

# Appropriate Attire and Packing Suggestions for AIM High

Congratulations and Welcome to AIM-High! We promise that this will be a week to remember!

We expect for all AIM-High participants to adhere to the clothing policies set forth by the College of Osteopathic Medicine since many of our sessions take place in the medical school facilities. Appropriate business attire for daytime sessions includes:

- Pants
- Capris
- Collar shirts
- Dressy t-shirts
- Skirts
- Casual dresses
- Sweater/sweatshirt (for the air conditioned dorms and classrooms that may get a little chilly)
- COMFORTABLE shoes as sessions are scheduled all over campus
- Semi-formal attire for Friday night Gala

Permissible attire during the social evening activities or community service event:

- Shorts (modest)
- T-shirts
- Sweatpants or yoga pants
- Closed toe shoes for disaster medicine drill (preferably tennis shoes)

\* South Florida can get very hot in the summer; pack accordingly.

## **Other things students should include in their packing:**

- Umbrella
- Comforter/Blanket/Sheets (Twin Sized)
- Toiletries
- Bath towel
- Sunglasses
- Sunscreen
- Any necessary prescription medication

## **1 or more donations for Ronald McDonald House Charities Service Project:**

- Paper Cups/ Plates
- Plastic Ware
- Kitchen towels
- Plug-in Air Fresheners

- Lysol Spray
- Garbage bags
- Disinfectant wipes
- Paper for Printer
- Postage stamps
- Staples
- Office supplies

**The following items should NOT be brought to camp:**

NSU is not responsible for lost, damaged, or stolen items. Please do not send valuable items that might be damaged if brought to camp:

- Expensive clothing or anything that you or the camper would be upset if it became: scratched, stained, battered, broken, lost or unrecognizable should not be brought to AIM-High.