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# ***Charmaine S. Borda, Ph. D., LMFT, LMHC, ACC, CHt***

[CHARM@NOVA.EDU](mailto:CHARM@NOVA.EDU)

## ***Education***

- 2006 Ph.D. in Marriage and Family Therapy  
*Nova Southeastern University*
- 2000 Specialty in Medial Family Therapy  
*Nova Southeastern University*
- 2000 M.S. in Marriage and Family Therapy  
*Nova Southeastern University*
- 1998 B.S. in Psychology  
*Nova Southeastern University*
- 1998 Minor in Substance Abuse Counseling  
*Nova Southeastern University*

## ***Professional Licenses***

- 2004 Florida License in Mental Health Counseling
- 2009 Florida License in Marital and Family Therapy

## ***Professional Membership***

- 2012 American Association of Marriage and Family Therapy  
(AAMFT) Approved Supervisor/Fellow

## ***Certifications***

- 2014 Certified Hypnotherapist (CHt)
- 2010 Adoption Competent Counselor
- 2009 Florida State Qualified Supervisor:
- Mental Health Counseling and
  - Marriage and Family Therapy

## ***Trainings/Consultations***

**\*\*Consultation:** Consultation with **Dr. Salvador Minuchin**\*\* regarding the “Structural Brand” of Family Therapy, and how to effectively train beginning therapists in Family Therapy and other human services.  
**March 2008-January 2014**

***The Six Points of Foster Care***

*ChildNet, Plantation FL*

*District 10*

*November 2009*

***MAPP Training/Consultation***

*ChildNet, Plantation FL*

*District 10*

*October-November 2009*

***Adoptions Mixer: Panelist***

*ChildNet, Plantation FL*

*District 10*

*March 2010*

**Saving Superman! The implementation of functional wellness practices for professional helpers**

That Place: The Wellness Project

August 2013-Current

***Awards and Recognition***

**2019-** Helping Abused, Neglected, and Dependent Youths (HANDY), 14<sup>th</sup> Annual Scholars Breakfast

- **Dr. Charmaine Borda: Guest/Keynote Speaker for the event**
- **Dr. Charmaine Borda Recipient of first Alumni Scholars Award**

**2015-**Florida Association of Marriage and Family Therapy (FAMFT)

- **Recipient of the FAMFT Andres Nazario Diversity and Ethics Award**

**2012-***No More Tears* Honors:

- **Dr. Charmaine Borda for helping Victims and Children Heal” from Domestic and Intimate Partner Violence.**

**2011-**Nova Southeastern University

- **Appreciation for Advancement of student mentoring through education and clinical training in collaboration with Dr. Salvador Minuchin**

**Publications:**

**Online E-Zine:** Borda, C. S. (2017). *Culture Shock: Her Name Was Rene*. Fort Lauderdale, Florida. Florida Storytelling Association: Inside Story. November/December 2017, (pp. 21-23).  
<https://flstory.com/wp-content/uploads/2018/01/InSideStory-NovDec2017.pdf>

**Book Author:** Minuchin, S., Reiter, M.D., Borda, C.S. (Eds) (2013). *The Craft of Family Therapy: Challenging Certainties*. New York, Routledge.

**Book Chapter:** Borda, C. S. (2012). Practitioner's Perspective: Fridays with Minuchin. In Rambo, A., West, C., Schooley, A., Boyd, T. (Eds.), *Family Therapy Review: Contrasting Contemporary Models* (pp.114-115). New York, Routledge.

**Book Review:** Borda, C. S. (2011). *Journal of Marital & Family Therapy: Book Review* April 2011 Vol. 37, No. 2, 267-267.  
Lowenstein, L. (Ed). (2010). *Creative family therapy techniques: Play, art, and expressive activities to engage children in family sessions*. Toronto, CA: Champion Press, 313 pp.

**Dissertation:** Borda, C. S. (2006). *Forced Into Womanhood: An Auto-ethnographic Analysis of a Girlhood, Interrupted*. Unpublished Dissertation: Nova Southeastern University, Ft. Lauderdale, FL/

**Professional Partnerships:**

**8/2014-Current** **HANDY. Inc.**  
501(c) (3) Non-Profit Organization  
Helping Abused Neglected Disadvantaged Youth  
Service Provided: Wellness Health, Groups, and Individual Counseling

- Board of Directors: Alumni Member (1<sup>st</sup> Term, 2017-Current)

**1/2011-12/2016** **Built-Up Ministries**  
501(c) (3) Non-Profit Organization  
Service Provided: Guest Speaking and Fundraising

**8/2010-1/2013** **No More Tears**  
501(c) (3) Non-Profit Organization

Helping Victims of Domestic Violence  
Service Provided: Mental Health Counseling/Individual and Family Therapy

**3/2009-12/2013**

**Hope Church, Inc.**

Non-Denomination  
*501(c)(3) Non-Profit Organization*  
Service Provided: Mental Health Counseling/Individual and Family Therapy

**Employment**

- 8/2013-Present** Director of That Place: The Wellness Project (Non-Profit, Private Practice)
- 3/2011-Present** Part-Time Faculty, Walden University
- 7/2008-Present** Part-Time Faculty, Capella University
- 8/2006-Present** Adjunct Faculty, Nova Southeastern University
- 2005-Present** Clinical Director/Owner: Private Practice, *The Blue Couch, Inc.*
- 10/2009-11/2011** Lead Clinical Therapist, Couples on the Brink
- 1/2007-10/21/08** Clinical Supervisor, Friends of Children, Inc.
- 6/2006-6/2007** Adjunct Professor, City College
- 8/2006-12/2007** Adjunct Professor, Barry University
- 7/2006-5/2007** (PT) Assessment Specialist, Kids in Distress
- 7/2006-12/2006** (PT) Assessment Specialist, Smith Community Mental Health Center
- 2001-2006** Single Point of Access (Substance Abuse Mental Health—SAMH), Broward Regional Health Planning Council
- 2000-2001** Senior Mental Health Practitioner, Friends of Children
- 2000-2001** Victim Liaison, Fifth Street Counseling Center
- 1997-1998** Addictions Specialist Intern, Memorial Hospital Share Program
- 1/1997-6/1997** Victim Advocate Intern, Miramar Police Department

**Courses**

**Graduate**

Residency I: Jacksonville, FL  
June 2018  
Capella University

Residency I: Atlanta, GA

August 2017  
Capella University

Introduction to Systems Theory: SFTM 5310  
College of Arts, Humanities and Social Science  
Nova Southeastern University  
Fall 2018

Building Your Coaching and Private Practice: SFTM 5357  
College of Arts, Humanities and Social Sciences  
Nova Southeastern University, Fort Lauderdale, FL  
(Online and Residential)

External Practicum: SFTM 6300  
School of Humanities and Social Sciences  
Nova Southeastern University, Fort Lauderdale, FL

COUN-6101 Foundations in Counseling  
School of Counseling and Social Service  
College of Social, Behavioral, & Health Sciences  
Walden University, Minneapolis, MN  
(On-Line Course)

COUNS 5225: Introspective and Personal Growth Seminar  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)  
Fall 2012- 2014

COUN 5278: Assessment Techniques in Career Planning  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)  
Fall 2012

COUN 5600: Special Topics in Counseling (Human Sexuality)  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)  
Fall 2012

COUN 5608: Alcohol and Drug Counseling  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)  
Fall 2012

COUN 5614: Group Dynamics Processing and Counseling  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)  
Fall 2012

COUN 5616: Legal and Ethical Responsibilities in Counseling

Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)  
Fall 2012

COUN-6356-1/CPSY-6356/HUMN-8356-1 Theories and Techniques in Marriage, Couple, and Family Counseling  
School of Counseling and Social Service  
College of Social, Behavioral, & Health Sciences  
Walden University, Minneapolis, MN  
(On-Line Course)

COUN-6316-28 Techniques in Counseling  
School of Counseling and Social Service  
College of Social, Behavioral, & Health Sciences  
Walden University, Minneapolis, MN  
(On-Line Course)

Theories of Personality  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)

Psychopathology: Assessment and Treatment  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)

Counseling and Guidance in Diverse Populations  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)

Theories in Psychotherapy  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)

Scope of Human Services  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)

Mental Health Counseling  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)

Mental Health Counseling Internship  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)

Ethnic and Cultural Awareness  
Harold Abel School of Social and Behavioral Sciences

Capella University, Minneapolis, Minnesota  
(On-Line Course)

Human Sexuality Online Course: Masters  
Harold Abel School of Social and Behavioral Sciences  
Capella University, Minneapolis, Minnesota  
(On-Line Course)

Clinical Assessment: Masters and Ph. D.  
School of Humanities and Social Sciences  
Nova Southeastern University, Fort Lauderdale, FL

Substance Abuse and Critical Issues: Masters and Ph.D.  
School of Humanities and Social Sciences  
Nova Southeastern University, Fort Lauderdale, FL

Internal Practicum: Masters Level  
School of Humanities and Social Sciences  
Brief Therapy Institute (BTI)  
Nova Southeastern University, Fort Lauderdale, FL

Supervisor for Counseling Practicum: Masters Level  
Barry University, Miami Shores, FL

Supervisor for Counseling Internship: Masters Level  
Barry University, Miami Shores, FL

### ***Graduate TA***

Family Therapy III (Natural Systems Theory—Bowen):  
Co-Facilitated Doctoral Level Course  
Dr. Christopher Burnett  
School of Humanities and Social Sciences  
Nova Southeastern University, Fort Lauderdale, FL

Diversity:  
Co-Facilitated Graduate Level Course  
Dr. Anne H. Rambo  
School of Humanities and Social Sciences  
Nova Southeastern University, Fort Lauderdale, FL

Supervision and Teaching Practicum:  
Co-Facilitated Graduate Level Practicum  
Dr. Lee Shilts  
School of Humanities and Social Sciences  
Nova Southeastern University, Fort Lauderdale, FL

### ***Undergraduate***

Child Welfare, Law, and Social Policy: HDFS 3200  
College of Arts Humanities and Social Sciences  
Nova Southeastern University, Fort Lauderdale, FL

Interpersonal Communication

Social and Behavioral Sciences  
Nova Southeastern University, Fort Lauderdale FL

Community Psychology  
Social and Behavioral Sciences  
Nova Southeastern University, Fort Lauderdale FL

Foundations of Therapeutic Interviewing  
Social and Behavioral Sciences  
Nova Southeastern University, Fort Lauderdale FL

Substance Abuse and the Family  
Social and Behavioral Sciences  
Nova Southeastern University, Fort Lauderdale FL

Family Relationships  
Social and Behavioral Sciences  
Nova Southeastern University, Fort Lauderdale FL

Sociology  
City College, Fort Lauderdale, FL

Race and Ethnic Issues  
City College, Fort Lauderdale, FL

Psychology  
City College, Fort Lauderdale, FL

Critical Thinking  
City College, Fort Lauderdale, FL

Professional Development  
City College, Fort Lauderdale, FL

Brief Therapy  
Social and Behavioral Sciences  
Nova Southeastern University, Fort Lauderdale FL

***Presentations***

“Empowered Women: Empowering, Encouraging, and Equipping One Another”: Guest/Key Note Speaker  
Apple Creek Clubhouse  
Plantation, FL 33313  
February 12, 2011, 6pm-9pm

Drama Therapy: Autoethnographic (FCA) Monologues (Director and Executive Producer)



Human Sexuality  
Nova Southeastern University, Fort Lauderdale FL  
July 7, 2010

Brief Therapy: An Overview  
Presented to Clinicians and Practitioners at Friends of Children  
Broward County (D10), March 16, 2007

“What Does Child Abuse Mean,” Holy Cross Hospital: Turn Hurt  
into Hope: An International Seminar on Child Abuse Awareness  
for Childcare Providers, Florida, April 17, 2004

“What Does Child Abuse Mean,” Holy Cross Hospital: Turn Hurt  
into Hope: An International Seminar on Child Abuse Awareness  
for Childcare Providers, Florida, April 17, 2003

“Diagnosis in the Real World”: Graduate Level Course in  
Psychopathology, School of Humanities and Social Sciences  
Nova Southeastern University, 2003

“Voices of Trauma”: Graduate Level Course in  
Human Sexuality and Gender, School of Humanities and Social  
Sciences  
Nova Southeastern University, June 2006-June 2009

Helping Abused and Neglected Dependant Youth (H.A.N.D.Y)  
Scholarship Recipient First Annual Benefactors Breakfast: “A  
Scholarship Recipient’s Journey to Ph. D”  
FAU/BCC Tower Downtown Fort Lauderdale, June 23, 2006

“Maintaining Sanity in the Workplace”: Workshop/Presentation  
for Alpha Kappa Psi National Professional Business Fraternity  
Nova Southeastern University School of Business and  
Entrepreneurship, June 29, 2006

“What my Guardian ad Litem meant to me,” Broward County  
Courthouse”: New Guardian ad Litem Training  
District 10 Department of Children and Families, Florida, 2000-  
2003

“Breaking the Cycle”  
Sexual and Abuse and Trauma: A conversation with the church  
Full Gospel Academy: Women’s Conference (March 28, 2009)  
Miami-Dade, Florida (Little Haiti)

Emergency Call to Action Summit: Addressing the Academic Underachievement and Juvenile Justice Overrepresentation of Young Black and Hispanic Males

Panelist: *“Promising Approaches to End the Academic Achievement Gap” (Includes developing “Next Steps” Action Plan)*

*April 4<sup>th</sup> 2008, Sunrise Civic Center, Sunrise, Florida*

***References***

*Available on request*