

The Sidney Project in Spirituality and Medicine and Compassionate Care™

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(This program is supported by a grant from the Arnold P. Gold Foundation's Programs in Humanism in Medicine.)

“As human beings, we possess: emotional, spiritual and physical dimensions that are essential in the diagnosis and treatment of disease and essential in life, this course will explore those dimensions.”

Increasingly, the clinical aspects of medicine and advanced technologies has relegated the areas of spirituality and medicine and compassionate care as “less than” although research shows that these areas provide a vital foundation for excellence in healthcare. The benefits of addressing these topics include: positive impact on how patients cope with serious illness, provides patients with a sense of well-being and improved quality of life, direct correlation with health care decisions and the yearning that patients possess for their health care providers to integrate spirituality into their treatment plans. This program will address these topics in depth and provide education that can foster both excellence in clinical training but also excellence in humanistic, professional and interpersonal skills.

The following are topics offered in the program; however, specific topics needed at your institution can also be addressed.

Topics offered in the program include:

1. *Self-Care for Physicians.*
2. *Rediscovering the soul of compassionate medicine.*
3. *Spirituality and Medicine in the Patient Encounter: What is the evidence?*
4. *Spiritual Assessments: Tools for integrating spirituality with patients.*
5. *The power of healing between patient and physician: Patient Centered Interviewing.*
6. *Breaking Bad News.*
7. *Re-visiting the Osteopathic Code of Healing.*
8. *Empathy and the concept of “the wounded healer.”*
9. *Case Narratives*
10. *Narrative Medicine*
11. *Cultural Considerations in the Medical Encounter.*