
Week 1: Generative Trance: Stephen Gilligan, Ph. D., San Diego, California (June, 2016)
12th International Erickson Congress (29.0 credit hours), Phoenix, Arizona (December, 2015)
Fundamental Intensive Training in Ericksonian Approaches to Hypnosis (30 hours), sponsored by
The Milton Erickson Foundation, Phoenix, Arizona (March, 2015)
Neuroscience for Clinicians: Brain Change for Stress, Anxiety, Trauma, Moods, and
Substance Abuse: Alexander Simpkins, Ph. D. & Annellen Simpkins, Ph. D., Miami,
Florida (April, 2014)
Inviting Trance, Inventing Change. Advanced 20 hours training in Hypnosis, and
Hypnotherapy: Douglas Flemons, Ph.D., Fort Lauderdale, Florida (August, 2013)
Relational Suicide Assessment: Risks, Resources, and Possibilities for Safety: Douglas Flemons,
Ph.D., Nova Southeastern University, Fort Lauderdale, Florida (September, 2012)
Solution-Focused Brief Therapy: Theory to Practice Workshop, Nova Southeastern
University, Fort Lauderdale, Florida: Arlene Brett Gordon, Ph.D. (September, 2012)
Supervision & Training with MFT Microskills, Nova Southeastern University, Fort Lauderdale,
Florida: AnnLynn Schooley, Ph.D. (2012)
Inviting Trance, Inventing Change. Introductory, Intermediate & Advanced 50 hour training
in Hypnosis and Hypnotherapy: Douglas Flemons, Ph.D., Fort Lauderdale, Florida
(August, 2012)
Two-day seminar in Narrative Mediation and Narrative applied to School Education, Nova
Southeastern University, Fort Lauderdale Florida: John Winslade, Ph.D., and Walter
Bera, Ph.D. (2008)

COMMUNITY INVOLVEMENT

Community Counseling Services (CCS), San Antonio, Texas. Individual, Couple, and Family
Therapy (2018-2019)
Volunteer, Behavioral Health Department at Broward Outreach Center (BOC), Hollywood,
Florida. Individual and group psychotherapy with homeless people (2017)
LISTSERV list moderator for the Africa Peace and Conflict Network (APCN): Participated
in the process of building the APCN's database (2008 – 2012)
Casa Gami, Cali, Colombia: Wrote a Kundalini Yoga manual and taught yoga classes for
women and children living with HIV, and their families (2007)